

## Individual Meet Entries Report

2009 Upper SE Regional YMCA Championships 10-Jul-09 to 12-Jul-09 LC Meters

Location: Hickory Foundation YMCA

Rowan Aquatic Club YMCA [RACY-NC] Coach: Matt Hall

828 Jake Alexander Blvd. NW  
Salisbury, NC 28147

704-636-0111  
mhall@rowanymca.com

### WOMEN

<b>Agner, Sarah C (14)</b>			# 113	Women 12 & Under 400 Medley Relay A	Back
# 3A	Women 13-14 50 Free	34.71L	# 124	Women 10 & Under 200 Free	3:33.69L
# 7A	Women 13-14 100 Back	1:27.00L	<b>Drye, Carley C (16)</b>		
# 11A	Women 13-14 800 Free	10:41.49L	# 3B	Women 15 & Over50 Free	32.10L
# 13	Women 13-14 400 Free Relay A	2	# 7B	Women 15 & Over100 Back	1:24.91L
# 39	Women 200 Medley Relay A	Free	# 9B	Women 15 & Over50 Fly	36.52L
# 41A	Women 13-14 400 Free	5:10.22L	# 15	Women 400 Free Relay A	3
# 43A	Women 13-14 200 IM	3:03.14L	# 39	Women 200 Medley Relay A	Fly
# 45A	Women 13-14 100 Free	1:09.16L	# 43B	Women 15 & Over200 IM	2:54.75L
# 53	Women 13-14 800 Free Relay A	2	# 45B	Women 15 & Over100 Free	1:08.72L
# 77	Women 13-14 200 Free Relay A	1	# 49B	Women 15 & Over50 Back	38.76L
# 81A	Women 13-14 1500 Free	20:45.97L	# 55	Women 800 Free Relay A	1
# 87A	Women 13-14 200 Free	2:29.38L	# 83B	Women 15 & Over200 Back	2:45.00L
# 91	Women 13-14 400 Medley Relay A	Fly	# 87B	Women 15 & Over200 Free	2:31.13L
<b>Amin, Sharmi (10)</b>			<b>Hall, Madison T (14)</b>		
# 17	Women 10 & Under 200 Medley Relay A	Breast	# 3A	Women 13-14 50 Free	33.58L
# 33	Women 10 & Under 400 Free Relay A	3	# 7A	Women 13-14 100 Back	1:22.09L
# 95	Women 10 & Under 100 Back	1:45.40L	# 9A	Women 13-14 50 Fly	39.51L
# 99	Women 10 & Under 50 Free	46.94L	# 15	Women 400 Free Relay A	2
# 103	Women 10 & Under 100 Fly	NT	# 37	Women 13-14 200 Medley Relay A	Free
# 113	Women 12 & Under 400 Medley Relay B	Breast	# 43A	Women 13-14 200 IM	3:06.04L
<b>Cater, Katie (13)</b>			# 45A	Women 13-14 100 Free	1:16.28L
# 1A	Women 13-14 400 IM	5:48.43L	# 49A	Women 13-14 50 Back	39.32L
# 7A	Women 13-14 100 Back	1:19.39L	# 77	Women 13-14 200 Free Relay A	3
# 11A	Women 13-14 800 Free	10:53.86L	# 83A	Women 13-14 200 Back	2:58.59L
# 13	Women 13-14 400 Free Relay A	4	# 87A	Women 13-14 200 Free	2:51.16L
# 37	Women 13-14 200 Medley Relay A	Back	# 91	Women 13-14 400 Medley Relay A	Free
# 41A	Women 13-14 400 Free	5:23.09L	<b>Knorr, Allie (11)</b>		
# 43A	Women 13-14 200 IM	2:57.48L	# 23	Women 11-12 200 Free	3:57.63L
# 51A	Women 13-14 100 Breast	1:46.02L	# 27	Women 11-12 50 Back	1:01.58L
# 53	Women 13-14 800 Free Relay A	4	# 31	Women 11-12 100 Breast	1:58.24L
# 77	Women 13-14 200 Free Relay A	4	# 59	Women 11-12 50 Fly	59.89L
# 81A	Women 13-14 1500 Free	21:16.42L	# 63	Women 11-12 100 Free	1:45.87L
# 83A	Women 13-14 200 Back	2:48.67L	# 67	Women 11-12 50 Breast	54.71L
# 87A	Women 13-14 200 Free	2:29.34L	# 101	Women 11-12 50 Free	45.83L
# 91	Women 13-14 400 Medley Relay A	Back	# 113	Women 12 & Under 400 Medley Relay B	Fly
<b>Cody, Caroline (9)</b>			<b>Knorr, Emily S (6)</b>		
# 17	Women 10 & Under 200 Medley Relay A	Back	# 25	Women 10 & Under 50 Back	1:16.68L
# 21	Women 10 & Under 200 Free	3:33.69L	# 29	Women 10 & Under 100 Breast	2:57.83L
# 25	Women 10 & Under 50 Back	48.99L	# 57	Women 10 & Under 50 Fly	1:19.24L
# 33	Women 10 & Under 400 Free Relay A	4	# 61	Women 10 & Under 100 Free	2:09.11L
# 57	Women 10 & Under 50 Fly	55.15L	# 65	Women 10 & Under 50 Breast	1:22.69L
# 61	Women 10 & Under 100 Free	1:42.35L	# 73	Women 10 & Under 200 Free Relay A	3
# 69	Women 10 & Under 200 IM	NT	# 95	Women 10 & Under 100 Back	2:32.79L
# 73	Women 10 & Under 200 Free Relay A	4	# 99	Women 10 & Under 50 Free	1:00.53L
# 95	Women 10 & Under 100 Back	1:47.03L	<b>Knorr, Katie (6)</b>		
# 99	Women 10 & Under 50 Free	42.32L	# 25	Women 10 & Under 50 Back	1:13.24L
# 107	Women 10 & Under 400 Free	NT	# 29	Women 10 & Under 100 Breast	2:47.64L

