

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 11 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	25.60	846	White, Lexie	11	NC Stingray Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	25.99	814	Baker, Kathleen	11	NC Star Aquatics	2/13/2009	2009 NC STAR It's All About H
3	26.02	812	Ontjes, Olivia	11	NC New Wave Swim Team	9/27/2008	2008 NC RSA September Shootout
4	26.33	787	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
5	26.51	772	Durham, Anabelle	11	NC North Carolina Aquatic Club	3/13/2009	2009 NC SZ Eastern Sect AG Champs
6	27.05	729	Brewer, Adaira	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	27.15	721	Narayan, Abbey	11	NC Waves Of Wilmington, Inc.	3/27/2009	2009 NC ECSL Championships
8	27.16	720	Maxey, Catherine	11	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	27.32	708	Bishop, Haley	11	NC New Wave Swim Team	3/20/2009	2009 NC WAVE Tarheel States In
10	27.46	697	Wallace, Lauren	11	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C

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1	24.75	890	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	26.40	770	Campbell, Parker	11	NC Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
3	26.83	739	McGugan, Henry	11	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	26.99	728	Maslowski, Seth	11	NC Raleigh Swimming Association	1/18/2009	2009 NC RSA January Jubilee Me
5	27.05	724	Waldrep, Ben	11	NC Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
5	27.05	724	Lam, Christian	11	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
7	27.33	704	Harr, Michael	11	NC Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
8	27.35	703	Ress, Justin	11	NC Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

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9	27.37	701	Bilden, Tommy	11	NC	Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
10	27.38	701	Dietrich, Hagen	11	NC	Watauga County Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

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1	56.20	821	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	11/14/2008	2008 NC MOR Quad Meet
2	57.04	786	Baker, Kathleen	11	NC Star Aquatics	2/13/2009	2009 NC STAR It's All About H
3	57.23	778	White, Lexie	11	NC Stingray Aquatics	2/21/2009	2009 NC 14 & Under Age Group C
4	57.58	764	Ontjes, Olivia	11	NC New Wave Swim Team	9/27/2008	2008 NC RSA September Shootout
5	58.04	745	Durham, Anabelle	11	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
6	58.74	716	Brewer, Adaira	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	58.80	714	Ortega, Melissa	11	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	59.37	691	Bishop, Haley	11	NC New Wave Swim Team	2/21/2009	2009 NC 14 & Under Age Group C
9	59.44	688	Hicks, Hannah	11	NC Stingray Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	59.51	686	Price, Amelia	11	NC New Wave Swim Team	2/13/2009	2009 NC MOR We Love Swimming S

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1	53.46	923	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	57.99	745	Campbell, Parker	11	NC Sharks Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet
3	58.47	727	Lam, Christian	11	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
4	58.75	716	Harwell, Emery	11	NC Chapel Hill YMCA Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
5	58.76	716	Maslowski, Seth	11	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
6	58.89	711	Waldrep, Ben	11	NC Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
7	59.04	705	Macmillan, Will	11	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In

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8	59.19	700	Harr, Michael	11	NC	Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
9	59.29	696	Dietrich, Hagen	11	NC	Watauga County Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
10	59.31	695	Dickey, Jackson	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C

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<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:04.42	774	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
2	2:05.08	760	Hicks, Hannah	11	NC Stingray Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
3	2:05.26	756	Durham, Anabelle	11	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	2:05.33	755	Ortega, Melissa	11	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	2:05.72	747	Baker, Kathleen	11	NC Star Aquatics	9/26/2008	2008 NC AP WOW "Commotion at the Ocean" S
6	2:08.00	700	Bishop, Haley	11	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	2:08.34	693	Brewer, Adaira	11	NC Marlins of Raleigh-Wolfpack Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win
8	2:08.55	689	House, Abby	11	NC Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
9	2:09.46	670	White, Lexie	11	NC Stingray Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
10	2:10.19	656	Liu, Danielle	11	NC Duke Aquatics	10/18/2008	2008 NC NCAC SCY Quad Meet

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1	1:58.22	894	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:06.09	737	Lam, Christian	11	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
3	2:07.56	709	Harwell, Emery	11	NC Chapel Hill YMCA Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
4	2:09.00	682	Maslowski, Seth	11	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
5	2:09.06	680	Bilden, Tommy	11	NC Duke Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win
6	2:09.54	672	Cairns, Noah	11	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
7	2:09.58	671	Campbell, Parker	11	NC Sharks Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet

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8	2:09.67	669	Macmillan, Will	11	NC	North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
9	2:09.74	668	Dickey, Jackson	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
10	2:10.33	657	Ress, Justin	11	NC	Marlins of Raleigh-Wolfpack Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win

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1	5:18.60	877	Baker, Kathleen	11	NC	Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
2	5:33.59	751	Ortega, Melissa	11	NC	Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
3	5:35.00	740	Hicks, Hannah	11	NC	Stingray Aquatics	1/16/2009	2009 SC Stingray Aquatics Winter
4	5:36.62	727	Bishop, Haley	11	NC	New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
5	5:41.10	691	Ontjes, Olivia	11	NC	New Wave Swim Team	9/28/2008	2008 NC WAVE IMX Distance Day
6	5:43.48	673	Lawton, Kelsey	11	NC	Marlins of Raleigh-Wolfpack Aquatics	11/14/2008	2008 NC MOR Quad Meet
7	5:44.02	669	House, Abby	11	NC	Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
8	5:45.77	655	White, Lexie	11	NC	Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
9	5:52.14	608	Liu, Danielle	11	NC	Duke Aquatics	9/28/2008	2008 NC WAVE IMX Distance Day
10	5:52.15	608	Weisgerber, Emma	11	NC	YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

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1	5:27.84	798	Silver, Tyler	11	NC	Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
2	5:32.84	762	Cairns, Noah	11	NC	North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	5:40.51	707	Ress, Justin	11	NC	Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
4	5:43.86	684	Roach, Jon	11	NC	Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
5	5:44.09	682	Lam, Christian	11	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
6	5:44.14	682	Harwell, Emery	11	NC	Chapel Hill YMCA Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
7	5:46.85	663	Poff, Trey	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
8	5:48.22	654	Murray, Nathan	11	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	5:49.24	647	Bilden, Tommy	11	NC	Duke Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win

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10 5:50.85 636 Dickey, Jackson 11 NC SwimMAC Carolina 2/19/2009 2009 NC 14 & Under Age Group C

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1	11:27.27	812	Hicks, Hannah	11	NC Stingray Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	11:29.18	805	Bishop, Haley	11	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	11:49.73	731	Ortega, Melissa	11	NC Unattached	11/2/2008	2008 NC RSA November Distance
4	12:28.99	598	Marzinsky, Cece	11	NC Duke Aquatics	11/14/2008	2008 NC MOR Quad Meet
5	12:33.90	582	Smith, Morgan	11	NC Duke Aquatics	11/14/2008	2008 NC MOR Quad Meet
6	12:35.28	577	Price, Amelia	11	NC New Wave Swim Team	1/4/2009	2009 NC RSA January Distance D
7	12:52.57	523	Andreini, Cami	11	NC New Wave Swim Team	1/4/2009	2009 NC RSA January Distance D
8	13:07.95	477	Murray, Bailey	11	NC New Wave Swim Team	1/4/2009	2009 NC RSA January Distance D
9	13:08.50	476	Jones, Kylie	11	NC Star Aquatics	1/16/2009	2009 SC Stingray Aquatics Winter
10	13:10.35	470	O'Dell, Rory	11	NC North Carolina Aquatic Club	11/14/2008	2008 NC RSA-NCAC Dual Meet

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1	11:03.84	913	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	11:11.22	886	Cairns, Noah	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	11:27.24	828	Roach, Jon	11	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	11:35.95	797	Ress, Justin	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	11:55.21	731	Murray, Nathan	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	12:08.50	686	Laatz, Justin	11	NC North Carolina Aquatic Club	11/14/2008	2008 NC RSA-NCAC Dual Meet
7	12:13.75	669	Bilden, Tommy	11	NC Duke Aquatics	11/14/2008	2008 NC MOR Quad Meet
8	12:17.95	655	Columbus, Paul	11	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG

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9	12:28.36	622	Kawaguchi, Tosh	11	NC	Marlins of Raleigh-Wolfpack Aquatics	2/13/2009	Champs 2009 NC MOR We Love Swimming S
10	12:30.25	616	Hering, Clay	11	NC	Greensboro Swimming Assoc	3/14/2009	2009 NC ASC Spring Splash

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1	19:12.05	863	Bishop, Haley	11	NC New Wave Swim Team	3/20/2009	2009 NC WAVE Tarheel States In
2	19:16.94	853	Ortega, Melissa	11	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	20:05.90	750	Hicks, Hannah	11	NC Stingray Aquatics	3/22/2009	2009 NC MAC Tarheel States
4	20:34.11	694	O'Dell, Rory	11	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
5	20:35.85	690	Jones, Mckenzie	11	NC Winston-Salem YMCA Swim Team	3/6/2009	2009 NC AP GYSSA Champs
6	20:49.26	664	Andreini, Cami	11	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	20:54.33	654	Rezac, Emily	11	NC YMCA of the Triangle Area Swim Team	2/13/2009	2009 NC MOR We Love Swimming S
8	21:00.46	642	Wallace, Lauren	11	NC SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D
9	21:10.13	624	Murray, Bailey	11	NC New Wave Swim Team	3/20/2009	2009 NC WAVE Tarheel States In
10	21:11.95	621	Price, Amelia	11	NC New Wave Swim Team	2/13/2009	2009 NC MOR We Love Swimming S

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1	18:51.41	887	Cairns, Noah	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	19:17.23	838	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	1/16/2009	2009 NC RSA January Jubilee Me
3	19:39.93	795	Ress, Justin	11	NC Marlins of Raleigh-Wolfpack Aquatics	1/16/2009	2009 NC RSA January Jubilee Me
4	20:03.91	751	Murray, Nathan	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	20:31.81	701	Kawaguchi, Tosh	11	NC Marlins of Raleigh-Wolfpack Aquatics	2/13/2009	2009 NC MOR We Love Swimming S

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6	20:35.15	695	Harwell, Emery	11	NC	Chapel Hill YMCA Swim Club	1/16/2009	2009 NC AP CHY Y-States
7	20:52.64	665	Dickey, Jackson	11	NC	SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D
8	21:24.46	610	McCulloch, Gavin	11	NC	Raleigh Swimming Association	1/4/2009	2009 NC RSA January Distance D
9	21:24.86	609	Laatz, Justin	11	NC	North Carolina Aquatic Club	10/26/2008	2008 NC NCAC Tar Heel Invitati
10	21:25.56	608	Ratterree, Jack	11	NC	SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D

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1	28.37	930	Baker, Kathleen	11	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
2	29.17	864	Durham, Anabelle	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	29.83	811	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	10/11/2008	2008 NC Duke Aquatics Trick or
4	30.43	764	Hicks, Hannah	11	NC Stingray Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	30.62	750	Locke, Hailey	11	NC Catawba Valley Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet
6	31.06	716	House, Abby	11	NC Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
7	31.08	715	Allen, Emily	11	NC North Mecklenburg Aquatics, Inc	12/12/2008	2008 NC NOMAD Holiday Meet
8	31.24	703	Bennison, Haley	11	NC New Wave Swim Team	3/20/2009	2009 NC WAVE Tarheel States In
9	31.43	689	Hoff, Erica	11	NC Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
10	31.58	678	Wallace, Lauren	11	NC SwimMAC Carolina	2/21/2009	2009 NC 14 & Under Age Group C

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1	29.05	876	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
2	30.28	786	Campbell, Parker	11	NC Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
3	30.73	754	Harr, Michael	11	NC Raleigh Swimming Association	10/25/2008	2008 NC RSA Kick Off Meet
4	30.84	746	Macmillan, Will	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	31.02	733	Eudy, Jack	11	NC Stingray Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

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6	31.03	733	Countie, William	11	NC	Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
7	31.18	722	Maslowski, Seth	11	NC	Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
8	31.37	709	Murray, Nathan	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
9	31.38	708	Bell, Thomas	11	NC	Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
10	31.48	701	Ress, Justin	11	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

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1	1:00.03	963	Baker, Kathleen	11	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
2	1:02.96	855	Hicks, Hannah	11	NC Stingray Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
3	1:03.70	828	Durham, Anabelle	11	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	1:04.12	813	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	10/11/2008	2008 NC Duke Aquatics Trick or
5	1:04.56	798	Locke, Hailey	11	NC Catawba Valley Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet
6	1:07.66	691	House, Abby	11	NC Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
7	1:07.68	691	Brem, Ashley	11	NC Waves Of Wilmington, Inc.	3/27/2009	2009 NC ECSL Championships
8	1:08.44	666	Bishop, Haley	11	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
9	1:08.66	658	Ortega, Melissa	11	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	1:08.80	654	Wallace, Lauren	11	NC SwimMAC Carolina	2/20/2009	2009 NC 14 & Under Age Group C

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1	1:04.19	813	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
2	1:05.61	766	Eudy, Jack	11	NC Stingray Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
3	1:05.66	764	Harr, Michael	11	NC Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
4	1:05.83	758	Murray, Nathan	11	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
5	1:06.08	750	Countie, William	11	NC Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
6	1:06.21	746	Campbell, Parker	11	NC Sharks Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet
7	1:06.36	741	Macmillan, Will	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG

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8	1:06.63	732	Maslowski, Seth	11	NC Raleigh Swimming Association	1/16/2009	Champs 2009 NC RSA January Jubilee Me
9	1:07.27	711	Ress, Justin	11	NC Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
10	1:07.50	704	Dietrich, Hagen	11	NC Watauga County Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 11 200 Backstroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:15.87	861	Hicks, Hannah	11	NC Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
2	2:16.20	856	Baker, Kathleen	11	NC Star Aquatics	12/5/2008	2008 NC RSA Reindeer Meet
3	2:19.24	810	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
4	2:22.09	767	Locke, Hailey	11	NC Catawba Valley Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet
5	2:22.45	762	Durham, Anabelle	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:23.39	748	Liu, Caroline	11	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	2:24.09	738	Ortega, Melissa	11	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	2:24.18	737	Rezac, Emily	11	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
9	2:28.62	673	Allen, Emily	11	NC North Mecklenburg Aquatics, Inc	1/17/2009	2009 NC ATOM Frosty Invitation
10	2:29.62	659	House, Abby	11	NC Stingray Aquatics	2/13/2009	2009 NC STAR It's All About H

Boys Age 11 200 Backstroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:12.00	938	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:19.86	810	Murray, Nathan	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:20.52	799	Macmillan, Will	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	2:21.11	790	Countie, William	11	NC Marlins of Raleigh-Wolfpack Aquatics	1/24/2009	2009 NC MOR Distance Day
5	2:21.12	790	Maslowski, Seth	11	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

6	2:21.51	784	Ress, Justin	11	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	2:22.91	762	Harr, Michael	11	NC	Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
8	2:25.74	718	Bilden, Tommy	11	NC	Duke Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win
9	2:25.92	715	Columbus, Paul	11	NC	Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	2:28.67	674	Cairns, Noah	11	NC	North Carolina Aquatic Club	1/9/2009	2009 NC Duke Aquatics Nike Win

Girls Age 11 50 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	32.90	830	Adams, Cassie	11	NC Gaston Gators	10/25/2008	2008 NC GG Great Pumpkin Meet
2	32.95	827	Baker, Kathleen	11	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
3	33.25	809	Churchill, Becca	11	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	33.96	765	Morton, Erin	11	NC Greensboro Swimming Assoc	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	34.17	753	Stranick, Sara	11	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
6	34.41	738	Martelle, Lindsey	11	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
7	34.50	733	Brem, Ashley	11	NC Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
8	34.88	710	Liu, Caroline	11	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
9	34.99	704	Wallace, Lauren	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	35.06	699	Shirk, Annie	11	NC Sharks Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet

Boys Age 11 50 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	33.13	837	Waldrep, Ben	11	NC Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
2	33.35	823	Maslowski, Seth	11	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
3	33.70	801	Roach, Jon	11	NC Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
4	34.46	753	Spencer, Cory	11	NC YMCA Seahorse Swim Team	3/13/2009	2009 NC AP SC USY Championship

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

5	35.49	690	Zakerin, Bijan	11	NC	North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
6	35.59	684	Silver, Tyler	11	NC	Marlins of Raleigh-Wolfpack Aquatics	11/14/2008	2008 NC MOR Quad Meet
7	35.66	680	Walton, Philip	11	NC	SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
8	35.74	675	Cairns, Noah	11	NC	North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
9	36.13	651	Lauffer, Brayden	11	NC	YMCA of the Triangle Area Swim Team	9/27/2008	2008 NC RSA September Shootout
10	36.18	648	Dickey, Jackson	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 11 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:11.58	825	Baker, Kathleen	11	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
2	1:12.61	796	Churchill, Becca	11	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	1:12.75	793	Stranick, Sara	11	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
4	1:13.69	767	Adams, Cassie	11	NC Gaston Gators	1/17/2009	2009 NC ATOM Frosty Invitation
5	1:15.16	726	Martelle, Lindsey	11	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
6	1:15.70	712	Liu, Caroline	11	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
7	1:15.89	707	Morton, Erin	11	NC Greensboro Swimming Assoc	2/19/2009	2009 NC 14 & Under Age Group C
8	1:16.19	698	Brem, Ashley	11	NC Waves Of Wilmington, Inc.	3/27/2009	2009 NC ECSL Championships
9	1:16.62	687	Wallace, Lauren	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	1:17.96	651	Hendrix, Kess	11	NC Star Aquatics	1/16/2009	2009 SC Stingray Aquatics Winter

Boys Age 11 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:12.33	822	Maslowski, Seth	11	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
2	1:14.17	770	Waldrep, Ben	11	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
3	1:14.43	763	Spencer, Cory	11	NC YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	1:16.83	697	Zakerin, Bijan	11	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
5	1:16.92	694	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

6	1:17.33	683	Cairns, Noah	11	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
7	1:17.42	681	Dickey, Jackson	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
8	1:18.07	663	Roach, Jon	11	NC	Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
9	1:19.19	634	Rose, Evan	11	NC	Chapel Hill YMCA Swim Club	10/11/2008	2008 NC Duke Aquatics Trick or
10	1:19.23	633	Ellington, Colin	11	NC	YMCA of the Triangle Area Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn

Girls Age 11 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:40.55	770	Liu, Caroline	11	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:40.89	766	Churchill, Becca	11	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:41.01	765	Adams, Cassie	11	NC Gaston Gators	1/17/2009	2009 NC ATOM Frosty Invitation
4	2:41.48	759	Baker, Kathleen	11	NC Star Aquatics	9/26/2008	2008 NC AP WOW "Commotion at the Ocean" S
5	2:42.06	752	Stranick, Sara	11	NC SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit
6	2:44.69	720	Brem, Ashley	11	NC Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
7	2:45.46	711	Ontjes, Olivia	11	NC New Wave Swim Team	9/28/2008	2008 NC WAVE IMX Distance Day
8	2:49.51	663	Liu, Danielle	11	NC Duke Aquatics	9/28/2008	2008 NC WAVE IMX Distance Day
9	2:49.79	660	Hoff, Erica	11	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
10	2:50.17	655	Durham, Anabelle	11	NC North Carolina Aquatic Club	12/12/2008	2008 NC WAVE Fall States Invit

Boys Age 11 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:37.51	861	Lam, Christian	11	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
2	2:39.30	840	Cairns, Noah	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:40.54	825	Maslowski, Seth	11	NC Raleigh Swimming Association	12/12/2008	2008 NC WAVE Fall States Invit
4	2:41.12	818	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win
5	2:47.38	745	Roach, Jon	11	NC Raleigh Swimming Association	2/13/2009	2009 NC MOR We Love

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
6	2:48.48	732	Waldrep, Ben	11	NC Sharks Aquatic Club	12/5/2008	Swimming S 2008 SC Carolina Classic
7	2:48.88	727	Dickey, Jackson	11	NC SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit
8	2:52.08	690	Zakerin, Bijan	11	NC North Carolina Aquatic Club	2/13/2009	2009 NC MOR We Love Swimming S
9	2:54.36	665	Rose, Evan	11	NC Chapel Hill YMCA Swim Club	10/25/2008	2008 NC AP CHY Fall Invite
10	2:55.83	648	Skigen, Jake	11	NC Greensboro Swimming Assoc	2/14/2009	2009 NC GSA 2009 Last Splash O

Girls Age 11 50 Butterfly Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	27.92	835	Baker, Kathleen	11	NC Star Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
2	28.14	820	Durham, Anabelle	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	29.26	743	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	11/14/2008	2008 NC MOR Quad Meet
4	29.39	734	Adams, Cassie	11	NC Gaston Gators	1/17/2009	2009 NC ATOM Frosty Invitation
5	29.51	726	Maxey, Catherine	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	29.57	722	House, Abby	11	NC Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
7	29.60	720	White, Lexie	11	NC Stingray Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	29.61	719	Narayan, Abbey	11	NC Waves Of Wilmington, Inc.	3/27/2009	2009 NC ECSL Championships
9	30.05	690	Bishop, Haley	11	NC New Wave Swim Team	3/20/2009	2009 NC WAVE Tarheel States In
10	30.31	673	Merritt, Jessica	11	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Boys Age 11 50 Butterfly Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	25.85	993	Hardin, Ben	11	NC SwimMAC Carolina	3/7/2009	2009 NC MAC B/C Tri Meet
2	26.49	942	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	29.31	729	Macmillan, Will	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	29.90	687	Eudy, Jack	11	NC Stingray Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

5	30.12	672	Cairns, Noah	11	NC	North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
6	30.34	657	Campbell, Parker	11	NC	Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
7	30.42	651	Harr, Michael	11	NC	Raleigh Swimming Association	10/24/2008	2008 NC RSA Kick Off Meet
8	30.43	651	Bell, Thomas	11	NC	Raleigh Swimming Association	10/24/2008	2008 NC RSA Kick Off Meet
9	30.51	645	Fold, Nathan	11	NC	Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
10	30.55	642	Maslowski, Seth	11	NC	Raleigh Swimming Association	10/24/2008	2008 NC RSA Kick Off Meet

Girls Age 11 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:02.26	836	Durham, Anabelle	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	1:02.55	827	Baker, Kathleen	11	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
3	1:05.90	727	Marzinsky, Cece	11	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
4	1:06.21	718	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
5	1:06.40	712	Bishop, Haley	11	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
6	1:06.67	704	White, Lexie	11	NC Stingray Aquatics	3/20/2009	2009 NC MAC Tarheel States
7	1:07.11	691	Maxey, Catherine	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	1:07.47	681	Ontjes, Olivia	11	NC New Wave Swim Team	9/27/2008	2008 NC RSA September Shootout
9	1:07.82	671	Ortega, Melissa	11	NC Unattached	10/24/2008	2008 NC RSA Kick Off Meet
10	1:08.21	660	House, Abby	11	NC Stingray Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 11 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.51	970	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	1:03.88	791	Macmillan, Will	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	1:06.66	704	Bell, Thomas	11	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
4	1:06.95	695	Lam, Christian	11	NC YMCA of the Triangle Area Swim	3/13/2009	2009 NC AP SC USY

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

				Team		Championship	
4	1:06.95	695	Poff, Trey	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	1:07.54	677	Roach, Jon	11	NC Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
7	1:07.70	672	Harr, Michael	11	NC Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
8	1:08.89	636	Cairns, Noah	11	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
9	1:08.91	635	Eudy, Jack	11	NC Stingray Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
10	1:09.12	629	Daniels, Christopher	11	NC Raleigh Swimming Association	12/12/2008	2008 NC WAVE Fall States Invit

Girls Age 11 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:23.53	809	Marzinsky, Cece	11	NC Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
2	2:24.68	795	Durham, Anabelle	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:26.29	775	Bishop, Haley	11	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	2:29.34	737	Smith, Morgan	11	NC Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
5	2:30.82	719	House, Abby	11	NC Stingray Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:32.90	694	Rezac, Emily	11	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
7	2:32.94	693	O'Dell, Rory	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	2:33.93	681	Ortega, Melissa	11	NC Raleigh Swimming Association	12/12/2008	2008 NC WAVE Fall States Invit
9	2:37.54	638	Stranick, Sara	11	NC SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D
10	2:41.93	587	Feng, Jessie	11	NC North Carolina Aquatic Club	2/13/2009	2009 NC MOR We Love Swimming S

Boys Age 11 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:10.82	986	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

2	2:25.61	774	Cairns, Noah	11	NC	North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:26.79	758	Macmillan, Will	11	NC	North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	2:26.87	757	Poff, Trey	11	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	2:33.25	671	Short, Jimbo	11	NC	Cape Fear Aquatic Club	12/12/2008	2008 NC WAVE Fall States Invit
6	2:33.69	666	Bilden, Tommy	11	NC	Duke Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win
7	2:34.16	660	Harr, Michael	11	NC	Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
8	2:36.00	636	Roach, Jon	11	NC	Raleigh Swimming Association	2/13/2009	2009 NC MOR We Love Swimming S
9	2:37.94	611	Kawaguchi, Tosh	11	NC	Marlins of Raleigh-Wolfpack Aquatics	1/24/2009	2009 NC MOR Distance Day
10	2:40.20	582	Gyongyosi, Boldi	11	NC	North Carolina Aquatic Club	1/9/2009	2009 NC Duke Aquatics Nike Win

