

Milholland Aquatics Center
Hickory Foundation YMCA
701 1st Street NW
Hickory, NC 28601
Phone: (828) 324-2858
<http://www.ymcacv.org/hickory/branch-home.html>

Meet: USRY Long Course Championships July 10-12, 2009

Total Est. Driving Time: 1 hour, 6 minutes Total Est. Distance: 56.07 miles

J.F. Hurley YMCA 828 Jake Alexander Blvd W, Salisbury, NC 28147-1220		
1.	Start out going NORTHWEST on JAKE ALEXANDER BLVD W/US-601/US-70 toward MAUPIN AVE.	2.2 miles
2.	Turn LEFT onto STATESVILLE BLVD/US-70. Continue to follow US-70.	21.0 miles
3.	Merge onto I-77 N via the ramp on the LEFT.	2.8 miles
4.	Merge onto I-40 W via EXIT 51B toward HICKORY.	26.9 miles
5.	Take EXIT 125 toward HICKORY.	0.4 miles
6.	Take the ramp toward DOWNTOWN/LENOIR RHYNE COL.	0.0 miles
7.	Merge onto LENOIR RHYNE BLVD SE.	1.3 miles
8.	Turn LEFT onto 1ST AVE SE/NC-1692 W.	0.4 miles
9.	Turn RIGHT onto 2ND ST SE/NC-127 N.	0.8 miles
10.	Turn LEFT onto 7TH AVE NE.	0.2 miles
11.	Turn RIGHT onto 1ST ST NW.	0.0 miles
12.	End at 701 1st St NW Hickory, NC 28601-3762	