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### WOMEN

<b>Knorr, Katie (6)</b>			# 43B	Women 15 & Over200 IM	2:47.02L
# 57	Women 10 & Under 50 Fly	1:12.29L	# 45B	Women 15 & Over100 Free	1:04.39L
# 61	Women 10 & Under 100 Free	2:24.31L	# 51B	Women 15 & Over100 Breast	1:49.90L
# 65	Women 10 & Under 50 Breast	1:13.08L	# 55	Women 800 Free Relay A	4
# 73	Women 10 & Under 200 Free Relay A	2	# 79	Women 200 Free Relay A	1
# 95	Women 10 & Under 100 Back	2:31.22L	# 85B	Women 15 & Over50 Breast	51.37L
# 99	Women 10 & Under 50 Free	1:06.67L	# 89B	Women 15 & Over100 Fly	1:11.50L
# 113	Women 12 & Under 400 Medley Relay B	Free	# 93	Women 400 Medley Relay A	Fly
<b>Miller, Vicky L (16)</b>			<b>Ramdin, Jackie (15)</b>		
# 3B	Women 15 & Over50 Free	31.74L	# 3B	Women 15 & Over50 Free	29.39L
# 7B	Women 15 & Over100 Back	1:17.46L	# 7B	Women 15 & Over100 Back	1:17.93L
# 9B	Women 15 & Over50 Fly	36.07L	# 9B	Women 15 & Over50 Fly	35.07L
# 15	Women 400 Free Relay A	1	# 15	Women 400 Free Relay A	4
# 39	Women 200 Medley Relay A	Back	# 39	Women 200 Medley Relay A	Breast
# 45B	Women 15 & Over100 Free	NT	# 45B	Women 15 & Over100 Free	1:07.36L
# 49B	Women 15 & Over50 Back	NT	# 49B	Women 15 & Over50 Back	35.48L
# 55	Women 800 Free Relay A	2	# 51B	Women 15 & Over100 Breast	1:31.06L
# 79	Women 200 Free Relay A	3	# 85B	Women 15 & Over50 Breast	40.88L
# 83B	Women 15 & Over200 Back	2:48.55L	<b>Seabolt, Jordan M (13)</b>		
# 87B	Women 15 & Over200 Free	2:34.98L	# 3A	Women 13-14 50 Free	32.43L
# 89B	Women 15 & Over100 Fly	1:22.67L	# 5A	Women 13-14 200 Breast	3:16.52L
# 93	Women 400 Medley Relay A	Back	# 7A	Women 13-14 100 Back	1:19.99L
<b>Morrison, Kathryn E (9)</b>			# 13	Women 13-14 400 Free Relay A	3
# 17	Women 10 & Under 200 Medley Relay A	Fly	# 37	Women 13-14 200 Medley Relay A	Breast
# 21	Women 10 & Under 200 Free	2:56.02L	# 45A	Women 13-14 100 Free	1:12.28L
# 25	Women 10 & Under 50 Back	45.45L	# 49A	Women 13-14 50 Back	36.53L
# 29	Women 10 & Under 100 Breast	1:43.07L	# 51A	Women 13-14 100 Breast	1:33.47L
# 33	Women 10 & Under 400 Free Relay A	1	# 53	Women 13-14 800 Free Relay A	3
# 57	Women 10 & Under 50 Fly	43.81L	# 77	Women 13-14 200 Free Relay A	2
# 65	Women 10 & Under 50 Breast	49.51L	# 83A	Women 13-14 200 Back	2:51.67L
# 69	Women 10 & Under 200 IM	3:20.83L	# 85A	Women 13-14 50 Breast	44.02L
# 73	Women 10 & Under 200 Free Relay A	1	# 91	Women 13-14 400 Medley Relay A	Breast
# 95	Women 10 & Under 100 Back	1:34.18L	<b>Stevens, Garrison N (18)</b>		
# 103	Women 10 & Under 100 Fly	1:36.48L	# 3B	Women 15 & Over50 Free	31.96L
# 113	Women 12 & Under 400 Medley Relay A	Fly	# 7B	Women 15 & Over100 Back	1:26.24L
<b>Patel, Anna C (8)</b>			# 9B	Women 15 & Over50 Fly	37.77L