Girls Age 11 100 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:03.35	871	Baker, Kathleen	11	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
2	1:04.60	825	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
3	1:05.10	807	Durham, Anabelle	11	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	1:06.67	751	Ontjes, Olivia	11	NC New Wave Swim Team	9/27/2008	2008 NC RSA September Shootout
5	1:07.36	726	Liu, Caroline	11	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
6	1:07.85	710	Adams, Cassie	11	NC Gaston Gators	1/17/2009	2009 NC ATOM Frosty Invitation
7	1:08.39	691	Stranick, Sara	11	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
8	1:08.75	679	Wallace, Lauren	11	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
9	1:09.23	663	Brem, Ashley	11	NC Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
10	1:09.24	662	Bishop, Haley	11	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 11 100 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:02.62	915	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

2	1:06.34	772	Maslowski, Seth	11	NC	Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
3	1:06.53	765	Campbell, Parker	11	NC	Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
4	1:07.76	720	Harwell, Emery	11	NC	Chapel Hill YMCA Swim Club	3/6/2009	2009 NC AP GYSSA Champs
5	1:08.41	697	Harr, Michael	11	NC	Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
6	1:08.63	689	Dickey, Jackson	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
7	1:08.73	686	Cairns, Noah	11	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
8	1:08.98	677	Poff, Trey	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
9	1:09.01	676	Waldrep, Ben	11	NC	Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
10	1:09.10	672	Spencer, Cory	11	NC	YMCA Seahorse Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 11 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:14.51	890	Baker, Kathleen	11	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
2	2:21.63	772	Durham, Anabelle	11	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
3	2:22.85	752	Lawton, Kelsey	11	NC Marlins of Raleigh-Wolfpack Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
4	2:24.42	727	Ontjes, Olivia	11	NC New Wave Swim Team	9/28/2008	2008 NC WAVE IMX Distance Day
5	2:26.68	692	Ortega, Melissa	11	NC Raleigh Swimming Association	12/12/2008	2008 NC WAVE Fall States Invit
6	2:26.88	689	Maxey, Catherine	11	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	2:27.29	682	Stranick, Sara	11	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	2:27.72	676	Brem, Ashley	11	NC Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
9	2:28.61	662	Marzinsky, Cece	11	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
10	2:28.81	659	Liu, Caroline	11	NC Duke Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win

Boys Age 11 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:13.48	901	Silver, Tyler	11	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

2	2:21.37	763	Maslowski, Seth	11	NC	Raleigh Swimming Association	12/12/2008	2008 NC WAVE Fall States Invit
3	2:23.25	732	Cairns, Noah	11	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	2:24.79	706	Dickey, Jackson	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
5	2:25.56	694	Campbell, Parker	11	NC	Sharks Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet
6	2:26.12	685	Harr, Michael	11	NC	Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
7	2:27.17	668	Poff, Trey	11	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
8	2:27.30	666	Harwell, Emery	11	NC	Chapel Hill YMCA Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
9	2:27.38	664	Roach, Jon	11	NC	Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	2:27.44	663	Macmillan, Will	11	NC	North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 11 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:48.91	890	Baker, Kathleen	11	NC Star Aquatics	2/13/2009	2009 NC STAR It's All About H
2	4:55.50	841	Durham, Anabelle	11	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	5:00.84	802	Ortega, Melissa	11	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	5:11.59	725	Stranick, Sara	11	NC SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D
5	5:15.57	698	Rezac, Emily	11	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
6	5:16.86	689	Liu, Caroline	11	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
7	5:20.14	666	Jones, Mckenzie	11	NC Winston-Salem YMCA Swim Team	3/13/2009	2009 NC AP SC USY Championship
8	5:20.27	665	Bishop, Haley	11	NC New Wave Swim Team	1/4/2009	2009 NC RSA January Distance D
9	5:20.46	664	Marzinsky, Cece	11	NC Duke Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win
10	5:23.02	647	O'Dell, Rory	11	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In

Boys Age 11 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
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Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

1	4:45.99	926	Silver, Tyler	11	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	4:53.15	870	Cairns, Noah	11	NC	North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	4:59.15	824	Lam, Christian	11	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
4	5:02.89	796	Roach, Jon	11	NC	Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	5:03.98	788	Maslowski, Seth	11	NC	Raleigh Swimming Association	1/4/2009	2009 NC RSA January Distance D
6	5:09.01	751	Dickey, Jackson	11	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	5:09.88	745	Ress, Justin	11	NC	Marlins of Raleigh-Wolfpack Aquatics	1/24/2009	2009 NC MOR Distance Day
8	5:11.78	731	Macmillan, Will	11	NC	North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	5:19.20	678	Harwell, Emery	11	NC	Chapel Hill YMCA Swim Club	3/13/2009	2009 NC AP SC USY Championship
10	5:24.44	642	Harr, Michael	11	NC	Raleigh Swimming Association	11/2/2008	2008 NC RSA November Distance

Girls Age 12 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	24.75	833	Ontjes, Olivia	12	NC New Wave Swim Team	1/17/2009	2009 GA Eastern Swim Classic
2	24.76	832	Roses, Maija	12	NC Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
3	25.19	795	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	25.33	784	Schumacher, London	12	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
5	25.77	747	Welshofer, Elsa	12	NC SwimMAC Carolina	3/13/2009	2009 NC SZ Eastern Sect AG Champs
5	25.77	747	Johnson, Laura	12	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
7	25.80	744	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	25.86	739	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	26.10	720	Charnovich, Megan	12	NC YMCA of the Triangle Area Swim	11/7/2008	2008 NC WAVE Blue Moon Invitat

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

				Team			
10	26.22	710	Merritt, Heather	12	NC SwimMAC Carolina	1/16/2009	2009 SE Pilot January Classic

Boys Age 12 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	23.88	839	Osada, Koya	12	NC North Carolina Aquatic Club	3/13/2009	2009 NC SZ Eastern Sect AG Champs
2	24.96	756	Vosburgh, Jacob	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	25.07	748	Simpson, Garrett	12	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	25.10	745	Perdue, Philip	12	NC Greenville Swim Club	1/16/2009	2009 NC RSA January Jubilee Me
5	25.38	724	Weaver, Matthew	12	NC Greensboro Swimming Assoc	12/12/2008	2008 NC WAVE Fall States Invit
6	25.47	717	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
7	25.48	717	Riggan, Cole	12	NC High Point Swim Club	4/2/2009	2009 NC SunKissed Invitational
8	25.50	715	Yeh, Sean	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
9	25.60	708	Holland, Quin	12	NC Winston-Salem YMCA Swim Team	3/13/2009	2009 NC AP SC USY Championship
10	25.73	698	Eagle, Eyan	12	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships

Girls Age 12 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	53.54	843	Ontjes, Olivia	12	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	53.78	832	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	53.83	830	Roses, Maija	12	NC Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
4	55.04	777	Schumacher, London	12	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
5	55.71	748	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	55.77	746	Johnson, Laura	12	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
7	55.95	738	Merritt, Heather	12	NC SwimMAC Carolina	1/16/2009	2009 SE Pilot January Classic

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

8	56.61	710	Baker, Kathleen	12	NC	Star Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	56.82	701	Brown, Carlie	12	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	56.91	698	Moore, Hannah	12	NC	Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me

Boys Age 12 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	51.43	863	Osada, Koya	12	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
2	54.38	741	Lee, Nicholas	12	NC YMCA Seahorse Swim Team	3/13/2009	2009 NC AP SC USY Championship
3	54.46	738	Perdue, Philip	12	NC Greenville Swim Club	12/12/2008	2008 NC WAVE Fall States Invit
4	55.03	715	Shaw, Dalton	12	NC Greenville Swim Club	9/27/2008	2008 NC RMY Fall Invitational
5	55.04	714	Simpson, Garrett	12	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
6	55.13	711	Rodenhuis, Taylor	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	55.16	710	Vosburgh, Jacob	12	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
8	55.49	697	Holland, Quin	12	NC Winston-Salem YMCA Swim Team	3/13/2009	2009 NC AP SC USY Championship
8	55.49	697	Long, Connor	12	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	56.22	668	Hammack, Michael	12	NC YMCA of the Triangle Area Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn

Girls Age 12 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:56.59	832	Roses, Maija	12	NC Duke Aquatics	11/14/2008	2008 NC MOR Quad Meet
2	1:56.80	827	Ontjes, Olivia	12	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	1:57.13	820	Schumacher, London	12	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	1:59.71	762	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	2:00.50	745	Baker, Kathleen	12	NC Star Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
6	2:00.97	734	Merritt, Heather	12	NC SwimMAC Carolina	1/16/2009	2009 SE Pilot January Classic

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LSC: NC For Dates 9/1/2008 - 8/31/2009

7	2:01.16	730	Moore, Hannah	12	NC	Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
8	2:01.97	713	Greenberg, Lauren	12	NC	SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit
9	2:02.24	707	Estep, Caroline	12	NC	Waves Of Wilmington, Inc.	2/19/2009	2009 NC 14 & Under Age Group C
10	2:02.38	704	Brown, Cameron	12	NC	Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 12 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:50.48	896	Osada, Koya	12	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	1:57.68	741	Perdue, Philip	12	NC Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
3	1:59.01	714	Shaw, Dalton	12	NC Greenville Swim Club	9/27/2008	2008 NC RMY Fall Invitational
4	1:59.54	704	Vosburgh, Jacob	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	1:59.62	702	Rodenhuis, Taylor	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:00.11	692	Hammack, Michael	12	NC YMCA of the Triangle Area Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn
7	2:00.12	692	Craig, Steven	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	2:00.50	684	Simpson, Garrett	12	NC Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
9	2:01.40	666	Cooper, Matthew	12	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
10	2:03.25	630	Lee, Nicholas	12	NC YMCA Seahorse Swim Team	1/16/2009	2009 NC AP CHY Y-States

Girls Age 12 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:07.83	853	Schumacher, London	12	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	5:16.74	775	Roses, Maija	12	NC Duke Aquatics	1/9/2009	2009 NC Duke Aquatics Nike Win
3	5:21.41	735	Moore, Hannah	12	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
4	5:23.28	719	Greenberg, Lauren	12	NC SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit
5	5:23.31	719	Merritt, Heather	12	NC SwimMAC Carolina	1/16/2009	2009 SE Pilot January Classic

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LSC: NC For Dates 9/1/2008 - 8/31/2009

6	5:25.11	704	Estep, Caroline	12	NC	Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	5:25.58	701	Ontjes, Olivia	12	NC	New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
8	5:28.06	680	Welshofer, Elsa	12	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
9	5:31.45	653	Brown, Carlie	12	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	5:31.52	653	Emery, Nicole	12	NC	Aquatic Team Of Mecklenburg	11/14/2008	2008 SC YSSC 15th Annual Thanksgiving

Boys Age 12 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:54.23	912	Osada, Koya	12	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
2	5:05.37	822	Shaw, Dalton	12	NC Greenville Swim Club	9/27/2008	2008 NC RMY Fall Invitational
3	5:12.35	767	Perdue, Philip	12	NC Greenville Swim Club	10/24/2008	2008 NC RSA Kick Off Meet
4	5:14.56	750	Craig, Steven	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	5:22.14	693	Simpson, Garrett	12	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
6	5:22.90	687	Lee, Nicholas	12	NC YMCA Seahorse Swim Team	3/13/2009	2009 NC AP SC USY Championship
7	5:22.93	687	Rodenhuis, Taylor	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	5:25.04	672	Vosburgh, Jacob	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	5:27.93	651	Long, Connor	12	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	5:28.35	648	Lauffer, Brayden	12	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 12 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	10:48.26	841	Schumacher, London	12	NC Smoky Mountain Aquatic Club	1/16/2009	2009 SE Pilot January Classic
2	10:50.77	831	Roses, Maija	12	NC Duke Aquatics	1/29/2009	2009 NC Senior Champs
3	10:55.24	813	Moore, Hannah	12	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
4	11:12.63	747	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
5	11:16.52	733	Liu, Danielle	12	NC Duke Aquatics	3/12/2009	Champs 2009 NC SZ Eastern Sect AG Champs
6	11:21.20	716	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
7	11:39.75	649	Lamb, Kiko	12	NC Raleigh Swimming Association	11/2/2008	2008 NC RSA November Distance
8	11:40.30	647	Ontjes, Olivia	12	NC New Wave Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
9	11:40.76	645	Catella, Carly	12	NC Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
10	11:43.58	636	Turpin, Renni	12	NC SwimMAC Carolina	1/30/2009	2009 NC TEAM Speedo Western Op

Boys Age 12 1000 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	10:11.99	936	Osada, Koya	12	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	10:33.85	850	Perdue, Philip	12	NC Greenville Swim Club	1/16/2009	2009 NC RSA January Jubilee Me
3	10:52.53	779	Craig, Steven	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	11:00.37	749	Rodenhuis, Taylor	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	11:04.80	733	Long, Connor	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	11:10.04	714	Vosburgh, Jacob	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	11:11.35	709	Mebel, Michael	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	11:18.95	682	Schaefer, Robby	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	11:27.63	652	Bilden, Tommy	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	11:30.61	642	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	10/24/2008	2008 NC ECSL Autumn Invitation

Girls Age 12 1650 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
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Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

1	17:42.40	892	Schumacher, London	12	NC	Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	18:26.45	791	Greenberg, Lauren	12	NC	SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D
3	18:30.22	783	Moore, Hannah	12	NC	Raleigh Swimming Association	1/4/2009	2009 NC RSA January Distance D
4	18:30.77	782	Roses, Maija	12	NC	Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
5	19:02.50	712	Lawton, Kelsey	12	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	19:19.96	675	Liu, Danielle	12	NC	Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	19:30.98	653	Hatt, Rachel	12	NC	Raleigh Swimming Association	1/4/2009	2009 NC RSA January Distance D
8	19:38.73	637	Beach, Chandler	12	NC	Greenville Swim Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	19:39.53	635	Tarrant, Sierra	12	NC	New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	19:40.44	633	Welshofer, Elsa	12	NC	SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D

Boys Age 12 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:05.42	922	Osada, Koya	12	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
2	17:51.28	827	Craig, Steven	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	18:06.42	797	Perdue, Philip	12	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
4	18:24.16	761	Rodenhuis, Taylor	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	18:41.98	726	Hammack, Michael	12	NC YMCA of the Triangle Area Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn
6	18:57.15	697	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	11/2/2008	2008 NC RSA November Distance
7	19:02.84	686	Mebel, Michael	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	19:03.67	684	Long, Connor	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

9	19:13.43	666	Bradshaw, Pierce	12	NC	New South Swimming	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	19:15.99	661	Lechner, Luke	12	NC	YMCA of Western North Carolina	12/12/2008	2008 SC RAYS Snowflake Invite

Girls Age 12 50 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	27.93	864	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	28.48	818	Moore, Hannah	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	29.02	773	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	29.06	770	Roses, Maija	12	NC Duke Aquatics	11/14/2008	2008 NC MOR Quad Meet
5	29.46	738	Ontjes, Olivia	12	NC New Wave Swim Team	3/14/2009	2009 NC SZ Eastern Sect AG Champs
6	29.61	726	Linsley, Catherine	12	NC North Carolina Aquatic Club	12/12/2008	2008 NC WAVE Fall States Invit
7	29.82	710	Barham, Jordyn	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	30.06	691	Locke, Hailey	12	NC Catawba Valley Aquatic Club	2/21/2009	2009 NC 14 & Under Age Group C
9	30.28	674	Merritt, Heather	12	NC SwimMAC Carolina	10/25/2008	2008 NC SwimMAC Intrasquad Mee
10	30.42	663	Carter, Michaela	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Boys Age 12 50 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	26.59	916	Osada, Koya	12	NC North Carolina Aquatic Club	3/14/2009	2009 NC SZ Eastern Sect AG Champs
2	28.59	759	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
3	28.69	751	Lamson, Petch	12	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	28.92	734	Holland, Quin	12	NC Winston-Salem YMCA Swim Team	3/13/2009	2009 NC AP SC USY Championship

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LSC: NC For Dates 9/1/2008 - 8/31/2009

5	29.11	720	Simpson, Garrett	12	NC	Sharks Aquatic Club	2/21/2009	2009 NC 14 & Under Age Group C
6	29.19	714	Long, Connor	12	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	29.24	710	Perdue, Philip	12	NC	Greenville Swim Club	1/16/2009	2009 NC RSA January Jubilee Me
8	29.70	676	Ellington, Colin	12	NC	YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
9	29.73	674	Harr, Michael	12	NC	Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
10	29.76	672	Cole, Mckenzie	12	NC	Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship

Girls Age 12 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	59.09	868	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	1:00.45	816	Roses, Maija	12	NC Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
3	1:00.60	811	Moore, Hannah	12	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
4	1:02.50	741	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	1:03.38	709	Locke, Hailey	12	NC Catawba Valley Aquatic Club	2/20/2009	2009 NC 14 & Under Age Group C
6	1:03.41	708	Schumacher, London	12	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
7	1:03.51	704	Barham, Jordyn	12	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
8	1:03.85	692	Merritt, Heather	12	NC SwimMAC Carolina	1/16/2009	2009 SE Pilot January Classic
9	1:04.80	659	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	2/19/2009	2009 NC 14 & Under Age Group C
10	1:04.82	658	Lamb, Kiko	12	NC Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet

Boys Age 12 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	56.75	910	Osada, Koya	12	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
2	1:01.14	749	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
3	1:01.98	719	Lamson, Petch	12	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

3	1:01.98	719	Simpson, Garrett	12	NC	Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
5	1:02.74	693	Young, Stephen	12	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
6	1:02.84	689	Long, Connor	12	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	1:03.31	673	Hammack, Michael	12	NC	YMCA of the Triangle Area Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn
8	1:03.35	672	Cooper, Matthew	12	NC	Team Charlotte Swimming	2/19/2009	2009 NC 14 & Under Age Group C
9	1:03.46	668	Rodenhuis, Taylor	12	NC	Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	1:03.47	668	Allen, Jack	12	NC	Greenville Swim Club	3/27/2009	2009 NC ECSL Championships

Girls Age 12 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:09.26	831	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:10.47	812	Moore, Hannah	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:12.67	777	Roses, Maija	12	NC Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
4	2:14.95	741	Merritt, Heather	12	NC SwimMAC Carolina	1/30/2009	2009 NC TEAM Speedo Western Op
5	2:16.06	724	Locke, Hailey	12	NC Catawba Valley Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
6	2:17.14	707	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
7	2:17.22	706	Barham, Jordyn	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	2:17.90	695	Lamb, Kiko	12	NC Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
9	2:18.35	688	Schumacher, London	12	NC Smoky Mountain Aquatic Club	1/16/2009	2009 SE Pilot January Classic
10	2:18.39	688	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Boys Age 12 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
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Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

1	1:58.80	977	Osada, Koya	12	NC	North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:13.13	724	Johnson, Connor	12	NC	Fayetteville YMCA Sea Dragons Swim Team	1/16/2009	2009 NC RSA January Jubilee Me
3	2:13.88	712	Cooper, Matthew	12	NC	Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
4	2:14.55	701	Lamson, Petch	12	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
5	2:17.99	645	Ellington, Colin	12	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
6	2:18.99	629	Rodenhuis, Taylor	12	NC	Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	2:19.30	624	Hollinshead, Stephen	12	NC	YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
8	2:19.47	621	Vosburgh, Jacob	12	NC	Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	2:19.86	615	Long, Connor	12	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	2:19.98	613	Young, Stephen	12	NC	North Carolina Aquatic Club	1/9/2009	2009 NC Duke Aquatics Nike Win

Girls Age 12 50 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	31.84	808	Roses, Maija	12	NC Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
2	31.87	806	Sarratt, Emily	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	32.46	768	Ontjes, Olivia	12	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	32.68	754	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	32.72	752	Martelle, Alexandra	12	NC Sharks Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet
6	32.95	737	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	33.11	727	Abdullah, Safiyyah	12	NC Greensboro Community YMCA	3/6/2009	2009 NC AP GYSSA Champs
8	33.13	726	Johnson, Laura	12	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
9	33.20	722	Hatt, Rachel	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

9	33.20	722	Adams, Cassie	12	NC	Gaston Gators	3/27/2009	Champs 2009 NC BRSL Short Course Cham
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Boys Age 12 50 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	29.92	883	Osada, Koya	12	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	30.09	871	Yeh, Sean	12	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
3	31.55	769	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	32.92	678	Lamson, Petch	12	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
5	33.09	667	Toney, Austin	12	NC Sharks Aquatic Club	12/5/2008	2008 SC Carolina Classic
6	33.68	629	Roby, David	12	NC Sharks Aquatic Club	12/5/2008	2008 SC Carolina Classic
7	33.82	620	Davis, Brian	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	33.85	618	Cole, Mckenzie	12	NC Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
9	33.86	618	Marshall, Aidan	12	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
10	33.97	611	Ellington, Colin	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 12 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:06.99	851	Roses, Maija	12	NC Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
2	1:08.77	798	Ontjes, Olivia	12	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	1:08.78	797	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	1:10.08	759	Schumacher, London	12	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	1:10.32	753	Sarratt, Emily	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
6	1:10.33	752	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	3/12/2009	Champs 2009 NC SZ Eastern Sect AG Champs
7	1:11.73	712	Abdullah, Safiyyah	12	NC Greensboro Community YMCA	2/19/2009	2009 NC 14 & Under Age Group C
8	1:11.93	706	Adams, Cassie	12	NC Gaston Gators	3/27/2009	2009 NC BRSL Short Course Cham
9	1:12.21	698	Hatt, Rachel	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	1:12.26	697	Martelle, Alexandra	12	NC Sharks Aquatic Club	10/25/2008	2008 NC GG Great Pumpkin Meet

Boys Age 12 100 Breaststroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:04.71	893	Osada, Koya	12	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	1:06.85	826	Yeh, Sean	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
3	1:08.63	772	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	1:11.23	695	Lauffer, Brayden	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
5	1:12.34	662	Maslowski, Seth	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	1:12.94	645	Perdue, Philip	12	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
7	1:13.39	632	Davis, Brian	12	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
8	1:13.48	630	Toney, Austin	12	NC Sharks Aquatic Club	12/5/2008	2008 SC Carolina Classic
9	1:14.07	613	Moffitt, Stuart	12	NC Greensboro Community YMCA	11/7/2008	2008 NC AP GCY Flag Flying Festiv
10	1:14.22	609	Vosburgh, Jacob	12	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 12 200 Breaststroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:24.51	854	Roses, Maija	12	NC Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
2	2:30.57	774	Schumacher, London	12	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Points	Name	Age	LSC	Club	Meet Date	Meet
3	2:31.96	756	Ontjes, Olivia	12	NC	New Wave Swim Team	3/12/2009	Champs 2009 NC SZ Eastern Sect AG Champs
4	2:36.75	695	Emery, Nicole	12	NC	Aquatic Team Of Mecklenburg	11/14/2008	2008 SC YSSC 15th Annual Thanksgiving
5	2:38.04	678	Merritt, Heather	12	NC	SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit
6	2:38.20	676	Abdullah, Safiyyah	12	NC	Greensboro Community YMCA	12/5/2008	2008 NC AP 16th Annual TYR Cap
7	2:38.45	673	Martin, Emily	12	NC	Marlins of Raleigh-Wolfpack Aquatics	10/11/2008	2008 NC Duke Aquatics Trick or
8	2:38.71	670	Estep, Caroline	12	NC	Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
9	2:38.96	667	Bhalla, Sophia	12	NC	Aquatic Team Of Mecklenburg	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	2:39.79	657	Hatt, Rachel	12	NC	Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Boys Age 12 200 Breaststroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:22.21	875	Osada, Koya	12	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:27.89	801	Yeh, Sean	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
3	2:28.82	789	Lauffer, Brayden	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
4	2:32.81	737	Toney, Austin	12	NC Sharks Aquatic Club	12/5/2008	2008 SC Carolina Classic
5	2:39.38	655	Davis, Brian	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:40.66	639	Roby, David	12	NC Sharks Aquatic Club	12/5/2008	2008 SC Carolina Classic
7	2:40.85	637	Maslowski, Seth	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	2:41.23	632	Brakovec, Hunter	12	NC New South Swimming	3/20/2009	2009 NC MAC Tarheel States
9	2:41.56	628	Curtin, Matthew	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	2:41.65	627	Ellington, Colin	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 12 50 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	27.14	818	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	27.31	805	Welshofer, Elsa	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	27.54	789	Moore, Hannah	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	27.77	772	Merritt, Heather	12	NC SwimMAC Carolina	10/25/2008	2008 NC SwimMAC Intrasquad Mee
5	28.24	739	Brown, Cameron	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	28.28	736	Ontjes, Olivia	12	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
7	28.38	729	Bauer, Shannon	12	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
8	28.44	725	Benson, Sam	12	NC SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
9	28.49	722	Davies, Emani	12	NC Aquatic Team Of Mecklenburg	3/27/2009	2009 NC BRSL Short Course Cham
10	28.67	709	Siemens, Sara	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Boys Age 12 50 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	26.14	846	Osada, Koya	12	NC North Carolina Aquatic Club	12/12/2008	2008 NC WAVE Fall States Invit
2	26.20	842	Simpson, Garrett	12	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
3	26.62	808	Vosburgh, Jacob	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	27.24	760	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
5	27.80	717	Rodenhuis, Taylor	12	NC Rowan Aquatic Club - YMCA	2/19/2009	2009 NC 14 & Under Age Group C
5	27.80	717	Lamson, Petch	12	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
7	27.83	715	Holland, Quin	12	NC Winston-Salem YMCA Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

