



**CORRECTED**  
**2009 North Carolina Swimming**  
**LCM 14 and Under Championship Time Standards**  
**Host- Marlins of Raleigh**  
**Location- Triangle Aquatic Center**  
**Date- July 16-19, 2009**



	Event	Female			Male		
		10U	11-12	13-14	10U	11-12	13-14
SC	50Fr	32.39	28.69	26.89	31.79	28.09	25.29
LC		36.49	32.29	30.79	36.29	32.49	29.19
SC	100Fr	1:12.29	1:01.29	58.19	1:11.09	1:02.39	55.19
LC		1:21.89	1:10.69	1:06.69	1:22.49	1:11.09	1:03.49
SC	200Fr	2:36.39	2:14.09	2:05.99	2:35.89	2:15.49	1:58.59
LC		2:58.69	2:32.09	2:23.49	3:03.39	2:33.79	2:16.99
SC	5/400Fr	6:31.39	6:00.49	5:35.69	6:27.79	6:02.59	5:24.69
LC		5:54.29	5:23.69	5:00.39	5:51.49	5:27.29	4:51.09
SC	8/1000Fr	--	--	11:37.29	--	--	11:12.29
LC		--	--	10:20.99	--	--	10:04.99
SC	15/1650	--	--	19:21.69	--	--	18:40.79
LC		--	--	19:48.09	--	--	19:22.59
SC	50Bk	38.19	33.69	--	37.59	33.69	--
LC		43.69	38.59	--	42.69	38.79	--
SC	100Bk	1:22.19	1:12.79	1:05.89	1:22.69	1:12.29	1:03.59
LC		1:35.29	1:22.99	1:16.79	1:37.09	1:23.59	1:13.99
SC	200Bk	--	2:30.59	2:21.19	--	2:27.39	2:16.59
LC		--	2:53.19	2:44.29	--	2:52.79	2:38.69
SC	50Br	41.99	37.99	--	44.29	37.59	--
LC		48.29	42.09	--	50.29	43.09	--
SC	100Br	1:33.39	1:19.99	1:14.79	1:37.29	1:21.09	1:10.79
LC		1:47.09	1:33.59	1:25.39	1:55.39	1:33.29	1:21.79
SC	200Br	--	2:50.29	2:40.99	--	2:45.79	2:32.99
LC		--	3:15.19	3:03.99	--	3:12.79	2:58.59
SC	50Fl	37.29	31.89	--	37.59	32.29	--
LC		42.09	35.89	--	43.09	36.49	--
SC	100Fl	1:26.69	1:13.29	1:05.29	1:32.49	1:12.19	1:02.19
LC		1:38.69	1:22.59	1:14.09	1:51.29	1:22.09	1:11.09
SC	200Fl	--	2:33.09	2:22.39	--	2:31.69	2:16.29
LC		--	2:54.99	2:42.39	--	2:53.29	2:38.19
SC	200IM	2:55.99	2:34.39	2:22.69	2:56.79	2:35.89	2:15.89
LC		3:20.59	2:52.39	2:42.49	3:22.29	2:56.09	2:35.99
SC	40IM	--	5:23.99	5:05.19	--	5:18.09	4:49.79
LC		--	6:11.39	5:45.09	--	6:08.29	5:31.79