# 25	Women 10 & Under 50 Back	NT	# 45B	Women 15 & Over100 Free	1:08.58L
# 29	Women 10 & Under 100 Breast	NT	# 49B	Women 15 & Over50 Back	39.54L
# 57	Women 10 & Under 50 Fly	NT	# 51B	Women 15 & Over100 Breast	1:21.06L
# 61	Women 10 & Under 100 Free	NT	# 55	Women 800 Free Relay A	3
# 65	Women 10 & Under 50 Breast	NT	# 79	Women 200 Free Relay A	4
<b>Pritchard, Samantha K (10)</b>			# 85B	Women 15 & Over50 Breast	36.71L
# 17	Women 10 & Under 200 Medley Relay A	Free	# 87B	Women 15 & Over200 Free	2:24.08L
# 33	Women 10 & Under 400 Free Relay A	2	# 93	Women 400 Medley Relay A	Breast
# 57	Women 10 & Under 50 Fly	48.31L	<b>Stevens, McKenzie R (13)</b>		
# 61	Women 10 & Under 100 Free	1:33.65L	# 3A	Women 13-14 50 Free	31.00L
# 65	Women 10 & Under 50 Breast	53.06L	# 9A	Women 13-14 50 Fly	35.95L
# 95	Women 10 & Under 100 Back	1:46.37L	# 11A	Women 13-14 800 Free	10:26.99L
# 99	Women 10 & Under 50 Free	41.27L	# 13	Women 13-14 400 Free Relay A	1
# 103	Women 10 & Under 100 Fly	NT	# 37	Women 13-14 200 Medley Relay A	Fly
# 113	Women 12 & Under 400 Medley Relay A	Free	# 41A	Women 13-14 400 Free	5:03.09L
<b>Ralston, Madi (17)</b>					

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<b>WOMEN</b>
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**Stevens, McKenzie R (13)**

# 43A	Women 13-14 200 IM	2:43.07L
# 45A	Women 13-14 100 Free	1:07.13L
# 53	Women 13-14 800 Free Relay A	1
# 79	Women 200 Free Relay A	2
# 81A	Women 13-14 1500 Free	20:14.15L
# 87A	Women 13-14 200 Free	2:22.15L
# 93	Women 400 Medley Relay A	Free

**Stokes, Grace O (12)**

# 27	Women 11-12 50 Back	1:01.57L
# 31	Women 11-12 100 Breast	2:26.00L
# 59	Women 11-12 50 Fly	1:06.38L
# 63	Women 11-12 100 Free	1:50.64L
# 67	Women 11-12 50 Breast	1:06.47L
# 101	Women 11-12 50 Free	46.98L
# 113	Women 12 & Under 400 Medley Relay B	Back

**Waller, Brooke J (11)**

# 23	Women 11-12 200 Free	3:00.51L
# 27	Women 11-12 50 Back	45.84L
# 31	Women 11-12 100 Breast	1:43.62L
# 59	Women 11-12 50 Fly	46.77L
# 63	Women 11-12 100 Free	1:25.47L
# 67	Women 11-12 50 Breast	48.60L
# 71	Women 11-12 200 IM	3:21.05L
# 101	Women 11-12 50 Free	37.95L
# 113	Women 12 & Under 400 Medley Relay A	Breast