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LSC: NC For Dates 9/1/2008 - 8/31/2009

8	27.88	711	Long, Connor	12	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	28.14	691	Harr, Michael	12	NC	Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
10	28.33	677	Perdue, Philip	12	NC	Greenville Swim Club	3/27/2009	2009 NC ECSL Championships

Girls Age 12 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	1:01.01	776	Roses, Maija	12	NC	Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
1	1:01.01	776	Schumacher, London	12	NC	Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
3	1:01.09	774	Merritt, Heather	12	NC	SwimMAC Carolina	1/16/2009	2009 SE Pilot January Classic
4	1:01.29	767	Welshofer, Elsa	12	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
5	1:01.97	746	Baker, Kathleen	12	NC	Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	1:02.15	740	Moore, Hannah	12	NC	Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	1:02.32	735	Brown, Cameron	12	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	1:02.95	716	Ontjes, Olivia	12	NC	New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	1:03.13	710	Benson, Sam	12	NC	SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
10	1:03.80	690	Greenberg, Lauren	12	NC	SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit

Boys Age 12 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	56.23	894	Osada, Koya	12	NC	North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	59.51	778	Simpson, Garrett	12	NC	Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
3	1:00.46	745	Vosburgh, Jacob	12	NC	Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	1:00.60	741	Johnson, Connor	12	NC	Fayetteville YMCA Sea Dragons Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
5	1:01.15	722	Rodenhuis, Taylor	12	NC	Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs

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LSC: NC For Dates 9/1/2008 - 8/31/2009

6	1:01.46	712	Lamson, Petch	12	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
7	1:02.04	692	Harr, Michael	12	NC	Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
8	1:02.38	681	Shaw, Dalton	12	NC	Greenville Swim Club	9/27/2008	2008 NC RMY Fall Invitational
9	1:02.87	665	Cooper, Matthew	12	NC	Team Charlotte Swimming	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	1:03.15	656	Perdue, Philip	12	NC	Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 12 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:12.23	831	Roses, Maija	12	NC Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
2	2:14.05	806	Moore, Hannah	12	NC Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
3	2:16.78	769	Brown, Cameron	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	2:19.22	737	Schumacher, London	12	NC Smoky Mountain Aquatic Club	1/16/2009	2009 SE Pilot January Classic
5	2:21.00	714	Benson, Sam	12	NC SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit
6	2:22.80	690	Welshofer, Elsa	12	NC SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D
7	2:23.57	680	Greenberg, Lauren	12	NC SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit
8	2:23.92	676	Owens, Megan	12	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
9	2:24.50	668	Massey, Maddie	12	NC YMCA of the Triangle Area Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
10	2:25.65	654	Emery, Nicole	12	NC Aquatic Team Of Mecklenburg	11/14/2008	2008 SC YSSC 15th Annual Thanksgiving

Boys Age 12 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:03.98	930	Osada, Koya	12	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:15.25	757	Vosburgh, Jacob	12	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
3	2:17.81	719	Simpson, Garrett	12	NC Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
4	2:18.26	713	Lamson, Petch	12	NC YMCA of the Triangle Area Swim	3/13/2009	2009 NC AP SC USY

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

						Team		Championship
5	2:20.21	685	Perdue, Philip	12	NC	Greenville Swim Club	1/16/2009	2009 NC RSA January Jubilee Me
6	2:22.24	656	Short, Jimbo	12	NC	Cape Fear Aquatic Club	3/13/2009	2009 NC AP SC USY Championship
7	2:22.34	654	Bradshaw, Pierce	12	NC	New South Swimming	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	2:24.14	629	Schaefer, Robby	12	NC	Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	2:25.56	609	Hollinshead, Stephen	12	NC	YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
10	2:26.01	603	Hellard, Isaac	12	NC	Stingray Aquatics	12/12/2008	2008 NC WAVE Fall States Invit

Girls Age 12 100 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:00.00	897	Roses, Maija	12	NC Duke Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
2	1:01.30	846	Ontjes, Olivia	12	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
3	1:02.47	801	Schumacher, London	12	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	1:03.63	758	Moore, Hannah	12	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
5	1:03.81	751	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	1:04.03	743	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	1:04.88	712	Welshofer, Elsa	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	1:04.99	709	Sullivan, Christine	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	1:05.01	708	Linsley, Catherine	12	NC North Carolina Aquatic Club	11/14/2008	2008 NC RSA-NCAC Dual Meet
10	1:05.04	707	Johnson, Laura	12	NC Star Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 12 100 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.88	871	Osada, Koya	12	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
2	1:02.06	740	Simpson, Garrett	12	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

3	1:02.82	711	Johnson, Connor	12	NC	Fayetteville YMCA Sea Dragons Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	1:03.08	701	Lee, Nicholas	12	NC	YMCA Seahorse Swim Team	3/13/2009	2009 NC AP SC USY Championship
5	1:03.83	672	Vosburgh, Jacob	12	NC	Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
6	1:03.84	671	Yeh, Sean	12	NC	YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
7	1:04.08	662	Perdue, Philip	12	NC	Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
8	1:04.10	662	Rosenbower, Eric	12	NC	Star Aquatics	9/13/2008	2008 NC AP Star Aquatics Fall Intra-
9	1:04.68	640	Rodenhuis, Taylor	12	NC	Rowan Aquatic Club - YMCA	2/19/2009	2009 NC 14 & Under Age Group C
10	1:05.08	625	Davis, Brian	12	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 12 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:09.39	858	Roses, Maija	12	NC Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
2	2:10.76	834	Schumacher, London	12	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
3	2:11.20	826	Ontjes, Olivia	12	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	2:12.58	802	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	2:16.27	739	Moore, Hannah	12	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
6	2:17.48	719	Merritt, Heather	12	NC SwimMAC Carolina	12/12/2008	2008 NC WAVE Fall States Invit
7	2:18.27	706	Estep, Caroline	12	NC Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit
8	2:19.34	688	Emery, Nicole	12	NC Aquatic Team Of Mecklenburg	11/14/2008	2008 SC YSSC 15th Annual Thanksgiving
9	2:19.42	687	Lamb, Kiko	12	NC Raleigh Swimming Association	10/24/2008	2008 NC RSA Kick Off Meet
10	2:19.59	684	Liu, Danielle	12	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 12 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:04.99	890	Osada, Koya	12	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
2	2:14.15	720	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	3/27/2009	Champs 2009 NC ECSL Championships
3	2:14.30	718	Vosburgh, Jacob	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	2:15.37	699	Shaw, Dalton	12	NC Greenville Swim Club	9/27/2008	2008 NC RMY Fall Invitational
5	2:16.93	672	Rodenhuis, Taylor	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:17.00	670	Lauffer, Brayden	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
7	2:17.27	666	Perdue, Philip	12	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
8	2:17.29	665	Simpson, Garrett	12	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
9	2:17.55	661	Lee, Nicholas	12	NC YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
10	2:17.76	657	Yeh, Sean	12	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 12 400 Individual Medley Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:30.67	904	Schumacher, London	12	NC Smoky Mountain Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
2	4:36.99	854	Baker, Kathleen	12	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	4:37.60	849	Roses, Maija	12	NC Duke Aquatics	1/29/2009	2009 NC Senior Champs
4	4:47.83	770	Merritt, Heather	12	NC SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D
5	4:51.10	745	Moore, Hannah	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	4:53.83	725	Sullivan, Christine	12	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	4:54.63	719	Emery, Nicole	12	NC Aquatic Team Of Mecklenburg	10/25/2008	2008 NC GG Great Pumpkin Meet
8	4:55.67	711	Hatt, Rachel	12	NC Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
9	4:55.91	709	Lawton, Kelsey	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	4:55.92	709	Barham, Jordyn	12	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Champs

Boys Age 12 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:27.07	900	Osada, Koya	12	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	4:44.37	759	Vosburgh, Jacob	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	4:46.76	740	Rodenhuis, Taylor	12	NC Rowan Aquatic Club - YMCA	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	4:47.75	732	Yeh, Sean	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
5	4:48.16	729	Lauffer, Brayden	12	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
6	4:52.57	695	Long, Connor	12	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	4:52.62	694	Craig, Steven	12	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	4:54.93	677	Johnson, Connor	12	NC Fayetteville YMCA Sea Dragons Swim Team	1/4/2009	2009 NC RSA January Distance D
9	4:55.46	673	Hollinshead, Stephen	12	NC YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
10	4:55.59	672	Schaefer, Robby	12	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 13 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	23.47	923	Labonge, Natalie	13	NC Greensboro Swimming Assoc	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	24.44	829	Lurito, Chrissy	13	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
3	24.59	815	Marshall, Alexandra	13	NC Star Aquatics	1/16/2009	2009 SC Stingray Aquatics Winter
4	24.81	794	Merritt, Heather	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	24.92	784	Roses, Maija	13	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	25.06	770	Pfeiffer, Emily	13	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

7	25.31	747	Johnson, Laura	13	NC	Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	25.49	731	Benson, Sam	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	25.55	725	Johnson, Faith	13	NC	Star Aquatics	9/26/2008	2008 NC AP WOW "Commotion at the Ocean" S
10	25.66	715	Liu, Claire	13	NC	New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 13 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	23.31	792	Harris, Zach	13	NC SwimMAC Carolina	11/15/2008	2008 NC SwimMAC vs. New Wave D
2	23.40	784	Johns, Travis	13	NC Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit
3	23.44	781	Klinger, Isaac	13	NC Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
4	23.77	752	Turcanu, Sava	13	NC YMCA Seahorse Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
5	24.00	732	Hannum, Zach	13	NC Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
6	24.14	720	Rosenbower, Eric	13	NC Star Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
7	24.21	714	McPheters, Matthew	13	NC Waves Of Wilmington, Inc.	12/14/2008	2008 NC WAVE Fall States Invit
8	24.24	711	Johnson, Scott	13	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
9	24.26	709	Healy, Chris	13	NC Winston-Salem YMCA Swim Team	12/12/2008	2008 SC RAYS Snowflake Invite
10	24.29	707	Maloney, Bailey	13	NC Raleigh Swimming Association	12/14/2008	2008 NC WAVE Fall States Invit
10	24.29	707	Josa, Matthew	13	NC Team Charlotte Swimming	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 13 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	52.48	836	Labonge, Natalie	13	NC Greensboro Swimming Assoc	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	52.88	816	Roses, Maija	13	NC Duke Aquatics	3/6/2009	2009 NC SZ Eastern Section Sr.
3	53.48	786	Marshall, Alexandra	13	NC Star Aquatics	12/12/2008	2008 NC WAVE Fall States Invit
4	53.99	761	Lurito, Chrissy	13	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
5	54.56	734	Merritt, Heather	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
6	54.76	725	Zou, Lisa	13	NC North Carolina Aquatic Club	10/18/2008	2008 NC NCAC SCY Quad Meet
7	55.21	703	Linsley, Catherine	13	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	55.22	703	Benson, Sam	13	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	55.24	702	Miller, Genevieve	13	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
10	55.42	693	Liu, Claire	13	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C

Champs

Boys Age 13 100 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	50.26	811	Johns, Travis	13	NC Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit
2	50.72	789	Turcanu, Sava	13	NC YMCA Seahorse Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
3	51.30	762	Strosnider, Sam	13	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	51.75	741	Rosenbower, Eric	13	NC Unattached	2/23/2009	2009 NC OB NCISSA 3A STATE CHAMPS
5	51.79	739	Manchester, Jack	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	51.99	730	Pettit, Jory	13	NC SwimMAC Carolina	11/8/2008	2008 NC MAC vs Dynamo Dual
7	52.18	721	Klinger, Isaac	13	NC Greensboro Community YMCA	2/19/2009	2009 NC 14 & Under Age Group C
8	52.23	719	Hannum, Zach	13	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	52.31	715	Hammack, Michael	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
10	52.37	712	Maloney, Bailey	13	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet

Girls Age 13 200 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:54.53	797	Miller, Genevieve	13	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	1:56.03	760	Roses, Maija	13	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:56.85	739	Lurito, Chrissy	13	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
4	1:57.12	733	Merritt, Heather	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
5	1:57.46	724	Labonge, Natalie	13	NC Greensboro Swimming Assoc	2/19/2009	Champs 2009 NC 14 & Under Age Group C
6	1:58.08	709	Stringfield, Katy	13	NC Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet
7	1:58.27	705	Stahmer, Hannah	13	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
8	1:58.39	702	Law, Kaitlin	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
8	1:58.39	702	Mulligan, Rachel	13	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
10	1:58.70	694	Moore, Kelsey	13	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs

Boys Age 13 200 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:47.82	848	Johns, Travis	13	NC Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit
2	1:47.86	847	Turcanu, Sava	13	NC YMCA Seahorse Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	1:50.17	790	Manchester, Jack	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	1:50.19	790	Strosnider, Sam	13	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
5	1:50.46	783	Klinger, Isaac	13	NC Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
6	1:52.51	734	Shaw, Dalton	13	NC Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
7	1:52.65	731	Bretschneider, Lane	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	1:53.34	715	Hannum, Zach	13	NC Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
9	1:53.57	709	Johnson, Scott	13	NC Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
10	1:53.95	700	Hammack, Michael	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 13 500 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:58.00	857	Miller, Genevieve	13	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	5:08.17	756	Mulligan, Rachel	13	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

3	5:08.78	750	Stringfield, Katy	13	NC	Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet
4	5:11.09	728	Stahmer, Hannah	13	NC	New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	5:11.16	727	Moore, Kelsey	13	NC	New Wave Swim Team	1/29/2009	2009 NC Senior Champs
6	5:12.27	717	Greenberg, Lauren	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	5:15.01	691	Whalen, Kelly	13	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	5:17.55	668	Holbrook, Morgan	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	5:17.82	665	Emery, Nicole	13	NC	Aquatic Team Of Mecklenburg	3/27/2009	2009 NC BRSL Short Course Cham
10	5:18.58	659	Baird, Grace	13	NC	Winston-Salem YMCA Swim Team	12/12/2008	2008 SC RAYS Snowflake Invite

Boys Age 13 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:52.16	819	Turcanu, Sava	13	NC YMCA Seahorse Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	4:55.61	788	Manchester, Jack	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	4:57.19	774	Purrman, Collin	13	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	4:59.45	754	Shaw, Dalton	13	NC Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
5	5:02.65	726	Parrott, Jake	13	NC Aquatic Team Of Mecklenburg	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	5:03.03	723	Hammack, Michael	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
7	5:04.31	712	Strosnider, Sam	13	NC North Carolina Aquatic Club	1/9/2009	2009 NC Duke Aquatics Nike Win
8	5:05.28	703	Craig, David	13	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	5:06.32	694	Johnson, Scott	13	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	5:06.54	692	McPheters, Matthew	13	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 13 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	10:14.73	864	Miller, Genevieve	13	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	10:33.05	782	Greenberg, Lauren	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	10:35.02	774	Stahmer, Hannah	13	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	10:43.72	736	Roses, Maija	13	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	10:47.85	718	Moore, Kelsey	13	NC New Wave Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
6	10:48.30	716	Whalen, Kelly	13	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	10:51.77	702	Mulligan, Rachel	13	NC YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
8	10:56.99	680	Stringfield, Katy	13	NC Smoky Mountain Aquatic Club	11/14/2008	2008 SC YSSC 15th Annual Thanksgiving
9	10:58.68	673	Baird, Grace	13	NC Winston-Salem YMCA Swim Team	1/16/2009	2009 SC Stingray Aquatics Winter
10	11:03.76	652	Sheridan, Maria	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Boys Age 13 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:59.23	871	Manchester, Jack	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	10:04.41	847	Turcanu, Sava	13	NC YMCA Seahorse Swim Team	1/29/2009	2009 NC Senior Champs
3	10:05.45	843	Shaw, Dalton	13	NC Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
4	10:08.72	828	Purrman, Collin	13	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
5	10:12.75	810	Hammack, Michael	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
6	10:31.59	729	Bretschneider, Lane	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	10:31.77	729	Strosnider, Sam	13	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C

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LSC: NC For Dates 9/1/2008 - 8/31/2009

8	10:32.11	727	Craig, David	13	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	10:32.68	725	Schade, Tim	13	NC	Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
10	10:33.04	723	Cade, Ryan	13	NC	New Wave Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat

Girls Age 13 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	17:11.03	861	Miller, Genevieve	13	NC	Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	17:43.52	776	Mulligan, Rachel	13	NC	YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
3	17:44.42	774	Stahmer, Hannah	13	NC	New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	17:46.78	768	Greenberg, Lauren	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	17:56.03	745	Stringfield, Katy	13	NC	Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet
6	18:04.74	723	Moore, Kelsey	13	NC	New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
7	18:12.61	704	Roses, Maija	13	NC	Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
8	18:14.21	700	Baird, Grace	13	NC	Winston-Salem YMCA Swim Team	12/12/2008	2008 SC RAYS Snowflake Invite
9	18:22.90	679	Sheridan, Maria	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	18:23.07	678	Holmes, Elisabeth	13	NC	New Wave Swim Team	1/4/2009	2009 NC RSA January Distance D

Boys Age 13 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	16:44.15	853	Manchester, Jack	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	16:56.61	823	Turcanu, Sava	13	NC	YMCA Seahorse Swim Team	1/16/2009	2009 NC AP CHY Y-States
3	17:04.24	805	Purrman, Collin	13	NC	Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
4	17:13.29	784	Shaw, Dalton	13	NC	Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
5	17:30.10	745	Craig, David	13	NC	Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
6	17:31.76	742	Hammack, Michael	13	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

7	17:42.00	718	Bretschneider, Lane	13	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
8	17:44.57	713	Schade, Tim	13	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	17:55.81	688	Jaulin, Madison	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	17:57.44	684	Maloney, Bailey	13	NC	Raleigh Swimming Association	1/4/2009	2009 NC RSA January Distance D

Girls Age 13 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	58.96	818	Tschoke, Victoria	13	NC	Raleigh Swimming Association	3/21/2009	2009 FL NCSA Junior Nats
2	1:00.16	768	Lurito, Chrissy	13	NC	Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
3	1:00.23	765	Moore, Kelsey	13	NC	New Wave Swim Team	1/29/2009	2009 NC Senior Champs
4	1:00.52	753	Linsley, Catherine	13	NC	North Carolina Aquatic Club	3/14/2009	2009 NC SZ Eastern Sect AG Champs
5	1:00.84	740	Labonge, Natalie	13	NC	Greensboro Swimming Assoc	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	1:01.33	720	Roses, Maija	13	NC	Duke Aquatics	3/14/2009	2009 NC SZ Eastern Sect AG Champs
7	1:01.50	713	Merritt, Heather	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	1:01.66	707	Martelle, Alexandra	13	NC	Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
9	1:01.70	705	Liu, Claire	13	NC	New Wave Swim Team	1/29/2009	2009 NC Senior Champs
10	1:01.86	699	Law, Kaitlin	13	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Boys Age 13 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	55.44	840	Johns, Travis	13	NC	Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit
2	56.24	806	Klinger, Isaac	13	NC	Greensboro Community YMCA	2/19/2009	2009 NC 14 & Under Age Group C
3	57.50	753	Josa, Matthew	13	NC	Team Charlotte Swimming	2/19/2009	2009 NC 14 & Under Age Group C
4	58.26	722	Turcanu, Sava	13	NC	YMCA Seahorse Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
5	58.61	708	Parrott, Jake	13	NC	Aquatic Team Of Mecklenburg	2/19/2009	2009 NC 14 & Under Age Group C

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

6	58.79	701	Rednour, Tucker	13	NC	Gaston Gators	3/27/2009	2009 NC BRSL Short Course Cham
7	58.83	699	Manchester, Jack	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	59.08	689	McPheters, Matthew	13	NC	Waves Of Wilmington, Inc.	2/19/2009	2009 NC 14 & Under Age Group C
9	59.17	685	Hammack, Michael	13	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
10	59.22	683	Strosnider, Sam	13	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 13 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:07.58	805	Tschoke, Victoria	13	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
2	2:08.89	782	Moore, Kelsey	13	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
3	2:11.38	737	Linsley, Catherine	13	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	2:11.45	736	Law, Kaitlin	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
5	2:12.38	720	Emery, Nicole	13	NC Aquatic Team Of Mecklenburg	3/27/2009	2009 NC BRSL Short Course Cham
6	2:13.19	706	Merritt, Heather	13	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
7	2:13.33	703	Lamb, Kiko	13	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
8	2:13.69	697	Labonge, Natalie	13	NC Greensboro Swimming Assoc	2/19/2009	2009 NC 14 & Under Age Group C
9	2:13.93	693	Lurito, Chrissy	13	NC Greenville Swim Club	1/16/2009	2009 NC RSA January Jubilee Me
10	2:15.16	672	Sheridan, Maria	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Boys Age 13 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:59.49	859	Johns, Travis	13	NC Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit
2	2:01.83	811	Klinger, Isaac	13	NC Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
3	2:04.15	765	McPheters, Matthew	13	NC Waves Of Wilmington, Inc.	3/27/2009	2009 NC ECSL Championships
4	2:04.89	751	Parrott, Jake	13	NC Aquatic Team Of Mecklenburg	2/19/2009	2009 NC 14 & Under Age Group C

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LSC: NC For Dates 9/1/2008 - 8/31/2009

5	2:05.20	745	Manchester, Jack	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:05.29	743	Turcanu, Sava	13	NC	YMCA Seahorse Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
7	2:05.54	738	Hammack, Michael	13	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
8	2:06.37	722	Strosnider, Sam	13	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
9	2:06.41	721	Josa, Matthew	13	NC	Team Charlotte Swimming	2/19/2009	2009 NC 14 & Under Age Group C
9	2:06.41	721	Bretschneider, Lane	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 13 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:05.55	845	Roses, Maija	13	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	1:08.70	740	Pfeiffer, Emily	13	NC Greenville Swim Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	1:09.58	712	Neil, Caroline	13	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	1:10.17	693	McDonough, Ali	13	NC SwimMAC Carolina	12/5/2008	2008 NC NSS 13-14/Senior Winte
5	1:10.25	690	Martelle, Alexandra	13	NC Sharks Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
6	1:10.73	675	Witzke, Maddie	13	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
7	1:10.91	669	Ireland, Margaret	13	NC Unattached	2/23/2009	2009 NC OB NCISSA 3A STATE CHAMPS
8	1:11.32	656	Whalen, Kelly	13	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	1:11.44	653	Kayye, Annabelle	13	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
10	1:11.47	652	Wilson, Katy	13	NC Twin Rivers YMCA RipTide	3/6/2009	2009 NC AP GYSSA Champs

Boys Age 13 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:03.03	832	Richard, Jacob	13	NC Gaston Gators	11/14/2008	2008 SE 25th. Annual Pilot Invitational
2	1:05.31	752	Petry, Andrew	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

							Champs
3	1:05.76	736	Maloney, Bailey	13	NC	Raleigh Swimming Association	12/12/2008 2008 NC WAVE Fall States Invit
4	1:05.88	732	Redhour, Tucker	13	NC	Gaston Gators	2/19/2009 2009 NC 14 & Under Age Group C
5	1:05.95	729	Hoffman, Conor	13	NC	Duke Aquatics	11/14/2008 2008 NC MOR Quad Meet
6	1:06.98	694	Thomas, Jacob	13	NC	Star Aquatics	2/19/2009 2009 NC 14 & Under Age Group C
7	1:07.94	662	Johns, Travis	13	NC	Waves Of Wilmington, Inc.	11/7/2008 2008 NC WAVE Blue Moon Invitat
8	1:07.96	661	Bretschneider, Lane	13	NC	SwimMAC Carolina	3/20/2009 2009 NC MAC Tarheel States
9	1:08.20	653	Cade, Ryan	13	NC	New Wave Swim Team	10/25/2008 2008 NC STAR Fall Splash 'n' D
10	1:08.26	651	Toney, Austin	13	NC	Sharks Aquatic Club	3/27/2009 2009 NC BRSL Short Course Cham

Girls Age 13 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:19.19	871	Roses, Maija	13	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:27.88	741	Merritt, Heather	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:29.78	713	Pfeiffer, Emily	13	NC Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
4	2:30.09	709	Emery, Nicole	13	NC Aquatic Team Of Mecklenburg	2/19/2009	2009 NC 14 & Under Age Group C
5	2:30.41	704	Neil, Caroline	13	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:32.52	674	Whalen, Kelly	13	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	2:33.62	658	Ireland, Margaret	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
8	2:34.54	645	Witzke, Maddie	13	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
9	2:34.60	644	Mulligan, Rachel	13	NC YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
10	2:34.65	644	Jones, Carson	13	NC North Carolina Aquatic Club	11/14/2008	2008 NC RSA-NCAC Dual Meet

Boys Age 13 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
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Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

1	2:21.91	747	Hoffman, Conor	13	NC	Duke Aquatics	11/14/2008	2008 NC MOR Quad Meet
2	2:23.19	727	Maloney, Bailey	13	NC	Raleigh Swimming Association	12/12/2008	2008 NC WAVE Fall States Invit
3	2:24.27	711	Petry, Andrew	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
4	2:24.33	710	Mayes, Ben	13	NC	Unattached	10/24/2008	2008 NC RSA Kick Off Meet
5	2:25.37	695	Craig, David	13	NC	Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
6	2:25.60	692	Toney, Austin	13	NC	Sharks Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
7	2:25.76	689	Blinn, Charles	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	2:26.09	684	Redhour, Tucker	13	NC	Gaston Gators	3/27/2009	2009 NC BRSL Short Course Cham
9	2:26.30	681	Harmon, Clay	13	NC	Marlins of Raleigh-Wolfpack Aquatics	12/6/2008	2008 NC RMY Racin' Rudolph Inv
10	2:26.36	680	Cade, Ryan	13	NC	New Wave Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat

Girls Age 13 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	56.56	880	Labonge, Natalie	13	NC Greensboro Swimming Assoc	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	59.54	765	Merritt, Heather	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	59.73	758	Sheridan, Maria	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	59.82	755	Miller, Genevieve	13	NC Winston-Salem YMCA Swim Team	3/17/2009	2009 FL NCSA Junior Nats
5	59.97	749	Lurito, Chrissy	13	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
6	1:00.74	720	Linsley, Catherine	13	NC North Carolina Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	1:01.47	694	Roses, Maija	13	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	1:01.66	687	Stringfield, Katy	13	NC Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet
9	1:01.84	680	O'Brien, Katie	13	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	1:02.35	661	Benson, Sam	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 13 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	53.74	891	Turcanu, Sava	13	NC YMCA Seahorse Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	55.65	808	Johns, Travis	13	NC Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit
3	55.74	804	Klinger, Isaac	13	NC Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
4	56.25	782	Parrott, Jake	13	NC Aquatic Team Of Mecklenburg	2/19/2009	2009 NC 14 & Under Age Group C
5	57.50	729	Josa, Matthew	13	NC Team Charlotte Swimming	2/19/2009	2009 NC 14 & Under Age Group C
6	57.60	725	Manchester, Jack	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	58.71	679	Strosnider, Sam	13	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
8	59.36	653	Hannum, Zach	13	NC Waves Of Wilmington, Inc.	2/19/2009	2009 NC 14 & Under Age Group C
9	59.41	651	Shaw, Dalton	13	NC Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
10	59.48	648	Hollinshead, Stephen	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 13 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:11.17	769	Miller, Genevieve	13	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	2:13.53	731	Roses, Maija	13	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
3	2:13.61	730	Mulligan, Rachel	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
4	2:13.93	724	Sheridan, Maria	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	2:14.86	710	Stringfield, Katy	13	NC Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet
6	2:15.57	698	Merritt, Heather	13	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	2:17.78	664	Whalen, Kelly	13	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
8	2:18.04	660	Kayye, Annabelle	13	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
9	2:18.47	653	Greenberg, Lauren	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG

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LSC: NC For Dates 9/1/2008 - 8/31/2009

10	2:19.37	639	Benson, Sam	13	NC	SwimMAC Carolina	3/12/2009	Champs 2009 NC SZ Eastern Sect AG Champs
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Boys Age 13 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:55.93	950	Turcanu, Sava	13	NC YMCA Seahorse Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
2	2:02.01	831	Manchester, Jack	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:02.38	824	Klinger, Isaac	13	NC Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
4	2:05.05	774	Parrott, Jake	13	NC Aquatic Team Of Mecklenburg	2/19/2009	2009 NC 14 & Under Age Group C
5	2:06.44	748	Strosnider, Sam	13	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
6	2:06.75	742	Shaw, Dalton	13	NC Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
7	2:10.29	678	Johns, Travis	13	NC Waves Of Wilmington, Inc.	10/24/2008	2008 NC RSA Kick Off Meet
8	2:13.85	615	Purrman, Collin	13	NC Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet
9	2:14.73	600	Johnson, Scott	13	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	2:15.87	580	McPheters, Matthew	13	NC Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit

Girls Age 13 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:08.57	826	Roses, Maija	13	NC Unattached	2/23/2009	2009 NC OB NCISSA 3A STATE CHAMPS
2	2:09.65	805	Merritt, Heather	13	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:11.10	777	Mulligan, Rachel	13	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
4	2:13.49	731	Emery, Nicole	13	NC Aquatic Team Of Mecklenburg	3/27/2009	2009 NC BRSL Short Course Cham
5	2:15.77	689	Miller, Genevieve	13	NC Winston-Salem YMCA Swim Team	1/16/2009	2009 SC Stingray Aquatics Winter
6	2:16.12	682	Labonge, Natalie	13	NC Greensboro Swimming Assoc	2/19/2009	2009 NC 14 & Under Age Group C
7	2:16.53	675	Pfeiffer, Emily	13	NC Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

8	2:16.57	674	Benson, Sam	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	2:16.70	672	Moore, Kelsey	13	NC	New Wave Swim Team	12/12/2008	2008 NC WAVE Fall States Invit
10	2:17.02	666	Greenberg, Lauren	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Boys Age 13 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	2:00.28	878	Johns, Travis	13	NC	Waves Of Wilmington, Inc.	12/12/2008	2008 NC WAVE Fall States Invit
2	2:02.42	831	Turcanu, Sava	13	NC	YMCA Seahorse Swim Team	1/16/2009	2009 NC AP CHY Y-States
3	2:04.01	797	Klinger, Isaac	13	NC	Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
4	2:06.28	749	Shaw, Dalton	13	NC	Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
5	2:08.39	706	Maloney, Bailey	13	NC	Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
6	2:08.84	697	Hannum, Zach	13	NC	Waves Of Wilmington, Inc.	1/16/2009	2009 NC RSA January Jubilee Me
7	2:08.92	695	McPheters, Matthew	13	NC	Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	2:10.10	672	Josa, Matthew	13	NC	Team Charlotte Swimming	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	2:10.12	671	Manchester, Jack	13	NC	SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
10	2:10.28	668	Bretschneider, Lane	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 13 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	4:32.80	808	Roses, Maija	13	NC	Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	4:38.39	760	Merritt, Heather	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	4:39.25	752	Mulligan, Rachel	13	NC	YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	4:39.78	748	Emery, Nicole	13	NC	Aquatic Team Of Mecklenburg	3/27/2009	2009 NC BRSL Short Course Cham
5	4:41.39	734	Miller, Genevieve	13	NC	Winston-Salem YMCA Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
6	4:43.29	718	Greenberg, Lauren	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

7	4:45.49	699	Holbrook, Morgan	13	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	4:47.02	686	Moore, Kelsey	13	NC	New Wave Swim Team	1/29/2009	2009 NC Senior Champs
9	4:47.33	684	Gampe, Mariel	13	NC	North Carolina Aquatic Club	9/28/2008	2008 NC WAVE IMX Distance Day
10	4:47.43	683	Stringfield, Katy	13	NC	Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet

Boys Age 13 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	4:18.30	861	Klinger, Isaac	13	NC	Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
2	4:19.72	848	Turcanu, Sava	13	NC	YMCA Seahorse Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	4:23.83	809	Manchester, Jack	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	4:26.08	788	Shaw, Dalton	13	NC	Greenville Swim Club	2/19/2009	2009 NC 14 & Under Age Group C
5	4:28.89	762	Bretschneider, Lane	13	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	4:34.11	714	Hammack, Michael	13	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
7	4:35.20	704	Cade, Ryan	13	NC	New Wave Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
8	4:36.11	696	Maloney, Bailey	13	NC	Raleigh Swimming Association	1/4/2009	2009 NC RSA January Distance D
8	4:36.11	696	Hoffman, Conor	13	NC	Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
10	4:36.30	695	Johns, Travis	13	NC	Waves Of Wilmington, Inc.	9/26/2008	2008 NC AP WOW "Commotion at the Ocean" S

Girls Age 14 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	23.24	890	Johnson, Faith	14	NC	Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	24.15	800	Bosek, Lindsay	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	24.26	790	Stenkvist, Henriette	14	NC	Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
4	24.29	787	Marshall, Alexandra	14	NC	Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

5	24.56	761	Nobles, Claire	14	NC	Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	24.60	757	Zou, Lisa	14	NC	North Carolina Aquatic Club	12/5/2008	2008 NC NSS 13-14/Senior Winte
7	24.91	728	Densmore, M.J.	14	NC	Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	25.08	712	Mock, Lauren	14	NC	Star Aquatics	12/5/2008	2008 NC RSA Reindeer Meet
9	25.10	710	Cooper, Linsay	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	25.22	699	Frost, Sam	14	NC	New South Swimming	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Boys Age 14 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	22.13	820	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	22.51	785	Pettit, Jory	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	22.59	777	Henry, Andrew	14	NC Raleigh Swimming Association	12/14/2008	2008 NC WAVE Fall States Invit
4	22.87	752	Johns, Travis	14	NC Waves Of Wilmington, Inc.	2/19/2009	2009 NC 14 & Under Age Group C
5	22.90	749	Sigmon, Wesley	14	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	22.91	748	Riley, Joe	14	NC Star Aquatics	12/5/2008	2008 NC RSA Reindeer Meet
7	22.92	747	Duronio, Joey	14	NC Chapel Hill YMCA Swim Club	3/13/2009	2009 NC AP SC USY Championship
8	22.94	745	Wheeler, Reed	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	22.96	744	Hunter, Shawn	14	NC Wilson Barracuda Swim Team	3/27/2009	2009 NC ECSL Championships
10	23.08	733	Turcanu, Sava	14	NC YMCA Seahorse Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 14 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	50.28	910	Johnson, Faith	14	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

2	51.44	850	Stenkvist, Henriette	14	NC	Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
3	53.00	771	Bosek, Lindsay	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	53.48	748	Marshall, Alexandra	14	NC	Star Aquatics	3/6/2009	2009 NC SZ Eastern Section Sr.
5	53.58	743	Zou, Lisa	14	NC	North Carolina Aquatic Club	1/16/2009	2009 GA 65th Annual Short Course Coach
6	53.89	728	Nobles, Claire	14	NC	Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	54.26	710	Isetts, Heather	14	NC	SwimMAC Carolina	12/5/2008	2008 NC NSS 13-14/Senior Winte
8	54.30	708	Bryant, Caroline	14	NC	SwimMAC Carolina	11/8/2008	2008 NC MAC vs Dynamo Dual
9	54.43	702	Watts, Leah Catherine	14	NC	Catawba Valley Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
10	54.49	699	Furey, Katie	14	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 14 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	48.20	817	Henry, Andrew	14	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
2	48.46	804	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	48.67	794	Turcanu, Sava	14	NC YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	49.14	771	Pettit, Jory	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	49.80	739	Hunter, Shawn	14	NC Wilson Barracuda Swim Team	3/27/2009	2009 NC ECSL Championships
6	49.91	733	Riley, Joe	14	NC Star Aquatics	12/5/2008	2008 NC RSA Reindeer Meet
6	49.91	733	Johns, Travis	14	NC Waves Of Wilmington, Inc.	2/21/2009	2009 NC 14 & Under Age Group C
8	50.04	727	Brumm, Pete	14	NC SwimMAC Carolina	11/8/2008	2008 NC MAC vs Dynamo Dual
9	50.16	721	Garrison, Ethan	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	50.20	719	Wheeler, Reed	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 14 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:51.03	848	Stenkvist, Henriette	14	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
2	1:51.74	830	Johnson, Faith	14	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	1:53.92	773	Stringfield, Katy	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	1:55.30	738	Furey, Katie	14	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
5	1:55.36	737	Bosek, Lindsay	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	1:55.54	732	Moore, Kelsey	14	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	1:55.58	731	Molloy, Kiera	14	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
8	1:55.66	729	Nobles, Claire	14	NC Raleigh Swimming Association	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	1:55.75	727	Isetts, Heather	14	NC SwimMAC Carolina	12/5/2008	2008 NC NSS 13-14/Senior Winte
10	1:56.55	707	Martin, Hannah	14	NC Greensboro Swimming Assoc	12/5/2008	2008 NC NSS 13-14/Senior Winte

Boys Age 14 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:43.78	856	Henry, Andrew	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
2	1:45.60	809	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	1:45.83	803	Turcanu, Sava	14	NC YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	1:45.93	801	Lile, Nathan	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	1:46.56	785	Johns, Travis	14	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	1:46.98	774	Brumm, Pete	14	NC SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
7	1:48.01	749	Hurley, Matthew	14	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
8	1:48.04	748	Chavez, Jose	14	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

9	1:49.31	717	Pettit, Jory	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	1:49.33	716	Glenn, Kevin	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 14 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:53.40	859	Stenkvis, Henriette	14	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
2	4:58.73	804	Stringfield, Katy	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	5:02.64	765	Molloy, Kiera	14	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	5:08.62	707	Mitchell, Caroline	14	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
5	5:09.73	697	Moore, Kelsey	14	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	5:11.31	682	Furey, Katie	14	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
7	5:12.86	668	Tronolone, Nicole	14	NC Fayetteville YMCA Sea Dragons Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
8	5:13.78	659	Lawton, Casey	14	NC Marlins of Raleigh-Wolfpack Aquatics	10/24/2008	2008 NC RSA Kick Off Meet
9	5:14.08	656	Baird, Grace	14	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
9	5:14.08	656	Murch Elliot, Currie	14	NC SwimMAC Carolina	11/8/2008	2008 NC MAC vs Dynamo Dual

Boys Age 14 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:40.67	836	Lile, Nathan	14	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
2	4:41.62	827	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	4:41.71	826	Turcanu, Sava	14	NC YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	4:42.45	819	Henry, Andrew	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
5	4:51.72	734	Brumm, Pete	14	NC SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
6	4:51.83	733	Glenn, Kevin	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	4:53.66	716	Miller, Benjamin	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

8	4:53.67	716	Fox, Alex	14	NC	Winston-Salem YMCA Swim Team	4/6/2009	Champs 2009 FG YMCA Nationals SC
9	4:54.92	705	Purrman, Collin	14	NC	Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	4:58.34	675	Rogers, Jonathan	14	NC	Greensboro Swimming Assoc	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 14 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	10:05.50	871	Stenkvis, Henriette	14	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
2	10:10.86	847	Stringfield, Katy	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	10:15.74	824	Molloy, Kiera	14	NC YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	10:24.32	786	Mitchell, Caroline	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	10:32.56	749	Moore, Kelsey	14	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	10:33.26	746	Furey, Katie	14	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
7	10:37.20	729	Baird, Grace	14	NC Winston-Salem YMCA Swim Team	3/13/2009	2009 NC AP SC USY Championship
8	10:43.10	704	Tronolone, Nicole	14	NC Fayetteville YMCA Sea Dragons Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
9	10:43.92	701	Nobles, Claire	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
10	10:45.90	692	Frost, Sam	14	NC New South Swimming	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 14 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:35.13	885	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	9:37.41	875	Lile, Nathan	14	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
3	9:37.88	872	Turcanu, Sava	14	NC YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	9:50.69	813	Henry, Andrew	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
5	9:52.96	803	Glenn, Kevin	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
6	10:02.53	760	Miller, Benjamin	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	Champs 2009 NC SZ Eastern Sect AG Champs
7	10:06.44	743	Purrman, Collin	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	10:07.49	738	Fox, Alex	14	NC Winston-Salem YMCA Swim Team	1/16/2009	2009 SC Stingray Aquatics Winter
9	10:08.41	734	Rogers, Jonathan	14	NC Greensboro Swimming Assoc	2/19/2009	2009 NC 14 & Under Age Group C
10	10:11.36	721	Hurley, Matthew	14	NC Marlins of Raleigh-Wolfpack Aquatics	11/14/2008	2008 NC MOR Quad Meet

Girls Age 14 1650 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	17:02.67	840	Stenkvist, Henriette	14	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
2	17:05.48	832	Stringfield, Katy	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	17:10.09	820	Mitchell, Caroline	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	17:33.76	758	Baird, Grace	14	NC Winston-Salem YMCA Swim Team	3/13/2009	2009 NC AP SC USY Championship
5	17:34.74	756	Molloy, Kiera	14	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
6	17:49.72	718	Tronolone, Nicole	14	NC Fayetteville YMCA Sea Dragons Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
7	17:55.28	704	Martin, Hannah	14	NC Greensboro Swimming Assoc	12/5/2008	2008 NC NSS 13-14/Senior Winte
8	17:55.43	703	Frost, Sam	14	NC New South Swimming	2/19/2009	2009 NC 14 & Under Age Group C
9	18:00.38	691	Murch Elliot, Currie	14	NC SwimMAC Carolina	1/3/2009	2009 NC SwimMac Carolina IMX D
10	18:06.28	677	Furey, Katie	14	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 14 1650 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	16:05.83	867	Lile, Nathan	14	NC Smoky Mountain Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
2	16:09.48	858	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

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LSC: NC For Dates 9/1/2008 - 8/31/2009

3	16:11.81	852	Turcanu, Sava	14	NC	YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	16:27.87	813	Henry, Andrew	14	NC	Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
5	16:36.49	792	Glenn, Kevin	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	16:47.16	767	Purrman, Collin	14	NC	Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	16:59.34	738	Miller, Benjamin	14	NC	Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
8	17:01.65	732	Hurley, Matthew	14	NC	Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
9	17:06.63	721	Fox, Alex	14	NC	Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
10	17:09.11	715	Rogers, Jonathan	14	NC	Greensboro Swimming Assoc	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 14 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	55.84	894	Stenkvis, Henriette	14	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
2	59.01	756	Crawford, Kristin	14	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
3	59.28	744	Johnson, Faith	14	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	59.62	730	Smith, Lillie	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	59.82	722	Martin, Hannah	14	NC Greensboro Swimming Assoc	12/5/2008	2008 NC NSS 13-14/Senior Winte
6	1:00.05	712	Moore, Kelsey	14	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:00.26	704	Zou, Lisa	14	NC North Carolina Aquatic Club	1/16/2009	2009 GA 65th Annual Short Course Coach
8	1:00.30	702	Densmore, M.J.	14	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
9	1:00.40	698	Cooper, Linsay	14	NC SwimMAC Carolina	3/14/2009	2009 NC SZ Eastern Sect AG Champs
10	1:00.99	674	Kitchens, Ali	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 14 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	53.32	840	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	53.64	826	Wheeler, Reed	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	54.38	793	Sigmon, Wesley	14	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	54.48	789	Johns, Travis	14	NC Waves Of Wilmington, Inc.	2/19/2009	2009 NC 14 & Under Age Group C
5	54.66	781	Henry, Andrew	14	NC Raleigh Swimming Association	12/12/2008	2008 NC WAVE Fall States Invit
6	55.76	733	Deberry, Ryan	14	NC YMCA of Western North Carolina	1/16/2009	2009 SE Pilot January Classic
7	56.20	714	Hunter, Shawn	14	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
8	56.30	710	Parker, Aj	14	NC Unattached	2/6/2009	2009 NC OB 4A East Regionals
9	56.58	698	Wallace, Matt	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
9	56.58	698	Lile, Nathan	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 14 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:57.36	950	Stenkvist, Henriette	14	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
2	2:04.10	822	Mitchell, Caroline	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:05.89	789	Martin, Hannah	14	NC Greensboro Swimming Assoc	12/5/2008	2008 NC NSS 13-14/Senior Winte
4	2:06.73	774	Smith, Lillie	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	2:07.31	764	Mehaffey, Caitlin	14	NC Unattached	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:07.44	761	Moore, Kelsey	14	NC New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	2:08.90	735	Densmore, M.J.	14	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
8	2:10.64	704	Henry, Sarah	14	NC Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
9	2:10.82	701	Bryant, Caroline	14	NC SwimMAC Carolina	11/8/2008	2008 NC MAC vs Dynamo Dual

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LSC: NC For Dates 9/1/2008 - 8/31/2009

10 2:11.47 689 Cooper, Linsay 14 NC SwimMAC Carolina 12/5/2008 2008 NC NSS 13-14/Senior Winte

Boys Age 14 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:55.89	821	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	1:56.34	811	Henry, Andrew	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
3	1:58.18	773	Deberry, Ryan	14	NC YMCA of Western North Carolina	1/16/2009	2009 SE Pilot January Classic
4	1:58.68	763	Wheeler, Reed	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	1:59.46	747	Johns, Travis	14	NC Waves Of Wilmington, Inc.	2/19/2009	2009 NC 14 & Under Age Group C
6	2:01.15	712	Sigmon, Wesley	14	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
7	2:01.38	708	Thomson, Michael	14	NC Duke Aquatics	9/28/2008	2008 NC WAVE IMX Distance Day
8	2:01.41	707	Glenn, Kevin	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	2:02.57	684	Lile, Nathan	14	NC Smoky Mountain Aquatic Club	1/16/2009	2009 SE Pilot January Classic
10	2:02.64	683	Brumm, Pete	14	NC SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic

Girls Age 14 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:08.09	725	Murch Elliot, Currie	14	NC SwimMAC Carolina	12/5/2008	2008 NC NSS 13-14/Senior Winte
2	1:08.13	724	Stephens-Pickeral, Alistair	14	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	1:08.20	721	Schrum, Payton	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	1:08.46	713	McDonough, Ali	14	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
5	1:08.84	700	Johnson, Sierra	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	1:09.60	676	Johnson, Faith	14	NC Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	1:09.98	664	Weber, Caroline	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

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LSC: NC For Dates 9/1/2008 - 8/31/2009

8	1:10.01	663	Benson, Palmer	14	NC	Winston-Salem YMCA Swim Team	3/13/2009	2009 NC AP SC USY Championship
9	1:10.10	660	Murch Elliot, Billy	14	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
10	1:10.42	649	Mock, Lauren	14	NC	Star Aquatics	12/5/2008	2008 NC RSA Reindeer Meet

Boys Age 14 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:00.43	840	Dong, Christopher	14	NC Duke Aquatics	1/29/2009	2009 NC Senior Champs
2	1:00.90	822	Dozier, Daniel	14	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:01.07	816	Henry, Andrew	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
4	1:01.34	806	Chavez, Jose	14	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
5	1:01.72	792	Richard, Jacob	14	NC Gaston Gators	2/19/2009	2009 NC 14 & Under Age Group C
6	1:02.97	746	Wohlrab, Kurt	14	NC Sandhills Sand Sharks	12/5/2008	2008 SC Carolina Classic
7	1:03.31	734	Hoffman, Conor	14	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
8	1:03.69	721	Vosburgh, Tom	14	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
9	1:03.83	716	D'Alessio, Patch	14	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
10	1:04.61	688	White, Evan	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 14 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:27.81	711	Murch Elliot, Currie	14	NC SwimMAC Carolina	12/5/2008	2008 NC NSS 13-14/Senior Winte
2	2:28.64	699	Stephens-Pickeral, Alistair	14	NC Star Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:28.70	698	Johnson, Sierra	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	2:29.44	687	Mitchell, Caroline	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
5	2:29.71	683	Gan, Sophie	14	NC North Carolina Aquatic Club	12/5/2008	2008 NC NSS 13-14/Senior Winte
6	2:31.75	654	Weber, Caroline	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	2:31.96	651	Murch Elliot, Billy	14	NC SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C
8	2:32.18	648	Lawton, Casey	14	NC Marlins of Raleigh-Wolfpack Aquatics	10/24/2008	2008 NC RSA Kick Off Meet

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LSC: NC For Dates 9/1/2008 - 8/31/2009

9	2:32.37	645	McDonough, Ali	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	2:32.93	637	Giglio, Lindsey	14	NC	Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet

Boys Age 14 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:09.92	871	Henry, Andrew	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
2	2:10.11	868	Dong, Christopher	14	NC Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
3	2:13.47	814	Dozier, Daniel	14	NC New Wave Swim Team	1/17/2009	2009 GA Eastern Swim Classic
4	2:15.93	776	Hoffman, Conor	14	NC Duke Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	2:16.16	772	Chavez, Jose	14	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
6	2:17.25	755	Wohlrab, Kurt	14	NC Sandhills Sand Sharks	12/5/2008	2008 SC Carolina Classic
7	2:17.94	744	Richard, Jacob	14	NC Gaston Gators	2/19/2009	2009 NC 14 & Under Age Group C
8	2:17.98	744	Cade, Ryan	14	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
9	2:18.48	736	Glenn, Kevin	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	2:19.87	715	Harmon, Clay	14	NC Marlins of Raleigh-Wolfpack Aquatics	2/19/2009	2009 NC 14 & Under Age Group C