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### MEN

<b>Amin, Roshen C (6)</b>			# 16	Men 400 Free Relay A	1
# 20	Men 12 & Under 200 Medley Relay B	Back	# 40	Men 200 Medley Relay A	Breast
# 36	Men 12 & Under 400 Free Relay B	4	# 46B	Men 15 & Over100 Free	1:00.32L
# 96	Men 10 & Under 100 Back	2:45.89L	# 56	Men 800 Free Relay A	1
# 100	Men 10 & Under 50 Free	2:00.21L	# 80	Men 200 Free Relay A	1
<b>Dollarhide, Cody (11)</b>			# 82B	Men 15 & Over1500 Free	17:38.15L
# 20	Men 12 & Under 200 Medley Relay A	Breast	# 88B	Men 15 & Over200 Free	2:07.58L
# 24	Men 11-12 200 Free	3:00.18L	# 94	Men 400 Medley Relay A	Breast
# 28	Men 11-12 50 Back	44.59L	<b>Mebel, Michael E (13)</b>		
# 32	Men 11-12 100 Breast	1:43.29L	# 2A	Men 13-14 400 IM	5:51.38L
# 36	Men 12 & Under 400 Free Relay A	4	# 6A	Men 13-14 200 Breast	3:19.55L
# 64	Men 11-12 100 Free	1:20.68L	# 12A	Men 13-14 800 Free	11:07.83L
# 68	Men 11-12 50 Breast	45.33L	# 16	Men 400 Free Relay A	4
# 72	Men 11-12 200 IM	3:23.30L	# 42A	Men 13-14 400 Free	4:57.94L
# 76	Men 12 & Under 200 Free Relay A	3	# 48A	Men 13-14 200 Fly	2:58.16L
<b>Evans, Luke J (15)</b>			# 52A	Men 13-14 100 Breast	1:29.52L
# 4B	Men 15 & Over50 Free	31.73L	# 56	Men 800 Free Relay A	4
# 8B	Men 15 & Over100 Back	NT	<b>Patel, Max (11)</b>		
# 10B	Men 15 & Over50 Fly	34.43L	# 20	Men 12 & Under 200 Medley Relay B	Breast
# 40	Men 200 Medley Relay A	Fly	# 24	Men 11-12 200 Free	NT
# 46B	Men 15 & Over100 Free	1:13.23L	# 28	Men 11-12 50 Back	NT
# 50B	Men 15 & Over50 Back	35.95L	# 32	Men 11-12 100 Breast	NT
# 52B	Men 15 & Over100 Breast	NT	# 36	Men 12 & Under 400 Free Relay B	3
<b>Knorr, Ethan C (8)</b>			# 64	Men 11-12 100 Free	NT
# 20	Men 12 & Under 200 Medley Relay B	Fly	# 68	Men 11-12 50 Breast	NT
# 22	Men 10 & Under 200 Free	3:08.93L	# 72	Men 11-12 200 IM	NT
# 26	Men 10 & Under 50 Back	45.31L	<b>Ralston, Brandon A (12)</b>		
# 36	Men 12 & Under 400 Free Relay B	2	# 20	Men 12 & Under 200 Medley Relay A	Free
# 58	Men 10 & Under 50 Fly	43.37L	# 24	Men 11-12 200 Free	2:36.67L
# 62	Men 10 & Under 100 Free	1:28.63L	# 28	Men 11-12 50 Back	35.52L
# 70	Men 10 & Under 200 IM	3:26.38L	# 32	Men 11-12 100 Breast	1:40.78L
# 96	Men 10 & Under 100 Back	1:35.81L	# 36	Men 12 & Under 400 Free Relay A	2
# 104	Men 10 & Under 100 Fly	1:38.12L	# 60	Men 11-12 50 Fly	35.55L
# 108	Men 10 & Under 400 Free	6:22.34L	# 64	Men 11-12 100 Free	1:11.03L
# 114	Men 12 & Under 400 Medley Relay A	Free	# 76	Men 12 & Under 200 Free Relay A	2
<b>Knorr, Stefan E (12)</b>			# 80	Men 200 Free Relay A	4
# 20	Men 12 & Under 200 Medley Relay A	Back	# 84B	Men 15 & Over200 Back	2:54.98L
# 24	Men 11-12 200 Free	2:48.96L	# 94	Men 400 Medley Relay A	Back
# 28	Men 11-12 50 Back	39.62L	# 98	Men 11-12 100 Back	1:19.45L
# 36	Men 12 & Under 400 Free Relay A	3	# 102	Men 11-12 50 Free	32.02L
# 60	Men 11-12 50 Fly	41.59L	# 114	Men 12 & Under 400 Medley Relay A	Breast
# 64	Men 11-12 100 Free	1:24.21L	<b>Ralston, Jacob D (8)</b>		
# 72	Men 11-12 200 IM	3:10.85L	# 20	Men 12 & Under 200 Medley Relay B	Free
# 76	Men 12 & Under 200 Free Relay A	4	# 22	Men 10 & Under 200 Free	3:29.90L
# 98	Men 11-12 100 Back	1:24.70L	# 26	Men 10 & Under 50 Back	53.50L
# 102	Men 11-12 50 Free	36.34L	# 30	Men 10 & Under 100 Breast	2:09.57L
# 110	Men 11-12 400 Free	5:50.19L	# 36	Men 12 & Under 400 Free Relay B	1
# 114	Men 12 & Under 400 Medley Relay A	Back	# 58	Men 10 & Under 50 Fly	1:01.21L
<b>McCollister, Andrew T (16)</b>			# 62	Men 10 & Under 100 Free	1:35.20L
# 4B	Men 15 & Over50 Free	28.60L	# 66	Men 10 & Under 50 Breast	59.50L
# 12B	Men 15 & Over800 Free	9:15.40L	# 96	Men 10 & Under 100 Back	1:55.11L