Girls Age 14 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	56.78	824	Bryant, Caroline	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	57.04	814	Cooper, Linsay	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	57.42	799	Mehaffey, Caitlin	14	NC Unattached	2/19/2009	2009 NC 14 & Under Age Group C
4	58.21	768	Garbarino, Krysta	14	NC New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
5	58.34	763	Mitchell, Caroline	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	59.72	710	Schaefer, Jamie	14	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
7	59.78	708	Stenkivist, Henriette	14	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
8	59.89	704	Gampe, Mariel	14	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C

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LSC: NC For Dates 9/1/2008 - 8/31/2009

9	59.91	703	Mendes, Lexi	14	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
10	59.99	700	Bosek, Lindsay	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Boys Age 14 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	52.63	834	Turcanu, Sava	14	NC YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
2	53.65	788	Darmody, Kyle	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	54.71	741	Johns, Travis	14	NC Waves Of Wilmington, Inc.	3/12/2009	2009 NC SZ Eastern Sect AG Champs
4	54.73	740	Glenn, Kevin	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	54.82	737	Blackwell, Dylan	14	NC Cape Fear Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	54.91	733	Vosburgh, Tom	14	NC Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
7	55.00	729	Brumm, Pete	14	NC SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
8	55.35	713	Sowers, Zack	14	NC New Wave Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
9	55.42	710	Lile, Nathan	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	55.56	704	Harrison, Logan	14	NC New Wave Swim Team	3/20/2009	2009 NC WAVE Tarheel States In

Girls Age 14 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:02.10	869	Mitchell, Caroline	14	NC Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	2:03.92	838	Mehaffey, Caitlin	14	NC Unattached	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:06.79	790	Bryant, Caroline	14	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:08.95	754	Gampe, Mariel	14	NC North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
5	2:09.61	743	Garbarino, Krysta	14	NC New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
6	2:12.31	699	Stenkvis, Henriette	14	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me

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LSC: NC For Dates 9/1/2008 - 8/31/2009

7	2:13.18	685	Henry, Sarah	14	NC	Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
8	2:13.25	684	Covert, Emily	14	NC	Stingray Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
9	2:14.28	667	Crawford, Kristin	14	NC	YMCA of the Triangle Area Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
10	2:14.62	662	Molloy, Kiera	14	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Boys Age 14 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:53.45	895	Turcanu, Sava	14	NC	YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	1:56.45	835	Glenn, Kevin	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:00.49	755	Vosburgh, Tom	14	NC	Duke Aquatics	2/19/2009	2009 NC 14 & Under Age Group C
4	2:01.31	739	Henry, Andrew	14	NC	Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
5	2:02.17	722	Werden, Alex	14	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
6	2:02.36	719	Brumm, Pete	14	NC	SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
7	2:02.58	715	Lile, Nathan	14	NC	Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	2:03.06	705	Chavez, Jose	14	NC	Unattached	11/14/2008	2008 NC RSA-NCAC Dual Meet
9	2:03.15	704	Blackwell, Dylan	14	NC	Cape Fear Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	2:03.57	696	Dong, Christopher	14	NC	Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte

Girls Age 14 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	2:07.18	800	Stenkvist, Henriette	14	NC	Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
2	2:08.80	768	Johnson, Faith	14	NC	Star Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
3	2:08.82	768	Mitchell, Caroline	14	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:10.92	727	Pruden, Cathleen	14	NC	Unattached	2/23/2009	2009 NC OB NCISSA 3A STATE CHAMPS
5	2:11.16	722	Molloy, Kiera	14	NC	Unattached	2/6/2009	2009 NC OB 4A East Regionals

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LSC: NC For Dates 9/1/2008 - 8/31/2009

6	2:11.88	709	Mehaffey, Caitlin	14	NC	Unattached	3/12/2009	2009 NC SZ Eastern Sect AG Champs
6	2:11.88	709	Pou, Sarah Morgan	14	NC	Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
8	2:11.92	708	Isetts, Heather	14	NC	SwimMAC Carolina	11/8/2008	2008 NC MAC vs Dynamo Dual
9	2:12.63	694	Ashcraft, Alexa	14	NC	Unattached	10/11/2008	2008 SC 4A HS Champs
10	2:12.96	688	Gampe, Mariel	14	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 14 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	1:54.42	906	Henry, Andrew	14	NC	Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:56.72	853	Chavez, Jose	14	NC	Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
3	1:59.74	786	Johns, Travis	14	NC	Waves Of Wilmington, Inc.	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:01.56	746	Glenn, Kevin	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	2:01.79	741	Darmody, Kyle	14	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	2:02.45	727	Brumm, Pete	14	NC	SwimMAC Carolina	12/5/2008	2008 NC NSS 13-14/Senior Winte
7	2:02.58	724	Dong, Christopher	14	NC	Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
8	2:02.99	716	White, Evan	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
9	2:03.94	696	Turcanu, Sava	14	NC	YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
10	2:03.97	695	Wheeler, Reed	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs

Girls Age 14 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	4:25.37	826	Mitchell, Caroline	14	NC	Marlins of Raleigh-Wolfpack Aquatics	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	4:27.44	808	Stenkvis, Henriette	14	NC	Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
3	4:28.21	801	Molloy, Kiera	14	NC	YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	4:35.50	737	Gampe, Mariel	14	NC	North Carolina Aquatic Club	2/19/2009	2009 NC 14 & Under Age Group C
5	4:36.10	731	Martin, Hannah	14	NC	Greensboro Swimming Assoc	12/5/2008	2008 NC NSS 13-14/Senior Winte

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

6	4:37.06	723	Moore, Kelsey	14	NC	New Wave Swim Team	3/12/2009	2009 NC SZ Eastern Sect AG Champs
7	4:40.30	695	Johnson, Sierra	14	NC	SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
8	4:40.63	692	Pruden, Cathleen	14	NC	YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
9	4:41.67	683	Henry, Sarah	14	NC	Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
10	4:42.26	678	Murch Elliot, Currie	14	NC	SwimMAC Carolina	2/19/2009	2009 NC 14 & Under Age Group C

Boys Age 14 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:06.70	871	Glenn, Kevin	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
2	4:09.84	840	Henry, Andrew	14	NC Raleigh Swimming Association	2/19/2009	2009 NC 14 & Under Age Group C
3	4:12.95	809	Turcanu, Sava	14	NC YMCA Seahorse Swim Team	2/19/2009	2009 NC 14 & Under Age Group C
4	4:14.61	793	Lile, Nathan	14	NC Smoky Mountain Aquatic Club	3/12/2009	2009 NC SZ Eastern Sect AG Champs
5	4:16.02	779	Chavez, Jose	14	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
6	4:18.88	751	Brumm, Pete	14	NC SwimMAC Carolina	1/17/2009	2009 GA Eastern Swim Classic
7	4:20.44	737	Fox, Alex	14	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
8	4:22.57	717	Hurley, Matthew	14	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
9	4:25.52	689	Wheeler, Reed	14	NC SwimMAC Carolina	3/12/2009	2009 NC SZ Eastern Sect AG Champs
10	4:26.27	682	Deforest, Mitch	14	NC New Wave Swim Team	9/28/2008	2008 NC WAVE IMX Distance Day

Girls Age 15 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	23.32	851	Benson, Sabrina	15	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	23.97	787	Powell, Haley	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	24.23	762	Fish, Ana	15	NC Sandhills Sand Sharks	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

4	24.65	721	Bosek, Lindsay	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
5	24.76	711	Larson, Nancy	15	NC	Star Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	24.85	702	Woody, Julie	15	NC	New Wave Swim Team	1/17/2009	2009 GA Eastern Swim Classic
7	24.86	702	Mascia, Nina	15	NC	New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
8	24.91	697	Lawton, Casey	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	25.01	687	Lester, Michelle	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	25.04	685	Godlewski, Jessie	15	NC	Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me

Boys Age 15 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	21.32	855	Bonk, Joe	15	NC	YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	21.35	852	Glavich, Dominick	15	NC	YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	21.51	836	Bittner, Bobby	15	NC	Carteret Currents Swimming	3/27/2009	2009 NC ECSL Championships
4	21.75	814	Tilque, Chris	15	NC	North Mecklenburg Aquatics, Inc	12/12/2008	2008 NC NOMAD Holiday Meet
5	21.91	799	Heck, Logan	15	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	22.16	775	Rogers, Kevin	15	NC	YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
7	22.18	773	Gates, Percy	15	NC	Star Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	22.26	766	Clayton-Luce, Ollie	15	NC	YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
9	22.41	752	Riley, Joe	15	NC	Star Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	22.46	747	Ashcraft, Evan	15	NC	Team Charlotte Swimming	10/25/2008	2008 SC CA Autumn Splash

Girls Age 15 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	50.66	848	Benson, Sabrina	15	NC	YMCA of the Triangle Area Swim Team	4/7/2009	2009 FG YMCA Nationals SC
2	51.45	807	Stenkvist, Henriette	15	NC	Raleigh Swimming Association	3/6/2009	2009 NC SZ Eastern Section Sr.
3	52.41	759	Powell, Haley	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

4	53.05	727	Larson, Nancy	15	NC	Star Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
5	53.10	725	Mascia, Nina	15	NC	New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
6	53.19	720	Isetts, Heather	15	NC	SwimMAC Carolina	1/17/2009	2009 NC MAC Senior Intrasquad
7	53.37	711	Fish, Ana	15	NC	Sandhills Sand Sharks	3/5/2009	2009 NC SZ Eastern Section Sr.
8	53.71	695	Lawton, Casey	15	NC	Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
9	53.97	683	Woody, Julie	15	NC	New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
10	54.06	678	Tomlinson, Hayley	15	NC	YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

Boys Age 15 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	46.22	877	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	46.82	846	Bonk, Joe	15	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
3	47.52	810	Tilque, Chris	15	NC North Mecklenburg Aquatics, Inc	12/12/2008	2008 NC NOMAD Holiday Meet
4	47.79	796	Heck, Logan	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	47.96	787	Donnalley, Mike	15	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
6	48.06	782	Rogers, Kevin	15	NC YMCA of the Triangle Area Swim Team	10/24/2008	2008 NC RSA Kick Off Meet
7	48.33	769	Darmody, Kip	15	NC SwimMAC Carolina	1/17/2009	2009 NC MAC Senior Intrasquad
8	48.39	766	Bittner, Bobby	15	NC Carteret Currents Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
8	48.39	766	Ashcraft, Evan	15	NC Team Charlotte Swimming	1/16/2009	2009 SE Pilot January Classic
10	48.95	738	Williams, Graham	15	NC YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC

Girls Age 15 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:49.65	844	Stenkvis, Henriette	15	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
2	1:51.23	802	Powell, Haley	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:52.55	767	Isetts, Heather	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

4	1:53.02	755	Mascia, Nina	15	NC	New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
5	1:53.73	737	Meyer, Theresa	15	NC	North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
6	1:53.81	735	Tomlinson, Hayley	15	NC	YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
7	1:54.05	729	Lawton, Casey	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	1:54.37	721	Benson, Sabrina	15	NC	YMCA of the Triangle Area Swim Team	1/29/2009	2009 NC Senior Champs
9	1:54.62	715	Godlewski, Jessie	15	NC	Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
10	1:54.65	714	Martin, Hannah	15	NC	Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs

Boys Age 15 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:39.26	929	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	1:43.57	813	Donnalley, Mike	15	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:44.67	785	Williams, Graham	15	NC YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	1:44.69	785	Bonk, Joe	15	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
5	1:44.81	782	Heck, Logan	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:45.22	771	Bittner, Bobby	15	NC Carteret Currents Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:45.34	768	Brumm, Pete	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	1:45.61	761	Brogden, Harrison	15	NC Star Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	1:45.77	757	Turpin, Zane	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	1:46.09	749	Rogers, Kevin	15	NC YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat

Girls Age 15 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:58.88	777	Meyer, Theresa	15	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
2	4:58.94	777	Lawton, Casey	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
3	5:05.56	712	Godlewski, Jessie	15	NC Unattached	2/6/2009	2009 NC OB 4A East Regionals

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

4	5:06.10	707	Linker, Katelyn	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
5	5:06.36	704	Mascia, Nina	15	NC	New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
6	5:07.73	691	Marinshaw, Dania	15	NC	Duke Aquatics	9/28/2008	2008 NC WAVE IMX Distance Day
7	5:08.01	688	Isetts, Heather	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	5:09.39	675	Mitchell, Victoria	15	NC	Marlins of Raleigh-Wolfpack Aquatics	10/24/2008	2008 NC RSA Kick Off Meet
9	5:09.48	675	Plevka, Katherine	15	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	5:09.85	671	Bullock, Anna Blair	15	NC	Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

Boys Age 15 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:34.31	845	Williams, Graham	15	NC YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	4:36.25	826	Ashcraft, Evan	15	NC Unattached	10/11/2008	2008 SC 4A HS Champs
3	4:39.65	793	Donnalley, Mike	15	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
4	4:39.99	790	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	10/24/2008	2008 NC RSA Kick Off Meet
5	4:42.70	765	Turpin, Zane	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	4:46.34	731	Duggins, Matt	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	4:46.67	728	Brumm, Pete	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	4:47.86	717	Rogers, Kevin	15	NC YMCA of the Triangle Area Swim Team	10/24/2008	2008 NC RSA Kick Off Meet
9	4:48.56	711	Newell, John	15	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
10	4:48.72	709	Deforest, Mitch	15	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.

Girls Age 15 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	10:18.43	791	Lawton, Casey	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
2	10:18.93	788	Linker, Katelyn	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	10:20.21	783	Godlewski, Jessie	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
4	10:23.69	767	Mitchell, Victoria	15	NC Marlins of Raleigh-Wolfpack Aquatics	11/14/2008	2008 NC MOR Quad Meet

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

5	10:24.24	765	Meyer, Theresa	15	NC	North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
6	10:38.80	701	Plevka, Katherine	15	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	10:42.96	684	Powell, Haley	15	NC	SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
8	10:43.67	681	Pena, Tessa	15	NC	Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
9	10:45.09	675	Frith, Ashley	15	NC	New South Swimming	11/14/2008	2008 NC MOR Quad Meet
10	10:49.87	655	Bullock, Anna Blair	15	NC	Winston-Salem YMCA Swim Team	1/16/2009	2009 SC Stingray Aquatics Winter

Boys Age 15 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	9:27.42	867	Williams, Graham	15	NC	YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	9:31.30	848	Turpin, Zane	15	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	9:48.36	769	Glavich, Dominick	15	NC	YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
4	9:49.59	763	Newell, John	15	NC	Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
5	9:55.48	737	Mason, Christian	15	NC	New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
6	9:55.76	736	Spake, Garrett	15	NC	Rowan Aquatic Club - YMCA	4/6/2009	2009 FG YMCA Nationals SC
7	9:57.52	728	Newland, Matthew	15	NC	Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
8	9:57.82	726	Duggins, Matt	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	10:01.42	711	Kirby, Graham	15	NC	New South Swimming	11/14/2008	2008 NC MOR Quad Meet
10	10:02.65	705	Frazelle, Chase	15	NC	Winston-Salem YMCA Swim Team	1/29/2009	2009 NC Senior Champs

Girls Age 15 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	17:14.90	780	Meyer, Theresa	15	NC	North Carolina Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
2	17:16.26	777	Godlewski, Jessie	15	NC	Raleigh Swimming Association	3/17/2009	2009 FL NCSA Junior Nats
3	17:18.45	771	Lawton, Casey	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	17:22.06	761	Linker, Katelyn	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
5	17:46.28	700	Murch Elliot, Currie	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	17:52.49	684	Giamber, Nicole	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
7	17:54.42	679	Frith, Ashley	15	NC	New South Swimming	1/9/2009	2009 GA ABSC Senior Circuit

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

								Meet
8	17:57.47	672	Renn, Lydia	15	NC	North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
9	18:07.10	648	Carlisle, Caroline	15	NC	New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
10	18:09.64	642	Santoli, Alex	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Boys Age 15 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	15:37.31	888	Williams, Graham	15	NC YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	16:14.34	795	Turpin, Zane	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	16:21.80	777	Bonk, Joe	15	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
4	16:22.96	774	Snyder, Austin	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
5	16:29.46	758	Newell, John	15	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	16:29.93	757	Mason, Christian	15	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
7	16:38.33	737	Duggins, Matt	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	16:38.34	737	Deforest, Mitch	15	NC New Wave Swim Team	1/4/2009	2009 NC RSA January Distance D
9	16:39.46	734	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn
10	16:40.01	733	Newland, Matthew	15	NC Raleigh Swimming Association	1/4/2009	2009 NC RSA January Distance D

Girls Age 15 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	55.08	900	Benson, Sabrina	15	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	55.46	883	Stenkvist, Henriette	15	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
3	55.92	863	Martin, Hannah	15	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
4	56.51	836	Powell, Haley	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
5	57.53	792	Riggs, Lexi	15	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
6	57.56	790	Gaeckle, Erin	15	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
7	58.14	765	Carlisle, Caroline	15	NC Unattached	2/13/2009	2009 NC OB 4A State

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

								Championships
8	58.71	741	Schroeder, Sydney	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	59.13	723	Stephenson, Hannah	15	NC	YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
10	59.65	702	Lawton, Casey	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In

Boys Age 15 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	49.29	972	Darmody, Kip	15	NC	SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
2	50.43	918	Higgins, Collin	15	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	51.26	879	Bittner, Bobby	15	NC	Unattached	2/14/2009	2009 NC OB 3A State Championships
4	51.30	878	Glavich, Dominick	15	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
5	51.37	874	Brogden, Harrison	15	NC	Unattached	2/14/2009	2009 NC OB 3A State Championships
6	53.77	766	Lambert, Zack	15	NC	Stingray Aquatics	1/29/2009	2009 NC Senior Champs
7	54.59	729	Thomson, Michael	15	NC	Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	54.70	725	Eiden, Alex	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	54.76	722	Tilque, Chris	15	NC	North Mecklenburg Aquatics, Inc	12/12/2008	2008 NC NOMAD Holiday Meet
10	54.92	715	Bonk, Joe	15	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 15 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	1:57.28	929	Stenkivist, Henriette	15	NC	Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:57.85	918	Martin, Hannah	15	NC	Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:59.52	886	Powell, Haley	15	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:01.59	847	Benson, Sabrina	15	NC	YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
5	2:04.72	788	Riggs, Lexi	15	NC	Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
6	2:05.10	781	Carlisle, Caroline	15	NC	New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.

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LSC: NC For Dates 9/1/2008 - 8/31/2009

7	2:06.34	759	Godlewski, Jessie	15	NC	Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
8	2:06.47	756	Mitchell, Victoria	15	NC	Marlins of Raleigh-Wolfpack Aquatics	11/14/2008	2008 NC MOR Quad Meet
9	2:08.66	717	Linker, Katelyn	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	2:08.80	714	Schroeder, Sydney	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Boys Age 15 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:49.35	923	Darmody, Kip	15	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
2	1:50.51	897	Higgins, Collin	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:52.39	856	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
4	1:52.68	849	Brogden, Harrison	15	NC Star Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:56.65	765	Thomson, Michael	15	NC Duke Aquatics	1/29/2009	2009 NC Senior Champs
6	1:56.98	758	Hill, Tyler	15	NC SwimMAC Carolina	12/5/2008	2008 NC NSS 13-14/Senior Winte
7	1:57.88	739	Frazelle, Chase	15	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
8	1:58.16	733	Eiden, Alex	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	1:58.35	729	Deberry, Ryan	15	NC YMCA of Western North Carolina	4/6/2009	2009 FG YMCA Nationals SC
10	1:58.49	726	Bonk, Joe	15	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 15 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:06.43	774	Giamber, Nicole	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
2	1:06.60	768	Benson, Sabrina	15	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	1:06.76	763	Steagall, Lauren	15	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
4	1:07.11	751	Plevka, Katherine	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:07.13	750	Nordstrom, Emily	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:07.68	732	Marett, Emily	15	NC Asheville Swim Club	1/16/2009	2009 SE Pilot January Classic
7	1:07.82	728	Linker, Katelyn	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

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LSC: NC For Dates 9/1/2008 - 8/31/2009

8	1:07.96	723	Gan, Zoe	15	NC	North Carolina Aquatic Club	11/14/2008	2008 NC RSA-NCAC Dual Meet
9	1:08.35	710	Murch Elliot, Currie	15	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	1:09.19	683	Lawton, Casey	15	NC	Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In

Boys Age 15 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	56.39	928	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	58.67	839	Bittner, Bobby	15	NC Carteret Currents Swimming	3/27/2009	2009 NC ECSL Championships
3	58.93	829	Dong, Christopher	15	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	59.36	812	Wohlrab, Kurt	15	NC Sandhills Sand Sharks	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:00.12	783	Connor, Seth	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:00.44	771	Young, Bill	15	NC Asheville Swim Club	1/16/2009	2009 SE Pilot January Classic
7	1:02.02	712	Key, Aaron	15	NC Star Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
8	1:02.20	706	Fullerton, Adam	15	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
9	1:02.21	705	Chavez, Jose	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
10	1:02.38	699	Roycroft, Preston	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 15 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:19.64	834	Plevka, Katherine	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	2:22.01	798	Giamber, Nicole	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
3	2:22.41	792	Gan, Zoe	15	NC North Carolina Aquatic Club	12/5/2008	2008 NC NSS 13-14/Senior Winte
4	2:23.03	783	Linker, Katelyn	15	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
5	2:24.77	757	Marett, Emily	15	NC Asheville Swim Club	12/5/2008	2008 NC NSS 13-14/Senior Winte
6	2:26.63	729	Lester, Michelle	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	2:26.76	727	Nordstrom, Emily	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	2:27.17	721	Lawton, Casey	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	2:27.31	719	Pena, Tessa	15	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
10	2:28.12	707	Murch Elliot, Currie	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 15 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:05.90	868	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
2	2:10.25	797	Dong, Christopher	15	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:10.38	794	Young, Bill	15	NC Asheville Swim Club	12/5/2008	2008 NC NSS 13-14/Senior Winte
4	2:11.35	779	Wohlrab, Kurt	15	NC Sandhills Sand Sharks	3/5/2009	2009 NC SZ Eastern Section Sr.
5	2:12.57	759	Chavez, Jose	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
6	2:14.01	736	Ashcraft, Evan	15	NC Team Charlotte Swimming	10/25/2008	2008 SC CA Autumn Splash
7	2:14.29	732	Connor, Seth	15	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
8	2:14.62	726	Heck, Logan	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	2:16.04	704	Fullerton, Adam	15	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
10	2:16.73	693	Daw, Matt	15	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 15 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	54.58	886	Benson, Sabrina	15	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	57.78	759	Woody, Julie	15	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
3	57.80	758	Howard, Chelsea	15	NC Duke Aquatics	10/24/2008	2008 NC RSA Kick Off Meet
4	57.81	758	Gan, Zoe	15	NC North Carolina Aquatic Club	12/5/2008	2008 NC NSS 13-14/Senior Winte
5	58.22	742	Martin, Hannah	15	NC Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs
6	58.35	737	Linker, Katelyn	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
7	58.37	736	Mascia, Nina	15	NC New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
8	58.53	730	Garbarino, Krysta	15	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
9	58.63	726	Facchine, Emily	15	NC Unattached	2/6/2009	2009 NC OB 4A East Regionals
10	58.64	726	Godlewski, Jessie	15	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs

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Boys Age 15 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	49.19	934	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	50.68	863	Bittner, Bobby	15	NC Carteret Currents Swimming	3/27/2009	2009 NC ECSL Championships
3	51.54	823	Heck, Logan	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	51.73	814	Darmody, Kip	15	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
5	52.78	766	Williams, David	15	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
6	52.99	756	Higgins, Collin	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	53.02	755	Newell, John	15	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	53.08	752	Brogden, Harrison	15	NC Star Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	53.35	740	Wohlrab, Kurt	15	NC Sandhills Sand Sharks	3/5/2009	2009 NC SZ Eastern Section Sr.
10	53.42	737	Mason, Christian	15	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.

Girls Age 15 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:04.43	805	Benson, Sabrina	15	NC YMCA of the Triangle Area Swim Team	1/29/2009	2009 NC Senior Champs
2	2:06.43	772	Gan, Zoe	15	NC North Carolina Aquatic Club	12/11/2008	2008 Speedo SCY Juniors
3	2:06.86	764	Linker, Katelyn	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:07.10	760	Mascia, Nina	15	NC New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
5	2:07.17	759	Godlewski, Jessie	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
6	2:08.47	738	Garbarino, Krysta	15	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
7	2:10.20	709	Howard, Chelsea	15	NC Duke Aquatics	10/24/2008	2008 NC RSA Kick Off Meet
8	2:10.34	707	Marett, Emily	15	NC Asheville Swim Club	12/5/2008	2008 NC NSS 13-14/Senior Winte
9	2:11.05	695	Stenkvis, Henriette	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
10	2:11.22	692	Isetts, Heather	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

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Boys Age 15 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:48.79	932	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	1:53.55	832	Heck, Logan	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:54.45	814	Mason, Christian	15	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
4	1:54.92	804	Darmody, Kip	15	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
5	1:55.21	798	Newell, John	15	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:55.40	794	Turpin, Zane	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:56.44	773	Rogers, Kevin	15	NC YMCA of the Triangle Area Swim Team	10/24/2008	2008 NC RSA Kick Off Meet
8	1:57.81	746	Thomson, Michael	15	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	1:58.36	735	Williams, David	15	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
10	1:58.81	726	Brogden, Harrison	15	NC Star Aquatics	12/5/2008	2008 NC RSA Reindeer Meet

Girls Age 15 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:05.26	811	Stenkvis, Henriette	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
2	2:07.04	775	Plevka, Katherine	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:07.18	772	Linker, Katelyn	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:07.36	769	Tomlinson, Hayley	15	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
5	2:09.32	730	Godlewski, Jessie	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
6	2:09.59	725	Lawton, Casey	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	2:10.09	715	Marett, Emily	15	NC Asheville Swim Club	1/16/2009	2009 SE Pilot January Classic
8	2:10.27	712	Giamber, Nicole	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	2:10.84	701	Isetts, Heather	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	2:10.90	700	Benson, Sabrina	15	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

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Boys Age 15 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:50.17	940	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	1:53.78	855	Ashcraft, Evan	15	NC Unattached	10/11/2008	2008 SC 4A HS Champs
3	1:54.18	845	Heck, Logan	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	1:55.12	824	Darmody, Kip	15	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
5	1:55.31	819	Chavez, Jose	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:59.49	725	Thomson, Michael	15	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
7	2:00.11	712	Young, Bill	15	NC Asheville Swim Club	1/16/2009	2009 SE Pilot January Classic
8	2:00.35	707	Heiser, Chad	15	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
9	2:00.98	693	Higgins, Collin	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	2:01.26	687	Turpin, Zane	15	NC SwimMAC Carolina	1/17/2009	2009 NC MAC Senior Intrasquad

Girls Age 15 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:23.01	834	Linker, Katelyn	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
2	4:29.46	776	Lawton, Casey	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
3	4:29.96	772	Stenkivist, Henriette	15	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
4	4:30.95	763	Martin, Hannah	15	NC Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs
5	4:31.46	758	Godlewski, Jessie	15	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
6	4:31.57	757	Plevka, Katherine	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	4:31.58	757	Mitchell, Victoria	15	NC Marlins of Raleigh-Wolfpack Aquatics	10/24/2008	2008 NC RSA Kick Off Meet
8	4:33.55	740	Carlisle, Caroline	15	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
9	4:33.95	736	Giamber, Nicole	15	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	4:34.23	734	Tomlinson, Hayley	15	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC

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Boys Age 15 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:06.62	818	Glavich, Dominick	15	NC YMCA of the Triangle Area Swim Team	10/24/2008	2008 NC RSA Kick Off Meet
2	4:07.91	805	Darmody, Kip	15	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
3	4:08.25	802	Turpin, Zane	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	4:11.98	765	Heck, Logan	15	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	4:13.46	751	Young, Bill	15	NC Asheville Swim Club	1/16/2009	2009 SE Pilot January Classic
6	4:16.23	724	Williams, David	15	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In
7	4:16.33	723	Rogers, Kevin	15	NC YMCA of the Triangle Area Swim Team	11/7/2008	2008 NC WAVE Blue Moon Invitat
8	4:16.83	718	Bonk, Joe	15	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
9	4:17.35	713	Thomson, Michael	15	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	4:17.58	711	Higgins, Collin	15	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 16 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	23.68	812	Ormand, Sam	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	23.93	788	Poff, Kaitlyn	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
3	24.05	776	Cooper, Casey	16	NC Sandhills Sand Sharks	3/29/2009	2009 NC ECSL Championships
4	24.16	765	Marinshaw, Dania	16	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
5	24.25	757	Tysinger, Emily	16	NC Unattached	3/5/2009	2009 NC SZ Eastern Section Sr.
6	24.28	754	Howard, Chelsea	16	NC Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors
7	24.54	729	Woodling, Bailey	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	24.54	729	Diemer, Kristin	16	NC Star Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	24.71	713	Robinson, Mackenzie	16	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	24.82	702	Mascia, Nina	16	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.

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Boys Age 16 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	21.15	819	White, Jake	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
2	21.53	782	Yacynych, Kenny	16	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
3	21.54	781	Darmody, Kip	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
4	21.65	771	Taylor, Matt	16	NC YMCA of the Triangle Area Swim Team	1/29/2009	2009 NC Senior Champs
5	21.78	758	Sloan, Anderson	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	21.83	753	Williams, Robertson	16	NC Unattached	2/23/2009	2009 NC OB NCISSA 3A STATE CHAMPS
7	21.84	752	Tilque, Chris	16	NC North Mecklenburg Aquatics, Inc	3/5/2009	2009 NC SZ Eastern Section Sr.
8	21.85	751	Hubbard, Sawyer	16	NC N. Piedmont Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
8	21.85	751	Mendelson, Willie	16	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
10	21.88	749	Bowden, Daniel	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 16 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	51.10	819	Ormand, Sam	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	51.25	812	Marinshaw, Dania	16	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
3	51.46	801	Henry, Sarah	16	NC Raleigh Swimming Association	11/14/2008	2008 NC RSA-NCAC Dual Meet
4	52.18	765	Poff, Kaitlyn	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	52.30	759	Tysinger, Emily	16	NC Unattached	3/5/2009	2009 NC SZ Eastern Section Sr.
6	52.40	754	Mascia, Nina	16	NC New Wave Swim Team	3/6/2009	2009 NC SZ Eastern Section Sr.
7	52.48	750	Howard, Chelsea	16	NC Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors
8	52.49	749	Woodling, Bailey	16	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
9	53.26	711	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	53.37	706	Gaeckle, Erin	16	NC Unattached	2/14/2009	2009 NC OB 3A State Championships

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 16 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	46.16	827	Darmody, Kip	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
2	46.49	809	Taylor, Matt	16	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	47.02	782	Ashcraft, Evan	16	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
4	47.04	781	Mendelson, Willie	16	NC Greensboro Swimming Assoc	3/6/2009	2009 NC SZ Eastern Section Sr.
5	47.17	774	Burton, Chad	16	NC Greensboro Community YMCA	3/13/2009	2009 NC AP SC USY Championship
6	47.26	770	Yacynych, Kenny	16	NC New Wave Swim Team	3/17/2009	2009 FL NCSA Junior Nats
7	47.39	763	White, Jake	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	47.70	747	Berens, Tim	16	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
9	47.76	744	Hubbard, Sawyer	16	NC Unattached	10/25/2008	2008 NC GG Great Pumpkin Meet
10	47.83	741	Bowden, Daniel	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 16 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:47.23	897	Henry, Sarah	16	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
2	1:48.43	864	Marinshaw, Dania	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:50.86	799	Baird, Kelly Ann	16	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
4	1:51.26	788	Mascia, Nina	16	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
5	1:52.60	753	Smith, Meghan	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:52.87	746	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	1/29/2009	2009 NC Senior Champs
7	1:53.22	738	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	1:53.55	729	Tysinger, Emily	16	NC Unattached	3/5/2009	2009 NC SZ Eastern Section Sr.
9	1:54.14	714	Gaeckle, Erin	16	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
10	1:54.86	696	Blalock, Cari	16	NC Waves Of Wilmington, Inc.	1/29/2009	2009 NC Senior Champs

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Boys Age 16 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:41.67	789	Taylor, Matt	16	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	1:42.13	777	Yacynych, Kenny	16	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:42.81	759	Hill, Tyler	16	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
4	1:42.99	754	Ashcraft, Evan	16	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
5	1:43.65	737	Rogers, Kevin	16	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
6	1:44.47	716	Nilsson, Andreas	16	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:44.84	707	Blinn, Michael	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	1:45.06	701	Corley, Andrew	16	NC North Mecklenburg Aquatics, Inc	3/5/2009	2009 NC SZ Eastern Section Sr.
9	1:45.11	700	Berens, Tim	16	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
10	1:45.30	695	Hudgins, Heath	16	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs

Girls Age 16 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:49.91	848	Marinshaw, Dania	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
2	4:51.68	830	Baird, Kelly Ann	16	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
3	4:54.97	796	Henry, Sarah	16	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
4	4:58.05	765	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
5	4:58.06	765	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
6	5:03.72	709	Frith, Ashley	16	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
7	5:06.93	678	Smith, Meghan	16	NC Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
8	5:07.10	677	Blalock, Cari	16	NC Waves Of Wilmington, Inc.	12/5/2008	2008 NC RSA Reindeer Meet
9	5:07.20	676	Lindblom, Syd	16	NC Unattached	2/23/2009	2009 NC OB NCISSA 3A STATE CHAMPS

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10	5:10.41	646	Pugh, Lizzie	16	NC	SwimMAC Carolina	11/8/2008	2008 GA Dynamo vs MAC Senior Dual
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Boys Age 16 500 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:33.09	818	Darmody, Kip	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
2	4:39.42	757	Taylor, Matt	16	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	4:39.44	757	Nilsson, Andreas	16	NC New South Swimming	3/20/2009	2009 NC MAC Tarheel States
4	4:39.48	756	Walters, Nathan	16	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
5	4:40.53	746	Yeatts, Christian	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	4:42.16	731	Ashcraft, Evan	16	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
7	4:43.30	721	Blinn, Michael	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	4:43.97	714	Hill, Tyler	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	4:44.50	710	Kirby, Graham	16	NC New South Swimming	1/29/2009	2009 NC Senior Champs
10	4:46.91	687	Purrman, Kyle	16	NC Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet

Girls Age 16 1000 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	9:49.56	895	Henry, Sarah	16	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
2	9:49.57	895	Marinshaw, Dania	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	10:04.30	826	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	10:08.33	807	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
5	10:11.59	792	Baird, Kelly Ann	16	NC Winston-Salem YMCA Swim Team	1/29/2009	2009 NC Senior Champs
6	10:19.76	756	Frith, Ashley	16	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
7	10:30.16	710	Lindblom, Syd	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	10:38.22	675	Blalock, Cari	16	NC Waves Of Wilmington, Inc.	11/7/2008	2008 NC WAVE Blue Moon Invitat
9	10:39.13	671	Cox, Courtney	16	NC Stingray Aquatics	1/29/2009	2009 NC Senior Champs
10	10:40.75	664	Pena, Tessa	16	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.

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Boys Age 16 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:31.76	801	Nilsson, Andreas	16	NC New South Swimming	3/20/2009	2009 NC MAC Tarheel States
2	9:40.47	761	Yeatts, Christian	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	9:42.07	753	Rogers, Kevin	16	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	9:43.08	749	Kirby, Graham	16	NC New South Swimming	1/29/2009	2009 NC Senior Champs
5	9:52.63	706	Beatty, George	16	NC North Carolina Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
6	9:52.77	705	Newland, Matthew	16	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
7	9:59.28	676	Purrman, Kyle	16	NC Smoky Mountain Aquatic Club	11/14/2008	2008 SC YSSC 15th Annual Thanksgiving
8	10:01.67	666	Levinson, Ethan	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	10:01.68	666	Love, Dillon	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	10:04.01	655	Butler, Reilly	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

Girls Age 16 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:46.54	847	Marinshaw, Dania	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
2	16:46.85	846	Baird, Kelly Ann	16	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	16:58.16	815	Henry, Sarah	16	NC Raleigh Swimming Association	11/2/2008	2008 NC RSA November Distance
4	17:01.00	808	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	1/29/2009	2009 NC Senior Champs
5	17:09.00	787	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
6	17:17.34	765	Hoover, Meredith	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	17:17.55	764	Frith, Ashley	16	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
8	17:32.27	726	Lindblom, Syd	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	17:40.42	705	Pugh, Lizzie	16	NC SwimMAC Carolina	12/5/2008	2008 NC NSS 13-14/Senior Winte
10	18:05.67	643	York, Michelle	16	NC North Carolina Aquatic Club	3/20/2009	2009 NC WAVE Tarheel States In

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Boys Age 16 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:09.00	774	Nilsson, Andreas	16	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
2	16:09.06	774	Rogers, Kevin	16	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship
3	16:13.86	762	Yeatts, Christian	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	16:24.65	736	Kirby, Graham	16	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
5	16:25.12	734	Beatty, George	16	NC North Carolina Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
6	16:36.96	706	Blinn, Michael	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	16:39.17	700	Purrman, Kyle	16	NC Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet
8	16:39.53	700	Levinson, Ethan	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	16:46.35	683	Hart, Nathan	16	NC YMCA of Western North Carolina	12/5/2008	2008 NC AP 16th Annual TYR Cap
10	16:51.37	671	Newland, Matthew	16	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.

Girls Age 16 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	55.88	854	Ormand, Sam	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	56.23	839	Gaeckle, Erin	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
3	56.25	838	Blalock, Cari	16	NC Waves Of Wilmington, Inc.	3/5/2009	2009 NC SZ Eastern Section Sr.
4	56.41	831	Cooper, Casey	16	NC Sandhills Sand Sharks	3/27/2009	2009 NC ECSL Championships
5	57.06	802	Marinshaw, Dania	16	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
6	57.11	800	Bussey, Torrey	16	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
7	58.08	758	Hoover, Meredith	16	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
8	58.26	750	Howard, Chelsea	16	NC Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors
9	58.43	743	Tysinger, Emily	16	NC Unattached	3/5/2009	2009 NC SZ Eastern Section Sr.
10	58.57	737	Woodling, Bailey	16	NC Unattached	2/13/2009	2009 NC OB 4A State Championships

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<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	47.72	996	Darmody, Kip	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	51.52	814	Rogers, Kevin	16	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
3	51.95	794	Mendelson, Willie	16	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
4	52.36	775	Hill, Tyler	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	52.81	755	Baucom, Tyler	16	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	53.09	742	Yacynych, Kenny	16	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
7	53.36	730	Lambert, Zack	16	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	53.65	717	Gaertner, Drew	16	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
8	53.65	717	Baric, Michael	16	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
10	53.84	709	Bowden, Daniel	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 16 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:00.15	870	Gaeckle, Erin	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
2	2:00.27	867	Blalock, Cari	16	NC Waves Of Wilmington, Inc.	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:01.13	851	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
4	2:02.58	824	Marinshaw, Dania	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
5	2:03.11	814	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
6	2:03.72	802	Baird, Kelly Ann	16	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
7	2:04.00	797	Cooper, Casey	16	NC Sandhills Sand Sharks	3/17/2009	2009 FL NCSA Junior Nats
8	2:04.57	787	Hoover, Meredith	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	2:05.44	771	Henry, Sarah	16	NC Raleigh Swimming Association	10/24/2008	2008 NC RSA Kick Off Meet
10	2:06.60	749	Bussey, Torrey	16	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me

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<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:44.82	971	Darmody, Kip	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:52.25	803	Hill, Tyler	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:52.31	802	Rogers, Kevin	16	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	1:55.63	731	Mendelson, Willie	16	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:56.35	716	Love, Dillon	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:56.98	703	Levinson, Ethan	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	1:57.50	692	Yeatts, Christian	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	1:58.15	678	Nilsson, Andreas	16	NC New South Swimming	3/20/2009	2009 NC MAC Tarheel States
9	1:58.26	676	Lambert, Zack	16	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
10	1:58.62	669	Yacynych, Kenny	16	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs

Girls Age 16 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:02.35	891	Henry, Sarah	16	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
2	1:02.51	886	Bussey, Torrey	16	NC Raleigh Swimming Association	3/20/2009	2009 NC WAVE Tarheel States In
3	1:03.95	835	Raichle, Susannah	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	1:04.08	831	McDonough, Christen	16	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
5	1:05.26	790	Conway, Emily	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:05.69	776	Huther, Alicia	16	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:06.07	763	Marett, Emily	16	NC Asheville Swim Club	1/29/2009	2009 NC Senior Champs
8	1:06.22	758	Jankowski, Chrissy	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	1:06.71	741	Gan, Zoe	16	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
10	1:07.34	720	Houchin, Abby	16	NC Unattached	2/6/2009	2009 NC OB 4A East Regionals

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Boys Age 16 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	57.77	844	Sloan, Anderson	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
2	58.85	802	Blom, Zach	16	NC Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors
3	59.28	786	Baric, Michael	16	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
4	59.33	784	Stranick, Andrew	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
5	1:00.45	741	Baucom, Tyler	16	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:00.52	739	Boone, Adam	16	NC Stingray Aquatics	1/29/2009	2009 NC Senior Champs
7	1:00.57	737	Hites, Kyle	16	NC Swim Lenoir	12/12/2008	2008 NC NOMAD Holiday Meet
8	1:00.89	725	Wrist, Andrew	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	1:00.95	722	Walker, Elijah	16	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
10	1:01.14	715	Nilsson, Andreas	16	NC New South Swimming	3/20/2009	2009 NC MAC Tarheel States

Girls Age 16 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:13.84	894	Henry, Sarah	16	NC Raleigh Swimming Association	10/24/2008	2008 NC RSA Kick Off Meet
2	2:14.18	888	Bussey, Torrey	16	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:17.22	841	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:19.76	802	Raichle, Susannah	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	2:20.33	793	Conway, Emily	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	2:21.62	773	Huther, Alicia	16	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
7	2:21.63	773	Gan, Zoe	16	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
8	2:23.00	752	Smith, Meghan	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	2:23.06	751	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	2:23.37	747	Marett, Emily	16	NC Asheville Swim Club	1/29/2009	2009 NC Senior Champs

Boys Age 16 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:04.57	874	Blom, Zach	16	NC Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors

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LSC: NC For Dates 9/1/2008 - 8/31/2009

2	2:06.59	841	Sloan, Anderson	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
3	2:08.68	806	Ashcraft, Evan	16	NC	Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
4	2:08.72	806	Stranick, Andrew	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
5	2:08.93	802	Baric, Michael	16	NC	North Carolina Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
6	2:11.06	767	Walker, Elijah	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	2:11.52	760	Hites, Kyle	16	NC	Swim Lenoir	12/12/2008	2008 NC NOMAD Holiday Meet
8	2:11.93	753	Nilsson, Andreas	16	NC	New South Swimming	3/20/2009	2009 NC MAC Tarheel States
9	2:12.91	738	Key, J	16	NC	YMCA of Western North Carolina	4/6/2009	2009 FG YMCA Nationals SC
10	2:13.74	724	Darmody, Kip	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 16 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	53.79	902	Blalock, Cari	16	NC	Waves Of Wilmington, Inc.	3/5/2009	2009 NC SZ Eastern Section Sr.
2	54.51	872	Howard, Chelsea	16	NC	Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors
3	55.16	846	Conway, Emily	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
4	55.80	820	Henry, Sarah	16	NC	Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
5	56.08	809	Ormand, Sam	16	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	56.34	798	Gan, Zoe	16	NC	North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
7	57.27	762	Mascia, Nina	16	NC	New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
8	57.34	759	Smith, Meghan	16	NC	Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	57.68	746	Oslund, Victoria	16	NC	Unattached	2/14/2009	2009 NC OB 3A State Championships
10	57.71	744	Ratana, Anna	16	NC	Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

Boys Age 16 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	49.61	854	McKenzie, Andrew	16	NC	Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors
2	49.94	838	Darmody, Kip	16	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	51.69	755	Yacynych, Kenny	16	NC	New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.

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LSC: NC For Dates 9/1/2008 - 8/31/2009

4	52.05	738	Baric, Michael	16	NC	North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
5	52.32	726	Corley, Andrew	16	NC	Unattached	2/23/2009	2009 NC OB NCISSA 3A STATE CHAMPS
6	52.40	722	Baucom, Tyler	16	NC	Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	52.44	720	Hubbard, Sawyer	16	NC	N. Piedmont Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
8	52.49	718	Yeatts, Christian	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	52.58	714	Nilsson, Andreas	16	NC	New South Swimming	3/20/2009	2009 NC MAC Tarheel States
10	52.59	714	White, Jake	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 16 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:58.88	894	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:59.59	882	Blalock, Cari	16	NC Waves Of Wilmington, Inc.	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:01.36	851	Hoover, Meredith	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:02.71	828	Henry, Sarah	16	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
5	2:02.96	824	Howard, Chelsea	16	NC Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors
6	2:03.51	814	Marinshaw, Dania	16	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
7	2:04.00	806	Gan, Zoe	16	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
8	2:04.06	805	Conway, Emily	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	2:04.44	799	Robinson, Mackenzie	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
10	2:05.09	788	Smith, Meghan	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

Boys Age 16 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:51.50	844	Darmody, Kip	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:52.83	816	Hart, Nathan	16	NC YMCA of Western North Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
3	1:54.29	786	Rogers, Kevin	16	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
4	1:54.55	781	Taylor, Matt	16	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

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LSC: NC For Dates 9/1/2008 - 8/31/2009

5	1:54.88	774	Kirby, Graham	16	NC	New South Swimming	1/29/2009	2009 NC Senior Champs
6	1:55.28	766	Wrist, Andrew	16	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:56.23	747	Hill, Tyler	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	1:56.25	747	Yeatts, Christian	16	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	1:56.72	737	Nilsson, Andreas	16	NC	New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
10	1:57.10	730	Walters, Nathan	16	NC	YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

Girls Age 16 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:00.54	895	Henry, Sarah	16	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
2	2:00.55	895	Bussey, Torrey	16	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:03.39	836	Blalock, Cari	16	NC Waves Of Wilmington, Inc.	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:03.50	833	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
5	2:06.08	781	Ormand, Sam	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	2:06.21	778	Marinshaw, Dania	16	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
7	2:07.15	760	Conway, Emily	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	2:07.16	759	Robinson, Mackenzie	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	2:07.54	752	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	2:07.85	746	Raichle, Susannah	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Boys Age 16 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:54.02	803	Darmody, Kip	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:55.62	766	Ashcraft, Evan	16	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
3	1:55.89	760	McKenzie, Andrew	16	NC Duke Aquatics	12/11/2008	2008 Speedo SCY Juniors
4	1:55.91	759	Blom, Zach	16	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
5	1:56.10	755	Baric, Michael	16	NC Unattached	2/14/2009	2009 NC OB 3A State Championships

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LSC: NC For Dates 9/1/2008 - 8/31/2009

6	1:56.77	740	Baucom, Tyler	16	NC	Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:57.04	734	Wrist, Andrew	16	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	1:57.75	718	Nilsson, Andreas	16	NC	New South Swimming	3/20/2009	2009 NC MAC Tarheel States
9	1:57.82	717	Hart, Nathan	16	NC	YMCA of Western North Carolina	12/5/2008	2008 NC AP 16th Annual TYR Cap
10	1:58.20	708	Bowden, Daniel	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 16 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:13.29	906	Shishkoff, Gabi	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
2	4:15.68	883	Blalock, Cari	16	NC Waves Of Wilmington, Inc.	3/5/2009	2009 NC SZ Eastern Section Sr.
3	4:15.94	881	Henry, Sarah	16	NC Raleigh Swimming Association	12/5/2008	2008 NC RSA Reindeer Meet
4	4:22.26	822	Mitchell, Victoria	16	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
5	4:24.39	803	Bussey, Torrey	16	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
6	4:25.75	790	Marinshaw, Dania	16	NC Duke Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
7	4:25.86	789	Smith, Meghan	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	4:26.97	779	Conway, Emily	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	4:28.35	767	Robinson, Mackenzie	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
10	4:30.56	747	Frith, Ashley	16	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.