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**MEN**

<b>Ralston, Jacob D (8)</b>		
# 100	Men 10 & Under 50 Free	43.55L
<b>Rodenhuis, Taylor L (12)</b>		
# 20	Men 12 & Under 200 Medley Relay A	Fly
# 24	Men 11-12 200 Free	2:19.82L
# 28	Men 11-12 50 Back	35.04L
# 36	Men 12 & Under 400 Free Relay A	1
# 60	Men 11-12 50 Fly	32.12L
# 64	Men 11-12 100 Free	1:04.37L
# 72	Men 11-12 200 IM	2:38.04L
# 76	Men 12 & Under 200 Free Relay A	1
# 98	Men 11-12 100 Back	1:16.48L
# 102	Men 11-12 50 Free	30.40L
# 106	Men 11-12 100 Fly	1:11.25L
# 114	Men 12 & Under 400 Medley Relay A	Fly
<b>Spake, Garrett Y (15)</b>		
# 4B	Men 15 & Over50 Free	29.62L
# 6B	Men 15 & Over200 Breast	3:14.67L
# 8B	Men 15 & Over100 Back	1:11.26L
# 16	Men 400 Free Relay A	2
# 40	Men 200 Medley Relay A	Back
# 44B	Men 15 & Over200 IM	2:37.98L
# 46B	Men 15 & Over100 Free	1:02.95L
# 50B	Men 15 & Over50 Back	33.56L
# 56	Men 800 Free Relay A	2
# 80	Men 200 Free Relay A	2
# 84B	Men 15 & Over200 Back	2:28.21L
# 88B	Men 15 & Over200 Free	2:12.27L
# 94	Men 400 Medley Relay A	Fly
<b>Spake, Job (15)</b>		
# 2B	Men 15 & Over400 IM	5:57.37L
# 4B	Men 15 & Over50 Free	30.95L
# 6B	Men 15 & Over200 Breast	3:03.78L
# 44B	Men 15 & Over200 IM	2:45.75L
# 46B	Men 15 & Over100 Free	1:08.09L
# 52B	Men 15 & Over100 Breast	1:26.40L
# 80	Men 200 Free Relay A	3
# 86B	Men 15 & Over50 Breast	43.93L
# 88B	Men 15 & Over200 Free	2:28.23L
# 94	Men 400 Medley Relay A	Free
<b>Stokes, Will (17)</b>		
# 4B	Men 15 & Over50 Free	29.36L
# 6B	Men 15 & Over200 Breast	3:09.12L
# 16	Men 400 Free Relay A	3
# 40	Men 200 Medley Relay A	Free
# 46B	Men 15 & Over100 Free	1:06.09L
# 52B	Men 15 & Over100 Breast	1:23.40L
# 56	Men 800 Free Relay A	3

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Female IE's:	143	Female RE's:	60
Male IE's:	91	Male RE's:	44
<u>Total IE's:</u>	<u>234</u>	<u>Total RE's:</u>	<u>104</u>
Total Athletes:	34		