Boys Age 16 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	3:54.87	890	Darmody, Kip	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	4:04.39	791	Nilsson, Andreas	16	NC New South Swimming	3/20/2009	2009 NC MAC Tarheel States
3	4:06.49	770	Hill, Tyler	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	4:08.14	753	Ashcraft, Evan	16	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
5	4:11.04	725	Baric, Michael	16	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
6	4:11.32	722	Blom, Zach	16	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	4:11.76	717	Yeatts, Christian	16	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	4:13.91	697	Walker, Elijah	16	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

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LSC: NC For Dates 9/1/2008 - 8/31/2009

9	4:14.40	692	Hart, Nathan	16	NC	YMCA of Western North Carolina	11/8/2008	2008 SE Martha Bass Invitational
10	4:14.98	686	Levinson, Ethan	16	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 17 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	22.50	917	Perdue, Lauren	17	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
2	23.38	827	Hendren, Allison	17	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
3	24.13	754	Riley, Kate	17	NC Greensboro Swimming Assoc	12/5/2008	2008 NC NSS 13-14/Senior Winte
4	24.25	742	Reynolds, Lakenn	17	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
5	24.73	696	Hughes, Stephanie	17	NC YMCA of the Triangle Area Swim Team	10/11/2008	2008 NC AP WSY Andy Craver Autumn
6	24.76	693	Leiker, Amber	17	NC Unattached	2/14/2009	2009 NC OB 4A State Championships
7	24.77	692	Hetzel, Mary Kate	17	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
7	24.77	692	Repke, Kristyn	17	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
9	24.84	686	Miller, Nicole	17	NC YMCA of the Triangle Area Swim Team	1/29/2009	2009 NC Senior Champs
10	24.87	683	Thomson, Candy	17	NC Unattached	3/20/2009	2009 NC MAC Tarheel States

Boys Age 17 50 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	20.78	829	Chenier, Mason	17	NC Goldsboro Family YMCA	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	20.83	824	Corcoran, Brooks	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
3	21.01	806	Lamb, Andy	17	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
4	21.17	791	Montgomery, Mack	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
5	21.31	777	Williams, Michael	17	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
6	21.46	762	Taylor, Matt	17	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
7	21.50	759	Denmark, Jordan	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs

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LSC: NC For Dates 9/1/2008 - 8/31/2009

8	21.70	739	Guthmann, Joseph	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	21.74	735	Miller, Taylor	17	NC	Star Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
10	21.75	735	Upton, Richard	17	NC	New Wave Swim Team	1/29/2009	2009 NC Senior Champs

Girls Age 17 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	49.10	910	Perdue, Lauren	17	NC Greenville Swim Club	1/29/2009	2009 NC Senior Champs
2	50.15	854	Henry, Sarah	17	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
3	51.03	808	Hendren, Allison	17	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
4	51.23	798	Caron, Hannah	17	NC Unattached	10/3/2008	October 3 - BSU vs UW vs UTAH
5	52.12	753	Reynolds, Lakenn	17	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
6	52.15	751	Riley, Kate	17	NC Greensboro Swimming Assoc	12/5/2008	2008 NC NSS 13-14/Senior Winte
7	52.29	744	Leiker, Amber	17	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
8	52.99	710	Prim, Julianna	17	NC Unattached	10/25/2008	2008 NC GG Great Pumpkin Meet
9	53.10	704	Repke, Kristyn	17	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
10	53.15	702	Vance, Abby	17	NC Unattached	2/13/2009	2009 NC OB 4A State Championships

Boys Age 17 100 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	44.78	870	Montgomery, Mack	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	45.58	827	Chenier, Mason	17	NC Goldsboro Family YMCA	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	45.75	818	Santoli, Thomas	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	45.77	817	Lamb, Andy	17	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
5	46.01	804	Taylor, Matt	17	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
6	46.16	796	Corcoran, Brooks	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	46.24	792	Williams, Michael	17	NC Raleigh Swimming Association	3/6/2009	2009 NC SZ Eastern Section Sr.

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LSC: NC For Dates 9/1/2008 - 8/31/2009

8	46.33	787	Ashcraft, Justin	17	NC	Team Charlotte Swimming	4/4/2009	2009 NC SunKissed Invitational
9	46.56	776	Berens, Tim	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	46.64	771	Stilley, J.T.	17	NC	SwimMAC Carolina	3/6/2009	2009 NC SZ Eastern Section Sr.

Girls Age 17 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	1:45.76	939	Henry, Sarah	17	NC	Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
1	1:45.76	939	Perdue, Lauren	17	NC	Greenville Swim Club	1/29/2009	2009 NC Senior Champs
3	1:50.49	809	Smith, Carly	17	NC	North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
4	1:50.58	806	Hendren, Allison	17	NC	New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:50.61	805	Leiker, Amber	17	NC	SwimMAC Carolina	12/5/2008	2008 ConocoPhillips SCY Champs
6	1:51.54	781	Caron, Hannah	17	NC	Unattached	10/4/2008	October 4 - BSU vs UW vs UTAH
7	1:52.61	753	Burke, Erin	17	NC	YMCA of the Triangle Area Swim Team	1/29/2009	2009 NC Senior Champs
8	1:53.10	741	Vance, Abby	17	NC	New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
9	1:53.33	735	Davis, Leah	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	1:54.01	718	Smith, Caroline	17	NC	Winston-Salem YMCA Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn

Boys Age 17 200 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	1:36.73	903	Montgomery, Mack	17	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:38.57	852	Santoli, Thomas	17	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:39.29	832	Stilley, J.T.	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
4	1:39.76	819	Lamb, Andy	17	NC	Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:40.56	798	Boston, Brett	17	NC	New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:40.94	788	Taylor, Matt	17	NC	YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
7	1:41.64	769	Ashcraft, Justin	17	NC	Unattached	10/11/2008	2008 SC 4A HS Champs
8	1:41.79	765	Guthmann, Joseph	17	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.

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LSC: NC For Dates 9/1/2008 - 8/31/2009

9	1:41.92	762	Kammer, Riley	17	NC	Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs
10	1:42.50	746	Harris, Taylor	17	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

Girls Age 17 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:40.63	948	Henry, Sarah	17	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
2	4:49.06	857	Baird, Kelly Ann	17	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
3	4:49.93	848	Perdue, Lauren	17	NC Greenville Swim Club	1/29/2009	2009 NC Senior Champs
4	4:57.06	775	Hendren, Allison	17	NC New Wave Swim Team	3/17/2009	2009 FL NCSA Junior Nats
5	4:59.06	755	Vance, Abby	17	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
6	4:59.47	751	Davis, Leah	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	5:00.14	744	Burke, Erin	17	NC YMCA of the Triangle Area Swim Team	1/29/2009	2009 NC Senior Champs
8	5:01.13	734	Pugh, Lizzie	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	5:02.18	724	Wilson, Rachel	17	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
10	5:04.71	699	Glenn, Katherine	17	NC YMCA Seahorse Swim Team	1/29/2009	2009 NC Senior Champs

Boys Age 17 500 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:24.21	881	Montgomery, Mack	17	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
2	4:27.89	844	Boston, Brett	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
3	4:29.65	827	Santoli, Thomas	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	4:32.38	800	Ashcraft, Justin	17	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
5	4:33.40	790	Stilley, J.T.	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	4:35.37	771	Knop, Walker	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
7	4:36.09	764	Guthmann, Joseph	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	4:36.88	757	Harris, Taylor	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	4:38.51	741	Garbarino, Michael	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
10	4:38.71	739	Kammer, Riley	17	NC Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 17 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:38.30	950	Henry, Sarah	17	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
2	9:53.93	874	Baird, Kelly Ann	17	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
3	10:16.75	769	Pugh, Lizzie	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	10:21.81	746	Glenn, Katherine	17	NC YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
5	10:22.06	745	Hendren, Allison	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
6	10:22.42	744	Davis, Leah	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	10:31.45	704	Wilson, Rachel	17	NC Winston-Salem YMCA Swim Team	1/16/2009	2009 SC Stingray Aquatics Winter
8	10:31.63	703	Oliver, Elizabeth	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
9	10:32.70	699	Smith, Caroline	17	NC Winston-Salem YMCA Swim Team	11/14/2008	2008 SE 25th. Annual Pilot Invitational
10	10:34.17	692	Vance, Abby	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs

Boys Age 17 1000 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:09.42	892	Montgomery, Mack	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	9:13.61	871	Boston, Brett	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
3	9:23.69	822	Knop, Walker	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
4	9:24.04	821	Hoffer, Luke	17	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
5	9:25.78	812	Ashcraft, Justin	17	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
6	9:27.30	805	Mendes, Bryce	17	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
7	9:31.15	787	Garbarino, Michael	17	NC New Wave Swim Team	3/17/2009	2009 FL NCSA Junior Nats
8	9:31.44	786	Guthmann, Joseph	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	9:42.24	736	Duskey, Andy	17	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
10	9:43.24	731	Harris, Taylor	17	NC Marlins of Raleigh-Wolfpack Aquatics	1/29/2009	2009 NC Senior Champs

Girls Age 17 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
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Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

1	16:04.89	963	Henry, Sarah	17	NC	Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
2	16:45.44	850	Baird, Kelly Ann	17	NC	Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
3	17:17.94	763	Wilson, Rachel	17	NC	Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
4	17:22.33	752	Glenn, Katherine	17	NC	YMCA Seahorse Swim Team	4/6/2009	2009 FG YMCA Nationals SC
5	17:27.13	739	Smith, Caroline	17	NC	Winston-Salem YMCA Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn
6	17:33.33	723	Pugh, Lizzie	17	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	17:35.01	719	Hendren, Allison	17	NC	New Wave Swim Team	1/16/2009	2009 NC RSA January Jubilee Me
8	17:39.36	708	Oliver, Elizabeth	17	NC	Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
9	17:46.47	690	Goodling, Rachel	17	NC	Marlins of Raleigh-Wolfpack Aquatics	1/16/2009	2009 NC RSA January Jubilee Me
10	17:49.83	682	Figuers, Cameron	17	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

Boys Age 17 1650 Freestyle Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	15:31.93	863	Montgomery, Mack	17	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
2	15:44.52	831	Boston, Brett	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
3	15:53.66	808	Knop, Walker	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
4	15:54.94	805	Hoffer, Luke	17	NC North Carolina Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
5	15:56.00	802	Mendes, Bryce	17	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
6	15:56.74	800	Harris, Taylor	17	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
7	16:03.22	784	Garbarino, Michael	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
8	16:09.39	769	Stilley, J.T.	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	16:10.65	765	Benham, Alex	17	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
10	16:15.82	753	Sanders, Michael	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs

Girls Age 17 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	54.19	931	Smith, Carly	17	NC North Carolina Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

2	57.37	789	Higgins, Caroline	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
3	57.84	768	Baird, Kelly Ann	17	NC	Winston-Salem YMCA Swim Team	3/17/2009	2009 FL NCSA Junior Nats
4	57.87	767	Ford, Kayla	17	NC	Waves Of Wilmington, Inc.	3/17/2009	2009 FL NCSA Junior Nats
5	58.25	751	Smith, Caroline	17	NC	Winston-Salem YMCA Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn
6	58.73	730	Ratana, Anna	17	NC	Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
6	58.73	730	Lehman, Katie	17	NC	Unattached	2/13/2009	2009 NC OB 4A State Championships
8	59.12	714	Wilson, Rachel	17	NC	Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
9	59.34	705	Yarborough, Lindsay	17	NC	Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
10	59.54	696	Repke, Kristyn	17	NC	Unattached	2/7/2009	2009 NC OB 1A/2A State Championships

Boys Age 17 100 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	49.19	891	Lamb, Andy	17	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
2	50.39	833	Boston, Brett	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
3	50.71	818	Santoli, Thomas	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
4	50.93	808	Denmark, Jordan	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
5	51.74	770	Corcoran, Brooks	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	51.91	762	Ramsay, George	17	NC Unattached	2/6/2009	2009 NC OB 4A East Regionals
7	52.40	740	Montgomery, Mack	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	52.41	740	Stilley, J.T.	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	53.20	704	Williams, Taylor	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	53.26	701	Duskey, Andy	17	NC Duke Aquatics	3/8/2009	2009 NC SZ Eastern Section Sr.

Girls Age 17 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:57.12	919	Smith, Carly	17	NC North Carolina Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

2	2:03.98	788	Smith, Caroline	17	NC	Winston-Salem YMCA Swim Team	11/14/2008	2008 SE 25th. Annual Pilot Invitational
3	2:04.34	781	Baird, Kelly Ann	17	NC	Winston-Salem YMCA Swim Team	3/13/2009	2009 NC AP SC USY Championship
4	2:05.25	764	Ford, Kayla	17	NC	Waves Of Wilmington, Inc.	3/17/2009	2009 FL NCSA Junior Nats
5	2:06.69	738	Higgins, Caroline	17	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	2:07.80	718	Wilson, Rachel	17	NC	Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
7	2:09.13	694	Ratana, Anna	17	NC	Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
8	2:09.45	688	Yarbrough, Kathy	17	NC	Team Charlotte Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
9	2:10.50	670	Lee, Hannah	17	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
10	2:10.64	667	Yarborough, Lindsay	17	NC	Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

Boys Age 17 200 Backstroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:49.67	842	Harris, Taylor	17	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:49.68	842	Ashcraft, Justin	17	NC	Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
3	1:51.07	811	Denmark, Jordan	17	NC	New Wave Swim Team	1/29/2009	2009 NC Senior Champs
4	1:51.55	800	Ramsay, George	17	NC	New Wave Swim Team	1/29/2009	2009 NC Senior Champs
5	1:51.88	793	Williams, Taylor	17	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:52.60	777	Boston, Brett	17	NC	New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:55.55	714	Stilley, J.T.	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	1:56.62	692	Guthmann, Joseph	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	1:57.22	679	Hart, Nathan	17	NC	YMCA of Western North Carolina	3/13/2009	2009 NC AP SC USY Championship
10	1:58.12	661	Purrman, Kyle	17	NC	Smoky Mountain Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.

Girls Age 17 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:04.08	810	Perdue, Lauren	17	NC	Greenville Swim Club	3/27/2009	2009 NC ECSL Championships

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

2	1:05.06	776	Oliver, Elizabeth	17	NC	Marlins of Raleigh-Wolfpack Aquatics	1/29/2009	2009 NC Senior Champs
3	1:05.15	773	Houchin, Abby	17	NC	YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	1:05.56	759	McClernan, Keary	17	NC	Raleigh Swimming Association	3/17/2009	2009 FL NCSA Junior Nats
5	1:05.65	756	Davis, Leah	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	1:06.82	716	Olson, Katie	17	NC	New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:07.44	695	Jankowski, Chrissy	17	NC	SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	1:07.56	691	Pfeiffer, Anna	17	NC	Greenville Swim Club	1/29/2009	2009 NC Senior Champs
9	1:07.71	686	Varnell, Laurel	17	NC	Star Aquatics	12/5/2008	2008 NC RSA Reindeer Meet
10	1:07.92	680	Hammerberg, Alex	17	NC	YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

Boys Age 17 100 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	56.41	863	Lowman, Tanner	17	NC Rowan Aquatic Club - YMCA	4/6/2009	2009 FG YMCA Nationals SC
2	57.08	837	Denmark, Jordan	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
3	57.81	808	Harris, Taylor	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	58.06	798	Hawes, Lucas	17	NC Unattached	10/11/2008	2008 SC 4A HS Champs
5	58.47	782	Hoffer, Luke	17	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
6	59.10	758	Haislip, Chase	17	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
7	59.41	746	Matysek, Jake	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	59.49	743	Stilley, J.T.	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	59.74	733	Sanders, Michael	17	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
10	59.76	732	Guthmann, Joseph	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 17 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:10.79	929	Henry, Sarah	17	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
2	2:17.13	828	Houchin, Abby	17	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

3	2:18.67	805	Oliver, Elizabeth	17	NC	Marlins of Raleigh-Wolfpack Aquatics	12/4/2008	2008 ConocoPhillips SCY Champs
4	2:19.48	792	McClernan, Keary	17	NC	Raleigh Swimming Association	3/17/2009	2009 FL NCSA Junior Nats
5	2:22.28	749	Caron, Hannah	17	NC	Unattached	10/4/2008	October 4 - BSU vs UW vs UTAH
6	2:24.08	722	Figuers, Cameron	17	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	2:24.63	714	Davis, Leah	17	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	2:24.64	714	Pfeiffer, Anna	17	NC	Greenville Swim Club	1/29/2009	2009 NC Senior Champs
9	2:26.76	682	Lawrence, Anna Holland	17	NC	Marlins of Raleigh-Wolfpack Aquatics	1/29/2009	2009 NC Senior Champs
10	2:27.55	670	Huther, Alicia	17	NC	New Wave Swim Team	3/17/2009	2009 FL NCSA Junior Nats

Boys Age 17 200 Breaststroke Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:03.07	874	Lowman, Tanner	17	NC Rowan Aquatic Club - YMCA	4/6/2009	2009 FG YMCA Nationals SC
2	2:04.58	849	Hoffer, Luke	17	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
3	2:06.90	810	Montgomery, Mack	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
4	2:07.69	797	Harris, Taylor	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
5	2:08.88	777	Espinosa, Derek	17	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
6	2:09.19	772	Matysek, Jake	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	2:10.10	757	Jackson, Trey	17	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
8	2:10.25	755	Knop, Walker	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
9	2:10.28	754	Sanders, Michael	17	NC New Wave Swim Team	1/29/2009	2009 NC Senior Champs
10	2:11.70	731	Hites, Kyle	17	NC Swim Lenoir	3/5/2009	2009 NC SZ Eastern Section Sr.

Girls Age 17 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	53.58	896	Caron, Hannah	17	NC Unattached	12/5/2008	Princeton Swimming 'Big Al' Op
2	54.02	878	Henry, Sarah	17	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
3	55.18	830	Smith, Carly	17	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
4	55.68	810	Leiker, Amber	17	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
5	57.21	750	Lee, Hannah	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

6	57.48	739	Hendren, Allison	17	NC	New Wave Swim Team	3/17/2009	2009 FL NCSA Junior Nats
7	57.61	734	Mondelli, Gabby	17	NC	North Mecklenburg Aquatics, Inc	3/27/2009	2009 NC BRSL Short Course Cham
8	57.71	730	Ratana, Anna	17	NC	Unattached	2/13/2009	2009 NC OB 4A State Championships
9	57.83	725	Velte, Ellie	17	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	58.06	716	Reynolds, Lakenn	17	NC	N. Piedmont Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.

Boys Age 17 100 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	49.28	841	Santoli, Thomas	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	49.40	835	Corcoran, Brooks	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
3	49.79	816	Berry, Jordan	17	NC Unattached	10/11/2008	2008 SC 4A HS Champs
4	50.39	788	McKenzie, Andrew	17	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
5	50.58	779	Lamb, Andy	17	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
6	50.65	775	Hart, Nathan	17	NC YMCA of Western North Carolina	4/6/2009	2009 FG YMCA Nationals SC
7	51.25	747	Boston, Brett	17	NC New South Swimming	3/5/2009	2009 NC SZ Eastern Section Sr.
8	51.41	739	Garbarino, Michael	17	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
9	51.57	732	Stringfield, Jake	17	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
10	51.71	726	Montgomery, Mack	17	NC SwimMAC Carolina	1/17/2009	2009 NC MAC Senior Intrasquad

Girls Age 17 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:57.35	916	Henry, Sarah	17	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
2	1:59.46	879	Caron, Hannah	17	NC Unattached	12/5/2008	Princeton Swimming 'Big Al' Op
3	2:01.74	839	Smith, Carly	17	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
4	2:02.84	820	Leiker, Amber	17	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
5	2:05.33	778	Lee, Hannah	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
6	2:05.91	768	Velte, Ellie	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

7	2:06.30	762	Burke, Erin	17	NC	YMCA of the Triangle Area Swim Team	1/29/2009	2009 NC Senior Champs
8	2:07.22	746	Prim, Julianna	17	NC	Unattached	10/25/2008	2008 NC GG Great Pumpkin Meet
9	2:07.29	745	Smith, Caroline	17	NC	Winston-Salem YMCA Swim Team	10/10/2008	2008 NC AP WSY Andy Craver Autumn
10	2:07.78	737	Oliver, Elizabeth	17	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

Boys Age 17 200 Butterfly Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:48.70	877	Santoli, Thomas	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
2	1:49.52	859	Montgomery, Mack	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:49.83	853	Hart, Nathan	17	NC YMCA of Western North Carolina	4/6/2009	2009 FG YMCA Nationals SC
4	1:50.63	836	Berry, Jordan	17	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
5	1:51.39	820	Garbarino, Michael	17	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:52.24	802	McKenzie, Andrew	17	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:53.90	768	Boston, Brett	17	NC New South Swimming	12/11/2008	2008 Speedo SCY Juniors
8	1:54.28	760	Stringfield, Jake	17	NC Smoky Mountain Aquatic Club	12/5/2008	2008 NC RSA Reindeer Meet
9	1:55.63	733	Haigwood, Turner	17	NC Greenville Swim Club	3/5/2009	2009 NC SZ Eastern Section Sr.
10	1:56.12	723	Creidler, Nick	17	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
10	1:56.12	723	Harris, Taylor	17	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte

Girls Age 17 200 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:57.43	958	Henry, Sarah	17	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
2	2:00.55	892	Caron, Hannah	17	NC Unattached	12/5/2008	Princeton Swimming 'Big Al' Op
3	2:07.72	746	Oliver, Elizabeth	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
4	2:08.64	728	Davis, Leah	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
5	2:08.65	727	Lee, Hannah	17	NC Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
6	2:09.11	718	Hendren, Allison	17	NC New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
7	2:09.66	708	Houchin, Abby	17	NC YMCA of the Triangle Area Swim	4/6/2009	2009 FG YMCA Nationals SC

Top Ten SCY Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

				Team				
8	2:09.74	706	Smith, Caroline	17	NC	Winston-Salem YMCA Swim Team	10/25/2008	2008 NC AP CHY Fall Invite
9	2:10.05	700	Ratana, Anna	17	NC	Unattached	2/13/2009	2009 NC OB 4A State Championships
10	2:10.52	691	Singleton, Laurenn	17	NC	Unattached	2/7/2009	2009 NC OB 1A/2A State Championships

Boys Age 17 200 Individual Medley Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:49.75	892	Montgomery, Mack	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:50.94	864	Berry, Jordan	17	NC Unattached	10/11/2008	2008 SC 4A HS Champs
3	1:52.86	818	Ashcraft, Justin	17	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
4	1:53.10	813	Harris, Taylor	17	NC Marlins of Raleigh-Wolfpack Aquatics	12/4/2008	2008 ConocoPhillips SCY Champs
5	1:53.13	812	Santoli, Thomas	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:53.89	794	Hart, Nathan	17	NC YMCA of Western North Carolina	4/6/2009	2009 FG YMCA Nationals SC
7	1:53.91	794	Guthmann, Joseph	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	1:54.05	790	Espinosa, Derek	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	1:54.73	775	Stilley, J.T.	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
10	1:54.92	770	Corcoran, Brooks	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 17 400 Individual Medley Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:07.79	958	Henry, Sarah	17	NC Raleigh Swimming Association	3/5/2009	2009 NC SZ Eastern Section Sr.
2	4:20.69	837	Smith, Carly	17	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
3	4:25.84	790	Baird, Kelly Ann	17	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	4:28.98	761	Oliver, Elizabeth	17	NC Marlins of Raleigh-Wolfpack Aquatics	12/4/2008	2008 ConocoPhillips SCY Champs
5	4:29.78	754	Figuers, Cameron	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	4:32.34	732	Smith, Caroline	17	NC Winston-Salem YMCA Swim Team	11/14/2008	2008 SE 25th. Annual Pilot Invitational
7	4:34.03	717	Lee, Hannah	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	4:34.45	713	Davis, Leah	17	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

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LSC: NC For Dates 9/1/2008 - 8/31/2009

9	4:36.07	699	Hendren, Allison	17	NC	New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet
10	4:36.54	695	Burke, Erin	17	NC	YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Boys Age 17 400 Individual Medley Short Course Yards

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	3:54.89	879	Montgomery, Mack	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	3:57.35	853	Harris, Taylor	17	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	3:57.91	847	Ashcraft, Justin	17	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
4	3:59.32	832	Berry, Jordan	17	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
5	4:01.01	815	Hart, Nathan	17	NC YMCA of Western North Carolina	4/6/2009	2009 FG YMCA Nationals SC
6	4:03.98	785	Garbarino, Michael	17	NC New Wave Swim Team	3/17/2009	2009 FL NCSA Junior Nats
7	4:07.40	750	Mendes, Bryce	17	NC North Carolina Aquatic Club	1/29/2009	2009 NC Senior Champs
8	4:07.70	747	Hoffer, Luke	17	NC North Carolina Aquatic Club	3/17/2009	2009 FL NCSA Junior Nats
9	4:08.20	742	Guthmann, Joseph	17	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	4:08.67	738	Stringfield, Jake	17	NC Smoky Mountain Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY 18 Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 18-18 50 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	23.62	803	Darmody, Kellie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	23.89	777	Riley, Kate	18	NC Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs
3	24.17	750	Prim, Julianna	18	NC N. Piedmont Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
4	24.29	738	Smith, Caroline	18	NC Unattached	3/13/2009	2009 NC AP SC USY Championship
5	24.38	729	Fletcher, Cassie	18	NC Unattached	11/20/2008	2008 UCI/NIKE CUP
6	24.63	706	Robertson, Morgan	18	NC Unattached	11/20/2008	2008 Terrapin Cup Invitational
7	24.65	704	Waters, Erica	18	NC Unattached	11/20/2008	2008 Terrapin Cup Invitational
8	24.86	684	Repke, Kristyn	18	NC Raleigh Swimming Association	3/17/2009	2009 FL NCSA Junior Nats
9	25.01	670	Pfeiffer, Anna	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
9	25.01	670	Miller, Nicole	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC

Boys Age 18-18 50 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	20.39	852	Houser, Matt	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
2	20.76	815	Amos, Peter	18	NC Unattached	12/4/2008	Nike Invitational Meet
3	20.85	806	Oliver, Myles	18	NC Unattached	12/5/2008	Georgia Fall Invite
4	21.12	780	Richter, Andy	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	21.19	773	Smith, Rick	18	NC Catawba Valley Aquatic Club	12/12/2008	2008 NC NOMAD Holiday Meet
6	21.28	764	Aguilar, Alex	18	NC Unattached	11/21/2008	2008 Patriot Invitational
7	21.51	742	McGinnis, Zach	18	NC Unattached	2/23/2009	2009 NC OB NCISSA 3A STATE CHAMPS
7	21.51	742	Crow, Dan	18	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
9	21.71	722	Haigwood, Turner	18	NC Greenville Swim Club	3/29/2009	2009 NC ECSL Championships
10	21.74	720	Chen, Anthony	18	NC Star Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY 18 Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 18-18 100 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	51.43	788	Darmody, Kellie	18	NC SwimMAC Carolina	3/6/2009	2009 NC SZ Eastern Section Sr.
2	51.87	765	Riley, Kate	18	NC Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs
3	51.89	764	Burke, Erin	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	52.04	757	Prim, Julianna	18	NC N. Piedmont Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
5	52.25	746	Smith, Caroline	18	NC Unattached	3/13/2009	2009 NC AP SC USY Championship
6	53.46	687	Fletcher, Cassie	18	NC Unattached	11/20/2008	2008 UCI/NIKE CUP
7	53.52	684	Robertson, Morgan	18	NC Unattached	11/22/2008	2008 Terrapin Cup Invitational
8	53.65	678	Waters, Erica	18	NC Unattached	11/20/2008	2008 Terrapin Cup Invitational
9	54.10	656	Wilson, Rachel	18	NC Winston-Salem YMCA Swim Team	4/7/2009	2009 FG YMCA Nationals SC
10	54.11	656	Miller, Nicole	18	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Boys Age 18-18 100 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	44.56	859	Houser, Matt	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
2	45.28	821	Correll, Ben	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	45.82	792	Oliver, Myles	18	NC Unattached	12/5/2008	Georgia Fall Invite
4	46.07	779	Amos, Peter	18	NC Unattached	12/4/2008	Nike Invitational Meet
5	46.31	766	Smith, Rick	18	NC Catawba Valley Aquatic Club	12/12/2008	2008 NC NOMAD Holiday Meet
6	47.16	723	Akkari, Aidan	18	NC Unattached	11/21/2008	2008 Patriot Invitational
7	47.17	722	Roycroft, Caison	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	47.17	722	Chen, Anthony	18	NC Star Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	47.30	715	Berry, Jordan	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	47.33	714	Richter, Andy	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY 18 Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 18-18 200 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:49.23	833	Darmody, Kellie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:50.20	807	Smith, Caroline	18	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
3	1:50.93	787	Burke, Erin	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	1:51.21	780	Prim, Julianna	18	NC N. Piedmont Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:53.66	717	Waters, Erica	18	NC Unattached	11/20/2008	2008 Terrapin Cup Invitational
6	1:53.95	710	Wilson, Rachel	18	NC Winston-Salem YMCA Swim Team	4/8/2009	2009 FG YMCA Nationals SC
7	1:54.01	708	Riley, Kate	18	NC Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs
8	1:54.33	700	Sharer, Wendy	18	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
9	1:55.78	664	Seifart, Lillie	18	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
10	1:55.91	661	Wagoner, Ashley	18	NC Unattached	2/13/2009	2009 NC OB 4A State Championships

Boys Age 18-18 200 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:38.78	834	Correll, Ben	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:39.60	812	Houser, Matt	18	NC Greenville Swim Club	1/29/2009	2009 NC Senior Champs
3	1:41.31	766	Roycroft, Caison	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
4	1:41.65	758	Berry, Jordan	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:41.90	751	Smith, Rick	18	NC Catawba Valley Aquatic Club	12/12/2008	2008 NC NOMAD Holiday Meet
6	1:42.14	745	Kammer, Riley	18	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
7	1:43.11	720	Amos, Peter	18	NC Unattached	12/4/2008	Nike Invitational Meet
8	1:43.36	713	Benham, Alex	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
9	1:43.48	710	Morton, John	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
9	1:43.48	710	Foltz, Wes	18	NC Unattached	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY 18 Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 18-18 500 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:53.87	796	Smith, Caroline	18	NC Unattached	4/6/2009	2009 FG YMCA Nationals SC
2	4:54.36	791	Burke, Erin	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
3	5:01.10	723	Wilson, Rachel	18	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	5:04.10	694	Wagoner, Ashley	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	5:05.18	684	Esplin, Kirsten	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
6	5:07.11	666	Mayock, Libby	18	NC Unattached	11/21/2008	2008 Patriot Invitational
7	5:08.21	656	Seifart, Lillie	18	NC Aquatic Team Of Mecklenburg	3/27/2009	2009 NC BRSL Short Course Cham
8	5:09.69	642	Oliver, Elizabeth	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
9	5:09.93	640	Van Halsema, Liz	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	5:10.00	639	Sharer, Wendy	18	NC New Wave Swim Team	3/20/2009	2009 NC WAVE Tarheel States In

Boys Age 18-18 500 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:27.24	837	Houser, Matt	18	NC Greenville Swim Club	3/5/2009	2009 NC SZ Eastern Section Sr.
2	4:29.17	818	Correll, Ben	18	NC SwimMAC Carolina	12/4/2008	2008 ConocoPhillips SCY Champs
3	4:31.09	799	Benham, Alex	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	4:36.26	749	Spake, Gavin	18	NC Unattached	11/21/2008	2008 Patriot Invitational
5	4:38.54	727	Foltz, Wes	18	NC Unattached	2/25/2009	2009 CAA Championship
6	4:40.01	713	Kammer, Riley	18	NC Greensboro Swimming Assoc	3/5/2009	2009 NC SZ Eastern Section Sr.
7	4:40.56	708	Rowan, Ethan	18	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	4:42.40	691	Smith, Rick	18	NC Catawba Valley Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
9	4:47.67	643	Esch, Ted	18	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
10	4:49.90	623	Gorman, Nick	18	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY 18 Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Girls Age 18-18 1000 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	9:58.93	851	Smith, Caroline	18	NC Unattached	4/6/2009	2009 FG YMCA Nationals SC
2	10:23.23	740	Wagoner, Ashley	18	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
3	10:23.39	739	Esplin, Kirsten	18	NC Marlins of Raleigh-Wolfpack Aquatics	1/29/2009	2009 NC Senior Champs
4	10:31.21	705	Seifart, Lillie	18	NC Aquatic Team Of Mecklenburg	1/29/2009	2009 NC Senior Champs
5	10:31.90	702	Wilson, Rachel	18	NC Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
6	10:43.72	652	Lawrence, Anna Holland	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	10:47.19	638	Van Halsema, Liz	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
8	11:06.93	558	Onoda, Yukina	18	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
9	11:15.82	524	Rodriguez, Caroline	18	NC Waves Of Wilmington, Inc.	1/29/2009	2009 NC Senior Champs
10	11:26.82	482	Sharer, Wendy	18	NC New Wave Swim Team	1/17/2009	2009 GA Eastern Swim Classic

Boys Age 18-18 1000 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	9:22.20	830	Benham, Alex	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	9:36.63	761	Rowan, Ethan	18	NC Stingray Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	9:57.20	669	Correll, Ben	18	NC SwimMAC Carolina	11/8/2008	2008 GA Dynamo vs MAC Senior Dual
4	10:00.32	655	Gorman, Nick	18	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
5	10:18.05	579	Erb, Wayne	18	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
6	10:21.41	566	Esch, Ted	18	NC Swim Lenoir	1/17/2009	2009 NC ATOM Frosty Invitation
7	10:29.39	533	Knop, Walker	18	NC Unattached	10/25/2008	2008 SC CA Autumn Splash
8	11:48.85	254	Barrosse, Stephen	18	NC Asheville Swim Club	12/13/2008	2008 NC ASC December Mini Meet

Girls Age 18-18 1650 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	17:03.49	801	Smith, Caroline	18	NC Unattached	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY 18 Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

2	17:11.79	779	Esplin, Kirsten	18	NC	Marlins of Raleigh-Wolfpack Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
3	17:16.44	767	Wilson, Rachel	18	NC	Winston-Salem YMCA Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	17:24.68	746	Wagoner, Ashley	18	NC	SwimMAC Carolina	1/29/2009	2009 NC Senior Champs
5	17:58.92	659	Van Halsema, Liz	18	NC	SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
6	18:13.00	625	Lawrence, Anna Holland	18	NC	Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
7	18:56.57	524	Onoda, Yukina	18	NC	SwimMAC Carolina	1/29/2009	2009 NC Senior Champs

Boys Age 18-18 1650 Freestyle Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	15:46.24	817	Benham, Alex	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	16:13.38	749	Foltz, Wes	18	NC Unattached	3/5/2009	2009 NC SZ Eastern Section Sr.
3	16:21.67	729	Mendes, Jesse	18	NC North Carolina Aquatic Club	10/26/2008	2008 NC NCAC Tar Heel Invitati
4	16:22.08	728	Rowan, Ethan	18	NC Stingray Aquatics	1/29/2009	2009 NC Senior Champs
5	16:37.03	692	Gorman, Nick	18	NC Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte

Girls Age 18-18 100 Backstroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	56.05	847	Darmody, Kellie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	56.77	815	Smith, Caroline	18	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
3	58.26	750	Robertson, Morgan	18	NC Unattached	11/20/2008	2008 Terrapin Cup Invitational
4	58.78	728	Riley, Kate	18	NC Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs
5	59.04	717	McLaughlin, Kerry	18	NC Unattached	12/5/2008	Georgia Fall Invite
6	59.20	710	Miller, Nicole	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
7	59.38	703	Hughes, Stephanie	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
8	59.95	679	Yu, Sarah	18	NC Duke Aquatics	3/8/2009	2009 NC SZ Eastern Section Sr.
9	1:00.03	676	Wilson, Rachel	18	NC Winston-Salem YMCA Swim Team	3/17/2009	2009 FL NCSA Junior Nats
10	1:00.12	672	Prim, Julianna	18	NC N. Piedmont Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.

Top Ten SCY 18 Times August 19 2009

LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 18-18 100 Backstroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	49.71	849	Houser, Matt	18	NC Unattached	2/13/2009	2009 NC OB 4A State Championships
2	51.26	776	Berry, Jordan	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	51.57	762	McGinnis, Zach	18	NC YMCA of the Triangle Area Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
4	51.72	755	Akkari, Aidan	18	NC Unattached	11/21/2008	2008 Patriot Invitational
5	51.83	750	Oliver, Myles	18	NC Unattached	12/5/2008	Georgia Fall Invite
6	51.95	744	Richter, Andy	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
7	52.14	736	Crow, Dan	18	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
8	52.29	729	Casey, Elliot	18	NC Unattached	4/6/2009	2009 FG YMCA Nationals SC
9	52.37	725	Amos, Peter	18	NC Unattached	12/4/2008	Nike Invitational Meet
10	52.39	724	Maxwell, David	18	NC Stingray Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte

Girls Age 18-18 200 Backstroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:59.63	868	Darmody, Kellie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	2:03.23	800	McLaughlin, Kerry	18	NC Unattached	12/5/2008	Georgia Fall Invite
3	2:05.10	765	Smith, Caroline	18	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
4	2:06.74	735	Miller, Nicole	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
5	2:07.19	727	Prim, Julianna	18	NC N. Piedmont Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
5	2:07.19	727	Robertson, Morgan	18	NC Unattached	11/20/2008	2008 Terrapin Cup Invitational
7	2:07.53	721	Sharer, Wendy	18	NC New Wave Swim Team	3/20/2009	2009 NC WAVE Tarheel States In
8	2:09.31	689	Mayock, Libby	18	NC Unattached	11/21/2008	2008 Patriot Invitational
9	2:09.40	687	Yu, Sarah	18	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
10	2:10.28	671	Yarbrough, Kathy	18	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 18-18 200 Backstroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:46.55	906	Houser, Matt	18	NC Greenville Swim Club	1/29/2009	2009 NC Senior Champs
2	1:50.34	820	Correll, Ben	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:50.94	807	McGinnis, Zach	18	NC YMCA of the Triangle Area Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
4	1:50.98	806	Casey, Elliot	18	NC Unattached	4/6/2009	2009 FG YMCA Nationals SC
5	1:51.99	784	Akkari, Aidan	18	NC Unattached	11/21/2008	2008 Patriot Invitational
6	1:52.23	778	Berry, Jordan	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	1:53.22	757	Maxwell, David	18	NC Stingray Aquatics	3/17/2009	2009 FL NCSA Junior Nats
8	1:54.89	721	Smith, Rick	18	NC Catawba Valley Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
9	1:55.10	717	Crow, Dan	18	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational
10	1:55.57	707	Quarles, William	18	NC Sharks Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.

Girls Age 18-18 100 Breaststroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:04.40	798	Holtom, Heather	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:04.81	784	Esplin, Kirsten	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:06.59	724	Hammerberg, Alex	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	1:07.21	703	Glanton, Katie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	1:07.51	693	Lawrence, Anna Holland	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
6	1:07.60	690	Oliver, Elizabeth	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
7	1:07.68	687	Pfeiffer, Anna	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
8	1:08.84	649	Palacio, Michelle	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	1:08.96	645	Crisp, Brittany	18	NC New Wave Swim Team	3/5/2009	2009 NC SZ Eastern Section Sr.
10	1:11.47	565	Van Halsema, Liz	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 18-18 100 Breaststroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	55.40	879	Houser, Matt	18	NC Greenville Swim Club	3/5/2009	2009 NC SZ Eastern Section Sr.
2	57.97	777	Hawes, Lucas	18	NC Aquatic Team Of Mecklenburg	3/5/2009	2009 NC SZ Eastern Section Sr.
3	58.65	750	Morton, John	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	59.83	705	Correll, Ben	18	NC SwimMAC Carolina	1/17/2009	2009 SC Univ of S.C. vs Vand
5	1:00.81	668	Roycroft, Caison	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	1:00.98	661	Haigwood, Turner	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
7	1:01.28	650	Elder, Audley	18	NC Unattached	2/14/2009	2009 NC OB 3A State Championships
8	1:02.54	604	Richter, Andy	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	1:03.90	555	Aguilar, Alex	18	NC Unattached	11/21/2008	2008 Patriot Invitational
10	1:04.09	548	Lee, John	18	NC Team Charlotte Swimming	4/2/2009	2009 NC SunKissed Invitational

Girls Age 18-18 200 Breaststroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:19.98	784	Holtom, Heather	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
2	2:20.36	779	Esplin, Kirsten	18	NC Marlins of Raleigh-Wolfpack Aquatics	12/4/2008	2008 ConocoPhillips SCY Champs
3	2:23.16	736	Hammerberg, Alex	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
4	2:25.57	700	Glanton, Katie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	2:26.12	692	Pfeiffer, Anna	18	NC Greenville Swim Club	3/5/2009	2009 NC SZ Eastern Section Sr.
6	2:26.17	691	Oliver, Elizabeth	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
7	2:26.25	690	Lawrence, Anna Holland	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	2:29.68	639	Palacio, Michelle	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	2:30.91	621	Smith, Caroline	18	NC Unattached	3/13/2009	2009 NC AP SC USY Championship
10	2:37.34	530	Wehrle, Andreia	18	NC New Wave Swim Team	12/5/2008	2008 NC RSA Reindeer Meet

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 18-18 200 Breaststroke Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:58.68	912	Houser, Matt	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
2	2:06.25	782	Correll, Ben	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	2:06.91	771	Hawes, Lucas	18	NC Aquatic Team Of Mecklenburg	1/29/2009	2009 NC Senior Champs
4	2:09.68	725	Berry, Jordan	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
5	2:10.96	704	Roycroft, Caison	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	2:11.74	692	Morton, John	18	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
7	2:20.31	556	Elder, Audley	18	NC Smoky Mountain Aquatic Club	3/14/2009	2009 NC ASC Spring Splash
8	2:20.49	553	Lee, John	18	NC Team Charlotte Swimming	1/29/2009	2009 NC Senior Champs
9	2:23.91	501	Knop, Walker	18	NC Unattached	10/25/2008	2008 SC CA Autumn Splash
10	2:24.13	497	Walker, Brandon	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 18-18 100 Butterfly Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	56.47	779	Prim, Julianna	18	NC N. Piedmont Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
2	57.61	734	Darmody, Kellie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	57.96	720	Oliver, Elizabeth	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
4	58.16	712	Riley, Kate	18	NC Greensboro Swimming Assoc	1/29/2009	2009 NC Senior Champs
5	58.62	695	Robertson, Morgan	18	NC Unattached	11/20/2008	2008 Terrapin Cup Invitational
6	58.76	689	Smith, Caroline	18	NC Unattached	1/16/2009	2009 SC Stingray Aquatics Winter
7	58.77	689	McJunkin, Marissa	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	59.23	671	Glanton, Katie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	59.36	666	Miller, Nicole	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
10	59.43	664	Holtom, Heather	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 18-18 100 Butterfly Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	48.45	877	Houser, Matt	18	NC Greenville Swim Club	3/5/2009	2009 NC SZ Eastern Section Sr.
2	49.44	828	Berry, Jordan	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	50.45	780	Amos, Peter	18	NC Unattached	12/4/2008	Nike Invitational Meet
4	51.68	722	Foltz, Wes	18	NC Unattached	2/25/2009	2009 CAA Championship
5	51.87	713	Maxwell, David	18	NC Stingray Aquatics	1/29/2009	2009 NC Senior Champs
6	52.67	677	Quarles, William	18	NC Sharks Aquatic Club	3/5/2009	2009 NC SZ Eastern Section Sr.
7	52.70	675	Erb, Wayne	18	NC Raleigh Swimming Association	3/17/2009	2009 FL NCSA Jr Natls - TT
8	52.73	674	Haigwood, Turner	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
9	52.74	674	Correll, Ben	18	NC SwimMAC Carolina	1/17/2009	2009 NC MAC Senior Intrasquad
10	53.13	656	Morton, John	18	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap

Girls Age 18-18 200 Butterfly Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:01.62	841	Burke, Erin	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
2	2:02.03	834	Prim, Julianna	18	NC N. Piedmont Aquatic Club	4/2/2009	2009 NC SunKissed Invitational
3	2:02.75	822	Smith, Caroline	18	NC Unattached	4/6/2009	2009 FG YMCA Nationals SC
4	2:10.56	691	Hughes, Stephanie	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
5	2:10.65	689	McJunkin, Marissa	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
6	2:12.07	666	Palacio, Michelle	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
7	2:13.05	650	Yu, Sarah	18	NC Duke Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
8	2:13.29	646	Waters, Erica	18	NC Unattached	11/20/2008	2008 Terrapin Cup Invitational
9	2:13.30	646	Simon, Alison	18	NC Greensboro Community YMCA	4/6/2009	2009 FG YMCA Nationals SC
10	2:14.32	630	Glanton, Katie	18	NC SwimMAC Carolina	1/29/2009	2009 NC Senior Champs

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 18-18 200 Butterfly Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:45.78	926	Houser, Matt	18	NC Greenville Swim Club	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:49.08	854	Berry, Jordan	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
3	1:53.27	766	Foltz, Wes	18	NC Unattached	2/25/2009	2009 CAA Championship
4	1:55.71	716	Maxwell, David	18	NC Stingray Aquatics	1/29/2009	2009 NC Senior Champs
5	1:55.86	713	Spake, Gavin	18	NC Unattached	11/21/2008	2008 Patriot Invitational
6	1:55.98	711	Morton, John	18	NC YMCA of the Triangle Area Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
7	1:58.42	662	Erb, Wayne	18	NC Raleigh Swimming Association	1/29/2009	2009 NC Senior Champs
8	2:00.34	625	Rowan, Ethan	18	NC Stingray Aquatics	1/29/2009	2009 NC Senior Champs
9	2:00.45	623	Esch, Ted	18	NC Swim Lenoir	3/5/2009	2009 NC SZ Eastern Section Sr.
10	2:03.11	572	Chang, Albert	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States

Girls Age 18-18 200 Individual Medley Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:05.30	794	Smith, Caroline	18	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
2	2:06.08	778	Prim, Julianna	18	NC N. Piedmont Aquatic Club	4/2/2009	2009 NC SunKissed Invitational
3	2:08.90	722	McLaughlin, Kerry	18	NC Unattached	12/5/2008	Georgia Fall Invite
4	2:08.97	721	Oliver, Elizabeth	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
5	2:09.82	705	Pfeiffer, Anna	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
6	2:09.96	702	Esplin, Kirsten	18	NC Unattached	2/7/2009	2009 NC OB 1A/2A State Championships
7	2:10.14	698	Hammerberg, Alex	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
8	2:10.41	693	Palacio, Michelle	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	2:11.58	671	Glanton, Katie	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
10	2:11.76	668	Holtom, Heather	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.

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LSC: NC For Dates 9/1/2008 - 8/31/2009

Boys Age 18-18 200 Individual Medley Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:47.06	921	Houser, Matt	18	NC Greenville Swim Club	3/5/2009	2009 NC SZ Eastern Section Sr.
2	1:49.85	853	Berry, Jordan	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	1:52.52	789	Correll, Ben	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	1:53.74	761	Morton, John	18	NC YMCA of the Triangle Area Swim Team	4/6/2009	2009 FG YMCA Nationals SC
5	1:54.43	745	Smith, Rick	18	NC Catawba Valley Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
6	1:56.24	704	Haigwood, Turner	18	NC Greenville Swim Club	3/27/2009	2009 NC ECSL Championships
7	1:56.75	693	Hawes, Lucas	18	NC Aquatic Team Of Mecklenburg	3/27/2009	2009 NC BRSL Short Course Cham
8	1:57.29	681	Roycroft, Caison	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
9	1:58.61	652	Erb, Wayne	18	NC Unattached	2/6/2009	2009 NC OB 4A East Regionals
10	1:58.66	651	McGinnis, Zach	18	NC YMCA of the Triangle Area Swim Team	3/13/2009	2009 NC AP SC USY Championship

Girls Age 18-18 400 Individual Medley Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:25.97	788	Smith, Caroline	18	NC Winston-Salem YMCA Swim Team	12/5/2008	2008 NC AP 16th Annual TYR Cap
2	4:27.85	771	Esplin, Kirsten	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/5/2009	2009 NC SZ Eastern Section Sr.
3	4:30.12	751	McLaughlin, Kerry	18	NC Unattached	12/5/2008	Georgia Fall Invite
4	4:30.84	745	Prim, Julianna	18	NC N. Piedmont Aquatic Club	3/27/2009	2009 NC BRSL Short Course Cham
5	4:31.81	736	Oliver, Elizabeth	18	NC Marlins of Raleigh-Wolfpack Aquatics	3/20/2009	2009 NC WAVE Tarheel States In
6	4:33.73	719	Seifart, Lillie	18	NC Aquatic Team Of Mecklenburg	3/27/2009	2009 NC BRSL Short Course Cham
7	4:35.48	704	Palacio, Michelle	18	NC SwimMAC Carolina	3/20/2009	2009 NC MAC Tarheel States
8	4:38.21	681	Holtom, Heather	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
9	4:38.77	676	Van Halsema, Liz	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.

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LSC: NC For Dates 9/1/2008 - 8/31/2009

10 4:39.11 673 Lawrence, Anna Holland 18 NC Marlins of Raleigh-Wolfpack Aquatics 3/5/2009 2009 NC SZ Eastern Section Sr.

Boys Age 18-18 400 Individual Medley Short Course Yards

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	3:46.82	948	Houser, Matt	18	NC Greenville Swim Club	3/5/2009	2009 NC SZ Eastern Section Sr.
2	3:55.97	850	Correll, Ben	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
3	3:58.34	825	Berry, Jordan	18	NC SwimMAC Carolina	3/5/2009	2009 NC SZ Eastern Section Sr.
4	4:09.31	714	Bartel, Chuck	18	NC Unattached	10/15/2008	UNC VS GEORGIA
5	4:11.33	694	Spake, Gavin	18	NC Unattached	11/21/2008	2008 Patriot Invitational
6	4:12.83	679	Maxwell, David	18	NC Stingray Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte
7	4:12.86	679	Smith, Rick	18	NC Catawba Valley Aquatic Club	12/12/2008	2008 NC NOMAD Holiday Meet
8	4:16.32	646	Morton, John	18	NC YMCA of the Triangle Area Swim Team	12/12/2008	2008 NC AP CHY Holiday Invitational
9	4:21.28	599	Erb, Wayne	18	NC Raleigh Swimming Association	1/16/2009	2009 NC RSA January Jubilee Me
10	4:22.22	590	Gorman, Nick	18	NC Duke Aquatics	12/5/2008	2008 NC NSS 13-14/Senior Winte